



NORTH LAMAR INDEPENDENT SCHOOL DISTRICT

**Agenda of Regular Meeting
NLISD School Health Advisory Committee (SHAC)
Wednesday, December 15, 2021 12:00 PM Central
Curriculum Building
3010 North Main
Paris, TX 75460**

The subjects to be discussed or considered or upon which any formal action may be taken are listed below. Items do not have to be taken in the same order as shown on this meeting notice. Unless removed from the consent agenda, items identified within the consent agenda will be acted on at one time.

- Call to Order
- Roll Call
- Reading and Approval of Minutes
- Old Business
 - SHAC Secretary vote
 - Review of responses to Creating a Vision for Our Community and School
 - Specific topics of interest - SHAC's plan
- New Business
 - Health TEKS Zoom Presentation (12:15)
 - Wellness Speaker - Joseph Tellez
 - Announcement of Health Education Adoption Committee members
 - Adoption Process
 - Meeting Dates
 - Announcement of Recess Committee members
 - Shared file for research
 - Meeting Date
- Announcements
 - Next Meeting Date: February 23, 2021 (12:00 -1:00 @ Curriculum Building)
- Adjournment

The notice for this meeting was posted in compliance with the Texas Open Meetings Act on Friday, December 10, 2021.

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SHAC Meeting Minutes (Curriculum Building)

Date: October 27, 2021

TIME: 12:05 p.m..

Jayson Coward called the meeting to order and completed the roll call.

Attending - Jayson Coward, Kendra Waldroup, Joseph Franklin, Alicia Rouse, Shannon Erickson, Leddy Carder, Diana McGregor, Monica Yates, Karina Harris, Keitha Chalupa, Camden Renfro, Cole Barker, Sherri Wright, and Angela Chadwick.

The May 25, 2021 SHAC meeting minutes were read. Shannon Erickson made a motion to approve minutes as read with Cole Barker as a second. All were in favor, the motion carried.

OLD BUSINESS:

- Jayson Coward mentioned at the previous meeting it was decided a Co-Chair should be assigned and asked if anyone present would volunteer as a Co-Chair to stand in in the absence of the Chair. At least one Chair/Co-Chair volunteer must be a parent. Cole Barker volunteered. Kendra Waldroup moved to accept Cole Barker as Co-Chair, Joseph Franklin seconded, all in favor, the motion carried.
- Electing a Secretary for SHAC was next on the agenda. Jayson Coward asked for a volunteer to be the SHAC Secretary. With no volunteers, Angela Chadwick requested the agenda item be tabled until the December 15th meeting.
- Angela Chadwick explained the next agenda item, review of Responses to Creating a Vision for Our Community and School will be the last item to discuss during the meeting.

NEW BUSINESS

- Jayson Coward introduced the presenter Monica Yates, TxDOT Traffic Safety Specialist, who presented to the group the many options and educational programs available through the Texas Department of Transportation's Behavioral Traffic Safety Program. The goal of the program is to decrease traffic fatalities. Outreach programs mentioned: Grants for law enforcement available, Distracted Driving, DWI Simulator, Safe-Routes to School, Bicycle Ped, Project Celebration with PSA contest (In Paris area - 1st = \$2000, 2nd = \$1500, 3rd = \$1250, all other participants = \$750), Child Passenger Safety Week (car seats). Monica is available for presentations. Shanon Erickson asked about a poster regarding car seat safety. Monica will give a presentation to anyone desiring more information about the TxDOT programs.
- **Policy Review (TEC Chapter 28)** Angela Chadwick presented Board Policy Education Code 28.004 Review. SHAC voice is important regarding health education including new information added December 2021. NLISD Basic Instructional Program Handout given to each participant regarding SHAC's role in policy.
 - **#1** - NLISD requires Health Education for grades K-8. SHAC's role is to recommend the number of hours of instruction to be provided. NLISD does not require Health Education for grades 9-12 although some pockets are included. It is not a state requirement.

