



JANUARY 2019 Mineral Springs K-6 Lunch





Monday

Tuesday Wednesday **Thursday**

Friday

Fries

Fruit

Milk

Juice

16

23

11

CHRISTMAS BREAK

Chicken Nuggets Steak Fingers Wheat Roll Mashed Potatoes Green Beans Fruit Salad Bar Milk

Chicken & Cheese Crispitos Bean & Cheese Burrito Spanish Rice Corn Fruit Salad Bar Milk

Meatball Sub Lasagna **Breadstick** Green Peas Fruit Salad Bar Milk

Corn Dog Sliced Pork Roast Pinto Beans Cornbread Cole Slaw Fruit Salad Bar Milk

10 Cheeseburger Smokehouse Sliders Salad Bar

Steak Fingers Chicken Tenders Wheat Roll Potato Wedges Fruit Salad Bar Milk

Southwest Chicken Spaghetti Hamburger Breadstick Green Beans Fruit Salad Bar Milk

Chicken Fajitas Beef Taco Spanish Rice Charro Beans Fruit Salad Bar Milk

Orange Chicken 17 Beef Stir Fry w/Vegetables Fried Rice Steamed Broccoli Fruit Salad Bar Milk

BBQ Pork Rib Sandwich 18 Cheeseburger Fries Baked Beans Fruit Salad Bar Milk

21

28

14

Beef Taco Chicken Nachos Spanish Rice Corn Fruit Salad Bar Milk

22

Beef Tips w/Brown Gravy **BBQ** Chicken Wheat Roll Mashed Potatoes Fruit Salad Bar Milk

Vegetable Beef Soup w/Grilled Cheese Mini Corn Dogs Fritos Blackeye Peas Fruit Salad Bar Milk

Shredded Steak Panini 25 Grilled Chicken Sandwich **Baked Beans** Fruit Salad Bar Milk

Chicken Quesadilla Mexican Chicken Spanish Rice Refried Beans Fruit Salad Bar Milk

Loaded Southwest Potato Oven Baked Chicken Wheat Roll Mashed Potatoes w/Country Gravy Fruit Salad Bar Milk

Mini Cheese Ravioli 30 Chicken Parmesan Ciabatta Wheat Roll Green Beans Fruit Salad Bar Milk

Taco Soup w/ Pretzel Stick Beef & Bean Burrito Corn Fruit Salad Bar Milk

"This institute is an equal opportunity provider."

All menus are subject to change.