

# HEALTH ASSESSMENT FOR CHILDREN & YOUTH

*CONFIDENTIAL: Child Health Record (To be released only on signature of parent/guardian)*

## STATEMENT OF CONSENT

In order to better serve the health needs of my child, I hereby give my permission for the transfer of health screening records to school and other appropriate health professionals.

Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Name: _____	Birth Date: _____	Male/Female <i>(Circle One)</i>
Address: _____	City: _____	Zip: _____
Parent/ Guardian: _____	Phone/Work: _____	
	Home: _____	
Child lives with: _____	Phone/Work: _____	
	Home: _____	
Physician _____	Date of last exam: _____	
Dentist _____	Date of last exam: _____	
Eye Doctor _____	Date of last exam: _____	
School: _____	Community Services: _____	

## Family Health History

Response Codes:                      M=Maternal                      P=Paternal                      S=Sibling                      NA=Not Applicable

	Code	Comment
1. Are there any chronic illness problems in your family such as heart disease, diabetes, cancer, convulsions, mental illness, substance abuse, or others? Comment?	_____	_____
2. Does any family member have a vision defect, hearing loss, or spinal deformity? Comment?	_____	_____

## Child/Adolescent History

1. Birth weight: _____. Where there any pre-natal or delivery problems with the child?	_____	_____
2. Did this child walk, talk, and develop at the usual time?	_____	_____
3. Does this child/adolescent:	_____	_____
a. See a health care provider regularly?	_____	_____
b. Use any medication, drugs, or alcohol?	_____	_____
c. Have a history of hospitalizations, surgeries, or emergency room visits?	_____	_____
d. Have a history of any childhood diseases/illnesses?	_____	_____
e. Have a history of other communicable diseases?	_____	_____
f. Age of menarche _____. Have a history of menstrual problems?	_____	_____
g. Have a history of vision, speech, hearing, or communication problems?	_____	_____
h. Have a problem with being tired or overactive?	_____	_____
i. Have any emotional or behavioral problems?	_____	_____
j. Need any special help in school or day care?	_____	_____
k. Have sexuality concerns?	_____	_____
l. Have any chronic illness or disabling problems with <i>(check those that apply)</i> :	_____	_____
_____ Headache      _____ Convulsions      _____ Diabetes      _____ Earaches      _____ Back/spine/extremity problems		
_____ Cold/sore throat      _____ Rheumatic fever      _____ Allergies/asthma      _____ Genitalia      _____ Oral/dental		
_____ Heart/lung disease      _____ Digestive      _____ Urinary/bowel      _____ Other      _____		

List present concerns of child/parent/guardian:

**PHYSICAL EXAMINATION:** *To be completed by health care provider approved to perform health assessments*

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Hgb or Hct: \_\_\_\_\_  
 Pulse: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Lead: \_\_\_\_\_  
 Urinalysis: \_\_\_\_\_ Sickle Cell: \_\_\_\_\_ Other: \_\_\_\_\_  
 Tuberculosis: \_\_\_\_\_ Head Circumference: \_\_\_\_\_

Code each item as follows: 0= No significant findings 1=Significant findings	Code	Comments / Description of Findings
General Appearance		
Integument		
Head - neck		
EENT		
Oral - dental		
Thorax		
Breasts		
Cardiovascular		
Abdomen		
Musculoskeletal		
Genitourinary		
Neurological		

**SCREENING**

Nutrition/WIC questionnaires available from 785-296-0092.

1. Nutritional Evaluation

*(all ages - each screen) (circle if applicable).*

Enrolled in WIC      Receiving vitamin supplement with iron      Without iron      Fluoride supplement

Food intake review. Results:

Milk/milk products (breast fed/type of formula) \_\_\_\_\_

Fruit/vegetables \_\_\_\_\_

Meat, beans, eggs \_\_\_\_\_

Breads, cereals \_\_\_\_\_

2. Development:    *Type of screen:* \_\_\_\_\_    *Results:* \_\_\_\_\_

3. Speech:    *Type of screen:* \_\_\_\_\_    *Results:* \_\_\_\_\_

4. Hearing:    *Type of screen:* \_\_\_\_\_    *Results:* \_\_\_\_\_    Date last screen: \_\_\_\_\_

5. Vision:    *Type of screen:* \_\_\_\_\_    *Results:* \_\_\_\_\_    Date last screen: \_\_\_\_\_

Significant assessment findings:
Recommendations (include referrals):
Follow Up:

Anticipatory Guidance (circle those discussed)

1. Safety/poisons    2. Nutrition    3. Parenting    4. Family Planning    5. Discipline    6. Immunizations    7. Hygiene  
 8. Lifestyle    9. Development    10. Behavior    11. Sexuality    12. Dental    13. Other

*Additional information may be attached.*

\_\_\_\_\_  
Signature of physician/nurse approved to perform health assessments

\_\_\_\_\_  
Date