

School Health Advisory Council

10/30/2017

Attendance: Brandon Dennard, Cassidy Emeyabbi, Jennifer Elrod, Justine Wideman, Shanon Erickson, Hannah Clark, Austin Exum, Brittney White, Diana McGregor, Rachel Moody, Amy Haage and Sharmila Franklin.

The meeting was held at PRMC in Lewis Hall. PRMC staff provided lunch and education on Influenza. See attached sheet for further information concerning when and why to get the vaccine, how to prevent the spread of Flu and treatment.

Mr. Dennard presented NLISD Wellness policy for review concerning the FFAC Local, Legal and Regulation guidelines concerning Epinephrine administration in the school. After discussion we, the SHAC committee, feel that NLISD's policy is within the recommended guidelines.

Diana McGregor, Food Service Director for NLISD, presented the Wellness Policy for review. The committee assessed progress/ compliance with the district's nutrition and physical activity policy and monitoring. Each department will be setting age appropriate goals and will be held accountable for tracking progress towards the goals.

Meeting was adjourned at 1:30.

Next SHAC meeting will be held on 12/08/17 at PRMC Lewis Hall, 12:30-1:30.

School Health Advisory Council

12/8/17

Attendance: Brandon Dennard, Justine Wideman, Cassidy Emeyabbi, Jennifer Elrod, Shanon Erickson, Cole Barker, Diana McGregor, Rachel Moody and Hannah Clark.

County wide SHAC meeting was held at PRMC in Lewis Hall. Lunch was provided by PRMC cafeteria. Diane Nation, RN presented a Healthy Heart slideshow and provided handouts.

North Lamar discussed the Anaphylaxis Emergency Management Plan to be approved by the board in April. Staff gathered data and submitted numbers to Diana McGregor for the district Wellness Plan.

Meeting was adjourned at 1:30. This was the final SHAC meeting for this semester; next meeting will be in February 2018.

School Health Advisory Council

3/9/2018

Attendance: Cole Barker, Justine Wideman, Cassidy Emeyabbi, Jennifer Elrod, Shanon Erickson, Sharmila Franklin and Emily Neeley.

The meeting was held at PRMC in Lewis Hall. Keri Amis welcomed everyone and announced new physicians with PRMC: Dr. Jay Carpenter (Urology) Dr. Christian Moncrief (Cardiothoracic Surgeon) and Candice Daughtrey, RN, FNP.

The Skip, Jump and Run annual fundraiser will kick off March 19 and run until April 2, 2018. Details are still being worked out for the rewards and activities.

Preparation has begun for 5th graders at Bailey and Parker to go to Allaso Ranch.

Senior CPR classes started with approx. 40 seniors getting certified on 3/8/18, classes will resume March 19th.

Mock Wreck at the high school is scheduled for April 19th and in the event of bad weather it will be held April 25th.

Lighten Up East Texas weigh out date is May 4th and Biggest Loser competition will end at this time too.

Lamar County DSHS will collaborate with NLISD nurses to develop a new school exclusion list in compliance with CDC guidelines.

FitnessGram pacer tests are in progress at the elementary campuses.

Emily Neeley with Lamar County Health Dept presented information on grants available to promote Presidential Fitness Award and other programs that promote a healthy lifestyle.

Sharmila Franklin currently has a community garden located in the lot next to PRMC. There have been 12 beds adopted so far and there's room to expand.

Meeting was adjourned at 1:30. Next meeting is tentatively scheduled for April 4th at PRMC.

School Health Advisory Council

4/4/2018

Attendance: Justine Wideman, Austin Exum, Cole Barker, Jennifer Elrod, Shanon Erickson, Cassidy Emeyabbi, Hannah Clark, Keri Amis, Prairiland ISD SHAC members and Emily Neeley.

This meeting was held at PRMC in Lewis Hall. PRMC staff, Jynnell Elder, RN, BSN, presented information on concussions, including information packets on CDC's HEADS UP policy. This is a specific list of steps that school professionals can take to help facilitate student's return to school and recovery after a concussion. It emphasizes the importance of a collaborative approach by a team that includes the student, parents/guardians, sports coaches, teachers, Physician and the school nurse. This policy outlines how to recognize signs and symptoms of a concussion, returning to school and the effect on learning.

NLISD members discussed:

- Details of upcoming Mock Wreck on April 19th
- Skip Jump & Run update
- School Physicals for NL athletes in May

Meeting adjourned at 1:30. This is the last scheduled SHAC meeting for this school year.