

# MARCH 2019

Mineral Springs Lunch 7-12



Monday

Tuesday

Wednesday

Thursday

Friday

Steak Fingers  
Grilled Chicken Wrap  
Hamburger  
Wheat Roll  
Potato Wedges  
Fruit  
Salad Bar  
Milk/ Juice

4

Southwest Chicken Spaghetti  
Hamburger  
Pizza  
Breadstick  
Green Beans  
Fruit  
Salad Bar  
Milk/Juice

5

Chicken Fajitas  
Beef Taco  
Pizza  
Spanish Rice  
Charro Beans  
Fruit  
Salad Bar  
Milk/ Juice

6

Orange Chicken  
Beef Stir Fry w/Veggies  
Pizza  
Fried Rice  
Steamed Broccoli  
Fruit  
Salad Bar  
Milk/ Juice

7

Cheeseburger  
Smokehouse Sliders  
Spicy Chicken Sandwich  
Fries  
Fruit  
Salad Bar  
Milk  
Juice

1

Chicken & Cheese Crispos  
Bean & Cheese Burrito  
Pizza  
Spanish Rice  
Corn  
Fruit  
Salad Bar  
Milk/ Juice

11

Meatball Sub  
Chicken Alfredo  
Pizza  
Garlic Breadstick  
Green Beans  
Fruit  
Salad Bar  
Milk/ Juice

12

Beef Tips w/Brown gravy  
BBQ Chicken  
Spicy Chicken Sandwich  
Mashed Potatoes  
Fruit  
Salad Bar  
Milk  
Juice

13

White Chicken Chili w/Tortilla Chips  
Mini Corn Dog  
Grilled Chicken Sandwich  
Blackeye Peas  
Fruit  
Salad Bar  
Milk  
Juice

14

Frito Chili Pie  
Beef Nachos  
Pizza  
Pinto Beans  
Fruit  
Salad Bar  
Milk  
Juice

15

18

19

20

21

22

# SPRING BREAK

Popcorn Chicken  
Philly Cheese Steak  
Pizza  
Wheat Roll  
Fries  
Fruit  
Salad Bar  
Milk/ Juice

25

Chicken Enchilada  
Beef Taco Salad Bowl  
Pizza  
Cilantro/Lime Rice  
Charro Beans  
Fruit  
Salad Bar  
Milk/ Juice

26

Chicken Tenders  
Oven Baked Chicken  
Grilled Chicken Sandwich  
Wheat Roll  
Mashed Potatoes w/Country Gravy  
Fruit  
Salad Bar  
Milk/ Juice

27

Meatloaf  
Salisbury Steak w/Brown Gravy  
Hamburger  
Wheat Roll  
Mashed Potatoes / Corn  
Fruit  
Salad Bar  
Milk/ Juice

28

Cheeseburger  
Loaded Chicken Potato  
Spicy Chicken Sandwich  
Wheat Roll  
Fries  
Fruit  
Salad Bar  
Milk/ Juice

29

"This institute is an equal opportunity provider."

All menus are subject to change.

