

September MENU



BREAKFAST INCLUDES: JUICE, MILK & FRUIT LUNCH INCLUDES: MILK & FRUIT & SALAD

MON	TUE	WED	THU
		01	02
		Breakfast – Biscuit & Sausage Lunch – Nacho's w/meat & refried beans, broccoli	Breakfast – Breakfast bars Lunch – Pork roast, mashed potatoes, brown gravy, green beans
06	07	08	09
Breakfast- Breakfast pizza Lunch – Hamburgers/Cheeseburgers, French fries, & garnish	Breakfast – French toast sticks, fruit Lunch – Chicken bites, mashed potatoes & gravy, corn on the cob	Breakfast – Banana bread, yogurt Lunch – Spaghetti, green beans, bread	Breakfast – Pop tarts, watermelon smoothie Lunch – Hot dogs/ chili dogs, chips, baked beans
13	14	15	16
Breakfast – Biscuits & gravy Lunch – Green chili stew or chicken noodle soup, cornbread	Breakfast – Un crustables, Lunch – Hamburger steak, mashed potatoes, brown gravy, green beans	Breakfast – Cheese omelets Lunch- Chicken alfredo, mixed veggies, bread	Breakfast – Pancake on a stick Lunch – Chicken fajitas, beans, rice
20	21	22	23
Breakfast – Breakfast burritos Lunch – Pizza, green beans, bread	Breakfast – Cinnamon rolls Lunch – Sloppy Joes, potato salad	Breakfast – Pancakes Lunch – Mexi burger, garnish, beans, rice	Breakfast – Pumpkin bread, yogurt Lunch – Deli sandwiches ham, turkey, tuna, chips
27	28	29	30
Breakfast – Pigs-n-blankets Lunch – Grilled cheese, tomato soup, broccoli	Breakfast – Quesadillas Lunch – Tacos, beans, rice	Breakfast – Hot pockets Lunch – Chicken sandwiches, okra, chips	Breakfast – Biscuits, eggs, sausage Lunch – Lasagna, green beans, bread