

School Health Advisory Council

Minutes

September 22, 2015

Attendance: Brittney White, Tami Miles, Sandra Defrates, Jennifer Clark, Kristen Hughes, Sharmila Franklin, Merita Head, Shelley McDowell, Amber Clark, and Cassidy Emeyabbi.

The meeting came to order and began with introductions present.

The first item discussed was finalizations on the Unity Day bracelets. It was decided that 1,200 bracelets would be ordered this year. It was also decided that the bracelets will be orange with blue font.

The second item discussed was the suicide prevention training now required for all school employees under House Bill 2186. This task was narrowed down to three choices by Brittney White. A small portion of each program was shown to the members. The first training viewed was Ask About Suicide (ASK). The second one was Kognito and third one was Making Educators Partners in Youth Suicide Prevention. With a unanimous vote, it was decided that the district will use the Kognito on-line suicide prevention program. Tami Miles will disperse this information to all administrators.

Sharmila Franklin explained the services provided for students with obesity through UT Health. She also explained that there will be a free health clinic at Primetime on October 17th. The Health Department will also be giving flu shots for \$5.00 on October 24th.

The next meeting will be scheduled around the arrival of the epi pens unless a meeting needs to be held sooner than their delivery.

School Health Advisory Council

Minutes

November 3, 2015

Attendance: Brittney White, Rachel Moody, Ashley Watkins, Tammy Miller, Glenda McFadden, Jennifer Elrod, Cassidy Emeyabbi, John McCullough, Toni Alberts, Meagan Nutt, Mindy Bulls, Rachel Harris, Justine Wideman, Sharmila Franklin, and Shelley McDowell.

The meeting came to order and began with introductions of those present.

The first order of business discussed was the Unity Day bracelet sales. The total made from the sale was \$573.30 which means the profit was \$129.19.

It was noted that all staff have been informed to complete the on-line suicide prevention training and the on-line training for food allergies.

Ashley Watkins from DSHS shared a presentation on ATV safety. She explained that the jump drive can be shared with staff here at North Lamar or that she can come and present it to various classes. She only asked that the pre and post-test be returned to her. Brittney White will share this information with staff.

Justine Wideman explained that all campuses have received the Epipens. They are waiting on a policy to be developed and approved by the Board of Directors and doctor's orders.

Meagan Nutt reminded staff of services provided by the Paris Pregnancy Center.

Glenda McFadden from Texas Health Steps advised those present that if any child needs assistance with receiving Medicaid to contact her.

The next meeting will be scheduled after the new year. In order to accommodate the nurses schedules the meeting time will be changed to either 10:00 or 1:00. Lunch will not be provided at the next meeting. The meeting was adjourned.

Lunch was served.

School Health Advisory Council
Minutes
February 15, 2016

Attendance: Brittney White, Tami Miles, Justine Wideman, Danny Bulls, Cassidy Emeyabbi, Diana McGregor, Sharmila Franklin, Ashley Watkins, Tammy Miller, and Laura Graves.

The meeting began at 1:00 and began with introductions of those present.

The first order of business discussed was presented by Justine Wideman. She explained that the high school will have the Mock Wreck on April 27th which is before prom. She also explained that the high school is participating in Lighten UP Texas and The Biggest Loser contest. Staff participating in this program weigh- in weekly. This will end May 4th. Mrs. Wideman also stated that the senior CPR training, which is now mandatory, has been completed. It consists of hands only training.

The Epi-pen boxes are up at each campus. They are all located by the AED machines.

Cassidy Emeyabbi said that Skip, Jump, and Run envelopes have been ordered.

Danny Bulls said that he is working on a grant that would include blood work in next year's physicals. Mr. Bulls is also researching grants that would pay for heart testing for all athletes. He said there will be a small fee for both of these services and he will hopefully have more information at the next meeting on the grants.

Diana McGregor explained that the district has to create a new Wellness Policy. She said that we have always had one but now we have to monitor the progress. Mrs. McGregor will present more information on this at the next SHAC meeting.

The Kids Marathon will be March 7th.

The next SHAC meeting will be conducted by Cassidy Emeyabbi on April 19, 2016 at 1:00. It will be held at Goodman Learning Center.

The meeting was adjourned at 2:00.

School Health Advisory Council

Minutes

April 19, 2016

Attendance: Cassidy Emeyabbi, Tami Miles, Danny Bulls, Sharmila Franklin, Justine Wideman, Sandra DeFrates and Jennifer Elrod.

The meeting began at 1:00 with introductions of those present.

The first order of business discussed was presented by Danny Bulls. He explained that the county wide physicals for Jr High and High School athletes will be by May 21, 2016 at Paris High Gym and will begin at 8:00 AM. Danny Bulls and Dr. Amanda Green are coordinating with a contracted company to get grants to provide athletes with dental services and blood work. Dr. Amanda Green did a similar community health clinic last fall. She had great success and believes this would benefit the athletes. Reminder 101 and panther alert systems will be used to get details out to parents and athletes.

Justine Wideman reports the high school will be having their annual Mock Wreck next Wed April 27, 2016. The Jr and Sr classes will attend at 9:50 and 9th and 10th grade at 1:30. Presentation is expected to last one hour and will involve local emergency response teams and care flight.

The high schools weight loss challenge continues through May 4th. Challenge started on Jan 8th with current weight loss totals for 7 males is 71.2 lbs and 16 females have lost 189.6 lbs.

Sharmila Franklin reports the pediatricians are giving their patients 3-4 months to lose weight before treating them as a diabetic. She provides education and physical activities for the patient and their families. North Lamar's policy is that diabetic students are allowed to eat snacks during class if needed. If a diabetic needs to have their sugar checked in the nurse's office they are escorted by another student to ensure they make it to the nurse's office and back to class.

Skip Jump and Run fundraiser completed April 15th and collected over 25,000.00 for the Children's fund.

School Board will be discussing a Wellness Policy for the district. Once a policy is adopted we will begin developing a plan to reach age appropriate goals at each campus in the district.

This is the final SHAC meeting for the 2015-2016 school year.

The meeting was adjourned at 2:00.