

School Health Advisory Council

9/27/18

Attendance: Cole Barker, Dr. Jason Adams, Cassidy Emeyabbi, Wendi Burton, Justine Wideman, Shanon Erikson and Jennifer Elrod.

The meeting was held on campus at Goodman Learning Center so that care plans could be discussed with Wendi Burton, Special Education Supervisor.

NLISD standing orders were reviewed. Discussion was made to have policy changed regarding Epi pen administration off campus. Previously only the athletic trainer was listed as able to administer Epi to a student when off campus. This concern was brought to administration and we were notified that the school board did make a change to the policy in August 2018.

Mr. Barker also discussed the need for a Return to Academics Plan after a non-sport concussion:

Step 1: No School. Cognitive & Physical Rest

Progress to step 2 when symptoms decrease and athlete can do light reading without increasing symptoms.

Step 2: Attend half days of school with limited activity.

- Reduce weight of backpack
- No tests, quizzes, or home work
- Wear sunglasses when looking at bright screens
- Obtain 5 min hall pass to avoid noisy crowded halls

Step 3 when symptoms don't increase with half days.

Step3: Full day of school with limited activity

- Keep backpack weight limited
- No Tests, quizzes, or home work
- Use sunglasses as needed
- Obtain 5 min hall pass to avoid noisy crowded halls

Step 4 when sunglasses are not needed, symptoms don't increase with school, & athlete is at or near baseline.

Step 4: Full Academic Load- Resume normal school activities

- Provide homework and quizzes
- Discuss make up work and setting deadlines.

Progress to step 5 after 48 hours of no symptoms, no medication, and athlete is mostly through RTP.

Step 5: No restrictions

- Recommend follow-up with counselors updating them on their progress of recovery as needed.

Student Health Advisory Committee

11/7/2018 1:30pm

Lewis Hall (PRMC)

MINUTES

Present: Jaycie Proctor Ryan Spencer Cole Barker Cassidy Emyabbi
Diana Macgregor Shanon Erickson Justine Wideman

Welcome/Open Meeting: Kerri Amis (PRMC director of Business Development) introduced PRMC's newly recruited physicians, Dr. Alapati, Dr. Chiles, Dr. Grant, Dr. Hurt, Dr. Medarametla, Dr. Mallick, Dr. Moncrief, Dr. Pauls, and Dr. Thomas.

Guest Speaker (Jynell Elder): Ms. Elder spoke to those in attendance about the recent accreditation that PRMC has received as a Level III Trauma center, what it entails and what it means for the community.

The "Stop the Bleed" educational course was discussed and proposed as a program that could be utilized within the school district.

Small Group Discussion: Diana Macgregor, District Nutrition Manager, proposed that NL once again decline the Summer Feeding Program for North Lamar ISD for the summer of 2019. All present signed the proposal page.

Justine Wideman, R.N. stated that this year, she will be incorporating the Community Fitness Challenge along with her weight loss and fitness programs (The Biggest Loser and Lighten up East Texas)that she already has in place. Cassidy Emyabbi presented a "SHAC Pledge" that was signed and will be submitted as a part of earning credit for the new challenge.

Topics for next meeting were discussed, and the possibility of having a "Stop the Bleed" program presented was unanimously approved. Coordination for this will be looked into further by Cassidy Emyabbi, R.N.

Meeting Adjourned

Next Meeting: February 5th, 2019 at 1:30 pm (Lewis Hall)

Attachments: Pictorial Flyer of recently recruited physicians

PRMC's Level III Trauma Certification Notice

Informational Flyer for Community Fitness Challenge

Student Health Advisory Committee

4/10/2019 1:30pm

Lewis Hall (PRMC)

Minutes

Present: Cassidy Emeyabbi Justine Wideman Rachel Moody Clint Hildreth

Diana Macgregor Kendra Proctor Jaycie Proctor Shanon Erickson Ryan Spencer

Welcome/Open Meeting: Erin Barnes (PRMC Director of Marketing) welcomed the committee members and guests. Ms. Barnes introduced Christi Armes (Infection Control Nurse) as the guest speaker today.

Guest Speaker (Christe Armes): Ms. Armes spoke to those in attendance about her recent trip to the CDC in Atlanta, Georgia. She also presented the group with information (see handout) revealing how “ Bacteria Levels Compare” when comparing office items with other everyday items. She expressed the importance of good handwashing technique.

Ms. Armes also answered a question regarding PRMC’s plan for “measles management” if a case were to be diagnosed in Lamar county.

Small Group Discussion: Shanon Erickson, as well as other NL nurses expressed their concern about those students who have Emergency Care Plans (asthma, severe allergies, diabetes, seizure disorder, etc.) and the need to communicate these diagnoses with the NL bus drivers who transport said students.

It was discussed that, not only should these students be identified (using HIPPA and FERPA guidelines),but also the transporters be educated about the diagnoses and immediate treatment needs of said students.

Clint Hildreth asked that the school nurses submit a list of those student’s names and addresses with Emergency Care Plans as well as those with medical concerns that could turn emergent at any time. It was concluded that further discussion and planning will need to be scheduled between C. Hildreth and NL’s nursing staff so that some procedural and educational changes can be in place before the 2019-2020 school year begins

Meeting Adjourned

Next Meeting: This was the final meeting of the 2018-2019 school year.

Attachments:" How Do Offices' Bacteria Levels Compare with Other items?"