

# Menus

School: Oakdale School District

Academic Year: 2018-19

Meal: All

Month: January 2019

January				
M	Tu	W	Th	F
31	1	2	3	4
7	<p><b>Breakfast:</b> Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit, Juice and Milk</p> <p><b>Lunch:</b> Chicken Nuggets or Baked Potato w/topping Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Scrambled eggs or Cereal Toast, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Steak Sandwich or Breaded Chicken Sandwich Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> French Toast or Cereal Toast, Jelly, Fruit Juice and Milk</p> <p><b>Lunch:</b> Chicken Fajitas or Beef Taco Pinto Beans, Fruit, Salsa, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Biscuits &amp; Gravy or Cereal Biscuits, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Pepperoni Pizza or Chef Salad Romaine Salad, Apple, Milk</p>
14	15	16	17	18
<p><b>Breakfast:</b> Ham &amp; Cheese Biscuit or Cereal Biscuit, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Frontier BBQ Sandwich or Sub Sandwich Baked Beans, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit, Juice and Milk</p> <p><b>Lunch:</b> Fish Sticks or Chef Salad Coleslaw, Fruit, Cornbread Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Egg &amp; Cheese Omelet or Cereal Toast, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Hot &amp; Spicy Chicken Nuggets or Hot Dog Veggie, Fruit, Salad, Milk</p>	<p><b>Breakfast:</b> French Toast or Cereal Toast, Jelly, Fruit Juice and Milk</p> <p><b>Lunch:</b> Frito Chili Pie or Baked Potato w/toppings Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Biscuits &amp; Gravy or Cereal Biscuits, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> BBQ Rib Sandwich or Baked Chicken Sandwich Veggie, Fruit, Romaine Salad, Milk</p>
21	22	23	24	25
	<p><b>Breakfast:</b> Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit, Juice and Milk</p> <p><b>Lunch:</b> Spaghetti w/meat sauce or Baked Potato w/toppings Veggie, Garlic Bread, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Breakfast Burrito or Cereal Toast, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Meatball Sub or Sub Sandwich Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> French Toast or Cereal Toast, Jelly, Fruit Juice and Milk</p> <p><b>Lunch:</b> Steak Fingers or Baked Potato w/toppings Mashed Potato &amp; Gravy, Roll, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Biscuits &amp; Gravy or Cereal Biscuits, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Cheese Pizza or Chef Salad Romaine Salad, Apple, Milk</p>
28	29	30	31	1
<p><b>Breakfast:</b> Yogurt Parfait or Cereal Toast, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Goulash or Baked Potato w/toppings Veggie, Garlic Bread, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Oatmeal or Cereal Cinnamon Toast, Jelly, Fruit, Juice and Milk</p> <p><b>Lunch:</b> Steak Sandwich or Breaded Chicken Sandwich Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Sausage Biscuit or Cereal Biscuit, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Chicken Noodle Soup or Chef Salad Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> French Toast or Cereal Toast, Jelly, Fruit Juice and Milk</p> <p><b>Lunch:</b> Chicken Nuggets or Baked Potato w/toppings Veggie, Fruit, Romaine Salad, Milk</p>	<p><b>Breakfast:</b> Biscuits &amp; Gravy or Cereal Biscuits, Jelly, Fruit Juice &amp; Milk</p> <p><b>Lunch:</b> Hot Ham &amp; Cheese Sandwich or Cheese Melt Veggie, Fruit, Romaine Salad, Milk</p>