

Kenedy County-Wide Common School District
School Health Advisory Council
May 17, 2022

Meeting was called to order at approximately 2:35 p.m.

Those in attendance were: Alejandra Salinas, JoAnn Dodd, Lupita De Luna, Allison Strauss, Kristen Tinsley, Michelle Dupont, Tawny Thompson, Jerry Rosa, Danna Rosa, Rosana Ryan, Reagan Rosa, Bethany Salinas, and Oran Dodd.

Allison Strauss addressed the first item on the agenda which was a report on the Kenedy County-Wide CSD Community Health Fair. Lupita De Luna spoke of the approximately 20 exhibitors that participated along with the many attendees from the school and community. She showed the council a copy of the handout that attendees were given upon signing in to the fair. It listed all health fair exhibitors with a heart in each top corner thanking them for participating in the event. On the reverse side of the handout was the schedule of events and the names of the students from each class participating. At the bottom of the page it was noted that exhibitors donated adult door prizes; Kenedy County Sheriff's Department along with Rey and Cindy Salinas donated bicycles; and children's door prizes were purchased with donations from Allison Strauss, Irma Longoria and Wendy Johnson. A thank you to these donors was also expressed. There was a good turn out and a lot of information and services were provided, thus a successful health fair.

Lupita De Luna went on to discuss the need to approve the Human Growth and Development class presented last year for this 2021-2022 school year. Also decided to request approval of same curriculum for the following school year, 2022-2023. Allison Strauss made a motion to approve the Always Changing and Growing Up Program, which includes a separate video for girls and boys. The program is also inclusive of pretest and posttest along with necessary puberty information. The motion was first approved by Michelle Dupont and second by Kristen Tinsley. Motion was put to a vote and all were in favor to keep Always Changing and Growing Up Program for both 2021-2022 and 2022-2023.

The reading out loud of minutes for March 3, 2022 was overlooked, but members read them individually. JoAnn Dodd motioned to approve the minutes as written and Jerry Rosa seconded the motion.

Third item discussed was School Health Index Results and the SHAC recommendations reflecting those areas needing adjustments. See attachments for details. Several ideas for increased physical activity and better nutrition in the school and community were voiced. Some are as follows:

- *Texas Health Steps, or something similar, to where we could have a record of how many steps were walked on a daily basis
- *Collaborate with community regarding a bicycle event (Bike-a-thon)
- *Inviting Zelina Zavala to do a Dinner Tonight presentation for the staff early in August.
- *Reaching out to a wellness agency to see what they can offer our staff.
- *Purchase pacers for those wanting to participate in walking event.
- *Presentations for our families regarding exercise and healthy eating.

Report on School Health Survey was given by Lupita De Luna. The council was reminded that Kenedy County-Wide CSD is not involved in the National School Lunch Program &/or the Breakfast Program and therefore does not need to have a Local Wellness Policy in place. This and the fact that our common

school district only has an elementary school limits the responses requested in the survey. About one-third of the questions do not apply to us. The survey is done annually and has been submitted electronically.

Last item on the agenda was a discussion on the election of officers for the next school year. It was decided to elect officers on our next SHAC meeting which is scheduled for September 13, 2022 at 3:00 p.m.

Meeting ended at approximately 3:10 p.m.