

Wellness Committee Meeting
Agenda
10.3.18

Committee is used to discuss ideas and goals to promote active/healthy/safe lifestyle for the school district.

- A. Carrie Winslett- TSET Healthy Living Program Specialist
- B. Elementary activities- Conservation Dept. Walking recess, 5 food groups(cafeteria) P.E. Class Parties
- C. Middle School-P.E., Health Class
- D. High School-Athletics, Lunch walking time, Cafeteria 5 food groups, Water vending machine

Minutes 10.3.18 1:30pm

Carrie Winslett with TSET talked about Wellness Policy and the implantation of it.

Discussed each site and the activities/health education that is involved with students.

Discussed menu meals pros/cons of certain meals and how to improve taste.

Adjourn 2:15pm