

## Counseling Referral Form



### SECTION 1: REFERRAL INFORMATION

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#### Referral for Counseling:

Who is submitting the referral?    Parent          Principal          School Counselor          Teacher

Name of individual making referral:

Date of referral:

Student Name:

Grade:

School:

Why would you like to refer this student for counseling?

Anger

Anxiety

Attendance

Behavioral Concern(s)

Depression

Drastic/Sudden Change(s), i.e., attitude, grades, etc.

Family Concern(s)

Grief/Loss

Hygiene

Physical Threat(s)

Sexual Behavior/Remarks

Social Skills

Substance Abuse

Verbal Threat(s)

Other:

### SECTION 2: PARENTAL NOTICE AND CONSENT (TO BE COMPLETED BY A PARENT OR LEGAL GUARDIAN)

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Is the student currently meeting with a mental health provider in the community?    Yes    No

Is the parent/guardian willing to sign a Release of Information for the school counselor to coordinate with the community provider?    Yes    No

During discussion(s) students may share their personal views and experiences as appropriate. Meetings with the school counselor will take place at an appropriate time during the school day and will provide time for your child to confidentially discuss feelings about many things, possibly including personal difficulties. Every effort will be made to respect family privacy, and there is no intent to discuss sensitive issues; however, the law requires that we remind you that unexpected subjects\*\* may arise as children express their feelings.

Various materials may be used during discussion(s). If parents/guardians desire to review the materials, they may contact the school counselor(s) to arrange to discuss the planned curriculum and/or review the materials.

Please understand that under the law, children cannot participate in the scheduled counseling activity unless and until this form is signed and returned.

**I give permission for my child,  
described above.**

**, to participate in the scheduled activities as**

Parent Signature

Date

#### FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT

Section 53A-13-302, Utah Code, provides that parents must be notified at least two weeks prior to a school activity or planned discussion which is intended to cause a student to reveal private information.

Two-week requirement waived: Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

\*\*Subjects, as written in Utah State Law, may include politics; emotional or psychological difficulties; income; sexual behavior, orientation, or attitudes; illegal, anti-social, demeaning, or self-incriminating behavior; critical appraisals of family relationships; religious affiliations or beliefs, and/or legally recognized privileged and analogous relationships.