

Tips for Managing Behaviors for at Home Learning

Things You Can Do to Manage Your Child's Behavior at Home



Give your child positive reinforcement.



ex. TV time, call a friend, social media break, drawing break, toy time

Additional ideas: direc.to/dtsL



Praise good and appropriate behavior.



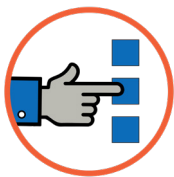
Link to replacement behavior video: direc.to/dtsH



Respond calmly if challenging behaviors occur.



Strategies for responding calmly: direc.to/dtsE



Choose a couple strategies to prevent challenging behaviors.



Strategies for preventing challenging behaviors: direc.to/dtrd



Help your child by breaking up their assignments into smaller sections.



This provides your child with small, frequent, and attainable goals.

Ways to break up assignments: direc.to/dtsB



Help your child understand their emotions and to self-calm.



Self-regulation tips: direc.to/dtrg



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Tips to Plan for Learning



Review your child's Individualized Education Program (IEP) and their Behavior Intervention Plan (BIP).



Communicate with your child's school and special education teachers.



Strategies and tips that provide support for specific behaviors - Allows to maximize learning and positive parent - child relationships. ([direc.to/dtra](https://direct.texas.gov/dtra))



Gather materials you need for all assignments.



Does your child need help completing assignments, or can they do it independently?



Find a quiet place for your child to be able to focus and remove distractions such as toys or a TV. ([direc.to/dtrT](https://direct.texas.gov/dtrT))

Set Your Schedule



Have consistent structures and routines. ([direc.to/dtrn](https://direct.texas.gov/dtrn))



Use a visual schedule. ([direc.to/dtrQ](https://direct.texas.gov/dtrQ))



Have a daily assignment list - this will also help monitor your child's progress.

