



JANUARY 2019

Mineral Springs 7-12 Lunch





Monday

Tuesday

Wednesday

Thursday

Friday

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4

18

CHRISTMAS BREAK

Chicken Nuggets
Steak Fingers
Pizza
Wheat Roll
Mashed Potatoes/ Green Beans
Fruit
Salad Bar
Milk/ Juice

Chicken & Cheese Crispitos Bean & Cheese Burrito Pizza Spanish Rice Corn Fruit Salad Bar Milk/ Juice Meatball Sub Lasagna Pizza Breadstick Green Peas Fruit Salad Bar Milk/ Juice

9 Corn Dog
Sliced Pork Roast
Pizza
Pinto Beans/ Cornbread
Cole Slaw
Fruit
Salad Bar
Milk/ Juice

Orange Chicken

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Cheeseburger Smokehouse Sliders Spicy Chicken Sandwich Fries Fruit Salad Bar Milk Juice

Steak Fingers
Chicken Tenders
Hamburger
Wheat Roll
Potato Wedges
Fruit
Salad Bar
Milk/ Juice

Southwest Chicken Spaghetti Hamburger Pizza Breadstick Green Beans Fruit Salad Bar Milk/ Juice Chicken Fajitas Beef Taco Pizza Spanish Rice Charro Beans Fruit Salad Bar Milk/ Juice

Orange Chicken Beef Stir Fry w/Vegetables Pizza Fried Rice Steamed Broccoli Fruit Salad Bar Milk/ Juice BBQ Pork Rib Sandwich Cheeseburger Spicy Chicken Sandwich Fries Baked Beans Fruit Salad Bar Milk/ Juice

21

28

14

Beef Taco
Chicken Nachos
Pizza
Spanish Rice
Corn
Fruit
Salad Bar
Milk/ Juice

Beef Tips w/Brown Gravy BBQ Chicken Spicy Chicken Sandwich Wheat Roll Mashed Potatoes Fruit Salad Bar Milk/ Juice

Vegetable Beef Soup w/Grilled Cheese Mini Corn Dogs Grilled Chicken Sandwich Fritos Blackeye Peas Fruit Salad Bar Milk/ Juice Shredded Steak Panini
Grilled Chicken Sandwich
Hamburger
Baked Beans
Fruit
Salad Bar
Milk
Juice

Chicken Quesadilla Mexican Chicken Pizza Spanish Rice Refried Beans Fruit Salad Bar Milk/ Juice Loaded Southwest Potato
Oven Baked Chicken
Grilled Chicken Sandwich
Wheat Roll
Mashed Potatoes w/Country Gravy
Fruit
Salad Bar
Milk/ Juice

Mini Cheese Ravioli
Chicken Parmesan Ciabatta
Hamburger
Wheat Roll
Green Beans
Fruit
Salad Bar
Milk/ Juice

Taco Soup w/ Pretzel Stick
Beef & Bean Burrito
Pizza
Corn
Fruit
Salad Bar
Milk
Juice

"This institute is an equal opportunity provider."

All menus are subject to change.