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- **#2** - SHAC Wellness 2020-2021 Wellness Policy addresses items mentioned adopted by NLISD Board in October..
- **#3** - Will discuss further during textbook adoption cycle conversation.
- **#4** - Will discuss further and in more detail. Each school counselor helped create campus guidelines. These guidelines will be posted on the school district website.
- **Policy Recommendations** - SHAC will bring a community voice regarding recess and suicide-related risk factors.
- **Content of Human Sexuality Instruction** - Textbook adoption and discussion of this content will be presented to NLISD Board during November meeting for decision. **IF** NLISD Board agrees to continue with Human Sexuality Instruction the SHAC's curriculum recommendation will be presented later in the school year.. Shanon Erickson asked what is the current instruction. Currently, human sexuality is part of grade 6 TEKS. 6th grade Health, taught by Leddy Carder, uses a curriculum that contains the grade 6 required TEKS. The high school addresses topics more related to medical issues of adults. The SHAC subcommittee will investigate the 2022 Adoption materials in more detail and make a recommendation to the SHAC members. Jayson Coward read the details for subjects covered and which topics cover issues that teachers at NLISD are addressing during the school year.
- **Health & PE Adoption 2023** - Adoption Cycle - April 2021 was given to attendees showing adoption cycles. A SHAC adoption sub-committee will make a recommendation to SHAC the year prior to adoption regarding Health curriculum materials. TEA gives each school district an instructional materials allotment for each adoption. Leddy Carder had a McGraw-Hill sample adoption book for current Health 2022 adoption titled *TEEN HEALTH*. He stated this is the same book the district has used for years with the exception that this book now addresses topics like dating in Chapter 2. NLISD offers Health instruction for ½ of a school year and the curriculum covers an entire year. The curriculum is highly tech savvy. Topics in the suggested curriculum need to be addressed. A decision by SHAC needs to be made by April 2022. Volunteers for SHAC Health subcommittee: Alica Rouse and Kendra Waldourp. It was suggested maybe two meetings are needed as a time commitment to review resources and discuss in depth. Additionally, both a 7th and 8th grade science instructor should be on the subcommittee..
 - PE Adoption instructors did not request more materials.
- **Recess** - Need deeper conversation regarding recess at elementary level. Volunteer - Karina Harris, and possible elementary instructor and principal.
- **Review of responses to Creating a Vision for Our Community and School** - Handout given to attendees to read responses from last SHAC meeting. Each member was asked to choose top two responses as a possible option to dig deeper into.
 - **#3**-Discuss openly about common topics children do not want to discuss with parents
 - **#1**-Survey students about their needs - action item

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Angela suggested discussion around these two responses as an agenda item in the next SHAC meeting. Members were asked to bring specific topics to the next meeting that might benefit students' health and well-being at NLISD.

- Next meeting December 15, 2021

Meeting adjourned 12:48 p.m.

Creating a Vision for Our Community and School
4/27/2021

1. What three things do you like best about our schools?
 - a. Bailey - Mrs. Compton's leadership style
Caring staff
Teacher engagement
Large selection of sports
Every building is together on a campus, not spread out across the county
 - b. Fine Arts Dept./Band/Speech & Debate
Extracurriculars - a lot of them
Opportunities for kids to grow
Large selection of multiple extra curricular activities
The campus wide desire to improve upon each year
 - c. Concern for student well-being
It's historically known to have many excellent student programs - band, drama, athletics, UIL, etc.
2. If you could change one thing about our school, what would it be?
 - More diversity
 - More supervision at certain age groups
 - Add classes to prepare basic success in life: investments, time value of money, lending, retirement planning, taxes etc.
 - Improve campus, student, and community morale and support. Help everyone want to be more involved
3. What worries you most about your children (or the children of our community) and their lives now?
 - Mental health concerns
 - Current state of society
 - Diversity awareness
 - Too worried about offending someone and not enforcing rules and guidelines. Allowed to be disrespectful.
 - Actively preparing for life after school-exposure to opportunities to prepare kids for future
4. What is one wish that you have for your children (or the children of our community)?
 - More mental health services offered at school
 - To be well educated enough to succeed
 - Open discussion about common fear (anxiety about changes)
 - To be prepared for real life and have a good sense of career direction upon graduation
 - Exposure to things they love to be involved in

5. What could the schools do to make this community a better place to live?

- Place emphasis on relationships first
- More community outreach
- More outreach opportunities
- Improve community outreach and focus on building a stronger relationship with our whole community

6. What could our community do to make this a better place to live?

- Invest in our schools - time & money
- Be more invested in students
- Work better together
- The community needs to get more involved and desire to help the schools grow in the direction they would like to see

7. What could families do to make this community a better place to live?

- Invest in our schools with time and participation
- Learn about available opportunities
- Be more engaged
- Be quality parents and discipline their kids
- Encourage their kids to more involved and lead by example

8. What could this SHAC do to make this community a better place to live?

- Formulate a plan, carry it out with consistency, survey students about their needs
- Increase parent involvement
- Discuss openly about common topics children do not want to discuss with parents
- Fine tune processes and teachings, monitor implementation, and track results.
- Provide exciting opportunities for community members to get involved and encourage parents to volunteer, help create these opportunities and donate their time and resources