Oakdale School District

OCTOBER – THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER				
M	Tu	W	Th	F
30	1	2	3	4
Breakfast: Egg & Cheese Omelet or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit Juice, Milk	Breakfast: Sausage Biscuit or Cereal Biscuit, Jelly, Fruit Juice, Milk	Breakfast: French Toast or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: Biscuits & Gravy or Cereal Biscuit, Jelly, Fruit Juice, Milk
Lunch: Chicken Spaghetti or Baked Potato w/topping Veggie, Fruit, Garlic Bread Romaine Salad, Milk	Lunch: Fish Sticks or Chef Salad Coleslaw, Fruit, Cornbread Romaine Salad, Milk	Lunch: Pulled Pork Sandwich or Baked Potato w/topping Veggie, Fruit Romaine Salad, Milk	Lunch: Beef Nachos or Cheese Nachos Pinto Beans, Fruit, Salsa Romaine Salad, Milk	Lunch: Pepperoni Pizza or Chef Salad Romaine Salad, Apple Milk
7	8	9	10	11
Breakfast: Yogurt Parfait or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit Juice, Milk	Breakfast: Breakfast Burrito or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: French Toast or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: Biscuits & Gravy or Cereal Biscuit, Jelly, Fruit Juice, Milk
Lunch: Hamburger w/out cheese or BBQ Rib Sandwich Baked Beans, Fruit Romaine Salad, Milk	Lunch: Chicken & Rice or Baked Potato W/toppings Veggie, Fruit Romaine Salad, Milk	Lunch: Spaghetti w/ Meat Sauce or Baked Potato w/toppings Veggie, Fruit, Garlic Bread, Romaine Salad Milk	Lunch: Chicken Tenders or Baked Chicken Mashed Potato & Gravy, Roll, Fruit, Romaine Salad, Milk	Lunch: Hot Ham & Cheese or Cheese Melt Veggie, Fruit Romaine Salad, Milk
14	15	16	17	18
Breakfast: Pancakes or Cereal Toast, Jelly, Fruit Juice, Milk Lunch: Frito Chili Pie or Baked Potato w/toppings Veggie, Fruit Romaine Salad, Milk	Breakfast: Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit Juice, Milk Lunch: Chicken Noodle Casserole or Baked Potato w/toppings	Breakfast: Ham, Egg, & Cheese Biscuit or Cereal Biscuit, Jelly, Fruit Juice, Milk Lunch: Steak Sandwich or Breaded Chicken Sandwich Veggie, Fruit, Romaine		
	Veggie, Fruit, Garlic Bread Romaine Salad, Milk	Salad, Milk		
21	Breakfast: Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit Juice, Milk Lunch: Chicken Pot Pie or Chef Salad Veggie, Fruit, Garlic Bread Romaine Salad, Milk	Breakfast: Scrambled Eggs or Cereal Toast, Jelly, Fruit Juice, Milk Lunch: Meatball Sub or Sub Sandwich Veggie, Fruit, Romaine Salad, Milk	Breakfast: French Toast or Cereal Toast, Jelly, Fruit Juice, Milk Lunch: Chicken Fajita or Beef Taco Pinto Beans, Salsa, Fruit Romaine Salad, Milk	Breakfast: Biscuits & Gravy or Cereal Biscuit, Jelly, Fruit Juice, Milk Lunch: Cheese Pizza or Chef Salad Romaine Salad, Apple Milk
28	29	30	31	1
Breakfast: Sausage, Egg Biscuit or Cereal Biscuit, Jelly, Fruit Juice, Milk	Breakfast: Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit Juice, Milk	Breakfast: Egg & Cheese Omelet or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: French Toast or Cereal Toast, Jelly, Fruit Juice, Milk	Breakfast: Biscuits & Gravy or Cereal Biscuit, Jelly, Fruit Juice, Milk
Lunch: Chili cheese Hot Dog or Baked Potato w/toppings Veggie, Fruit, Romaine Salad, Milk	Lunch: Pulled Pork Sandwich or Baked Potato w/topping Veggie, Fruit, Romaine Salad, Milk	Lunch: Fish Stick or Chef Salad Coleslaw, Fruit, Cornbread Romaine Salad, Milk	Lunch: Ghoulash or Baked Potato w/toppings Blk Beans, Cornbread, Fruit Romaine Salad, Milk	Lunch: Chicken Nuggets or Chef Salad Veggie, Fruit Romaine Salad, Milk