

NLISD School Health Advisory Council

SHAC Meeting Minutes (Curriculum Building)

Date: December 15, 2021

TIME: 12:02 p.m..

Jayson Coward called the meeting to order.

Attending - Jayson Coward, Joseph Tellez, Stephanie Easton, Shannon Erickson, Leddy Carder, Diana McGregor, Karina Harris, Cole Barker, Dee Hudson, Julie Laughlin, Sharmila Franklin, Kate Chadwick, and Sherri Wright.

The October 27, 2021 SHAC meeting minutes were read. Shannon Erickson made a motion to approve minutes as read with Kate Chadwick as a second. All were in favor, the motion carried.

OLD BUSINESS

Jayson Coward:

- Electing a Secretary for SHAC - Jayson Coward asked for a volunteer to be the SHAC Secretary. With no volunteers, the vote was tabled to a later date.
- Review of Responses to Creating a Vision for Our Community and School moved to the end of the meeting to allow time for discussion.

NEW BUSINESS

- ESTEEM Curriculum Health TEKS Zoom Presentation (12:15) Tonya Waite
 - Background: The State Board of Education updated Health TEKS in November 2020. Grade 8 went from 59 Student Expectations (SE) to 117 SE's.
 - Presentation included 6 main topics covered in 5th - 12 grade on an age appropriate level. Each student is given a workbook. ESTEEM covers 80-85% of updated TEKS, some topics are not covered in ESTEEM.
 - HB1525 gave new guidance outlined for mandated SHAC duties and the updated reproductive sexual health guidelines including transparency and parental permission.
 - Teacher certification for ESTEEM curriculum..
 - Presenter available to meet with the Adoption Committee to discuss workbooks, TEKS, new House Bill, etc.
- Jayson Coward requested to revisit the TEKS and Health Adoption process and the SHAC at the next meeting with Dr. Chadwick.
 - Discussion: How and when topic matter will be taught. Grades 5-12 will be taught age appropriate topics. Currently some topics are taught outside of a health class, which could include a counselor review, or topics being taught in science or PE.
- Coach Joseph Tellez - Health & Wellness Presentation
 - "Helping Teachers 'Health' Themselves - usually given at the beginning of the school year during staff development for NLISD instructors. Briefly discussed issues that affect our mental health and wellbeing. Choices like diet, exercise,

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and the many digital options to help ourselves be healthier and how important it is to live what you teach and model for students.

- Coach Carder - Discussion of options like Apple watch and Health Apps on phones for students tracking health.
- Jayson Coward - Do any current health programs exist for staff?. At campus level programs offered as competitions for weight loss competitions, a program to encourage walking etc. How can SHAC encourage and support these programs?
- **Recess Committee Members:** Karina Harris, Aaron Welch, Shawna Brown, Kathrine Chadwick, Cole Barker. Kristin Hughes was added after the committee meeting. Members have been given access to materials to help discuss and make a recommendation on February 23, 2022. Shanon Erickson asked to be added to the group. Karina Harris has volunteered to chair the Recess Committee.
- **Health Education Adoption Committee Members** - Dee Hudson, Coach Carder, Stephanie Easton, Julie Laughlin, Alicia Rouse, Kendra Waldroup. Joseph Tellez and Katherine Chadwick asked to be added to the Health Adoption Committee. Members have been given access to health curriculum materials including ESTEEM. Discussion and meetings need to be scheduled so the committee is ready to make a textbook/curriculum recommendation to the SHAC during the February 23rd meeting. Both the February 23rd and April 20th SHAC meetings will be open to the public to review and discuss the health adoption recommendations for transparency as required by HB1525.
- Discussion among the group about the committee's role, needing a chairperson, increased amount of TEKS, age appropriate, and parental permission.
- **Review of responses to Creating a Vision for Our Community and School -** Handout given to attendees to read responses from final SHAC meeting last school year.. In October, the #1 response was to survey students. .
 - #1-Survey students about their needs - action item
 - Coach Carder - Surveyed students in health class about what they would like to be taught in the health curriculum? The 3 top grade 6 responses: 1st - COVID-19 Pandemic, 2nd - Internet Safety, 3rd - Safe Cell Phone Usage. Mentioned: Sexual Abuse, Depression, Sex Trafficking
 - Current curriculum is predicated on a full year instruction and NL only teaches one semester. No other health elective.
 - New TEKS effective 2022. Review of how those TEKS are taught at North Lamar.
- Next meeting February 23, 2022
- Katherine Chadwick made a motion to adjourn the meeting, Cole Barker seconded.

Meeting adjourned 1:02 p.m.