



# DECEMBER 2018

Mineral Springs Breakfast



## Monday

Variety Cereal  
Pancakes w/Syrup  
Fruit  
Juice  
Milk

3

Variety Cereal  
Waffle w/Syrup  
Sausage Patty  
Fruit  
Juice  
Milk

10

Variety Cereal  
Pancake Taco w/Syrup  
Fruit  
Juice  
Milk

17

## Tuesday

Variety Cereal  
Candy Corn Parfait  
Goldfish Graham Cracker  
Fruit  
Juice  
Milk

4

Variety Cereal  
Strawberry Parfait  
Sausage Link  
Fruit  
Juice  
Milk

11

Variety Cereal  
Cheese & Ham Scrambled Egg  
Fruit  
Yogurt  
Juice  
Milk

18

## Wednesday

Variety Cereal  
Blueberry Muffin  
Fruit  
Juice  
Milk

5

Variety Cereal  
Cheese Omelet  
Fruit  
Yogurt  
Juice  
Milk

12

Variety Cereal  
Mini Powered Donuts  
Fruit  
Juice  
Milk

19

## Thursday

Variety Cereal  
Biscuit & Gravy  
Fruit  
Juice  
Milk

6

Variety Cereal  
Sausage, Egg, & Cheese Biscuit  
Fruit  
Juice  
Milk

13

Variety Cereal  
Cheese Omelet  
Fruit  
Yogurt  
Juice  
Milk

20

## Friday

Variety Cereal  
Breakfast Bites  
Fruit  
Juice  
Milk

7

Variety Cereal  
Egg, Ham, & Cheese Croissant  
Fruit  
Juice  
Milk

14

Variety Cereal  
Breakfast Burrito  
Fruit  
Juice  
Milk

21

24

25

26

27

28

31

# CHRISTMAS BREAK

"This institute is an equal opportunity provider."

All menus are subject to change.

