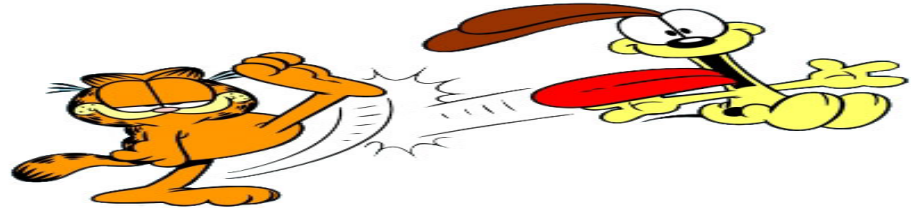


October Menu

Breakfast Includes: Cereal, Milk & Juice

Lunch Includes: Milk & Fruit



MON	TUE	WED	THU
			01
			Breakfast - Biscuits & gravy Lunch – Corn dogs, pork n beans, mac & cheese
05	06	07	08
Breakfast- Zucchini bread Lunch – Chicken fried steak, mashed potatoes & gravy, corn	Breakfast – Cheese Omelet Tortilla Lunch – Spaghetti, bread, green beans	Breakfast – Pig-n-blanket Lunch – Cheese/Hamburgers, garnishes, fries	Breakfast – Pancake on stick Lunch – Chicken fajitas, beans, rice
12	13	14	15
Breakfast – Un crust able Lunch – Enchiladas, beans, rice	Breakfast – Biscuit & sausage link Lunch – Grilled Cheese, tomato soup, cooked carrots	Breakfast – French toast stick Lunch – Pizza, bread, green beans	Breakfast – Breakfast burrito Lunch – Nachos, meat, beans, broccoli
19	20	21	22
Breakfast – Ham, egg, cheese sandwich Lunch – Lasagna, breadstick, green beans	Breakfast – Muffins Lunch – Chicken bites, mashed potatoes, gravy, corn	Breakfast – Oatmeal & yogurt Lunch – Tacos, beans, rice	Breakfast – Cinnamon roll Lunch – Green chili stew/ Chicken noodle soup, cornbread
26	27	28	29
Breakfast – Mini waffles Lunch – Frito Pie, beans, broccoli	Breakfast – Quesadillas Lunch – Steak fingers, mashed potatoes, gravy, corn	Breakfast – Hot pockets Lunch – BBQ chicken, mac & cheese, baked beans	Breakfast – Breakfast pizza Lunch – Pork roast, mashed potatoes, brown gravy, green beans