

**Programs:**

- Comprehensive Child and Family Therapy (CCFT)
- Tennessee Healthlink (THL)
- Intensive Outpatient Treatment for Adults (IOP for Mental Health and Substance Abuse)
- Intensive Outpatient Treatment for Teens (IOP for Mental Health and Substance Abuse)
- Parenting Group Therapy
- Anger Management Group Therapy
- Medication Management
- Mental Health Assessments
- Substance Abuse Assessments
- Drug Screens

Goals:

- Rapid symptom relief/abstinence
- Prevent relapse
- Explore medication needs
- Improve problem behaviors
- Improve school performance
- Improve social skills
- Improve coping skills
- Improve parent understanding
- Prevent residential
- Restore family relationships
- Reunification
- Meet permanency plan goals
- Reduce separation anxiety

Treatment Team:

- Psychiatrist
- Program Director
- Clinical Supervisor
- Licensed Therapist
- Family Development Specialists
- THL Coordinator and Administrator

Serves:

- Adults (18 and up)
- Adolescents
- Children (4 and up)
- Health Connect serves custodial, non-custodial and resource family homes

Treats:

- Substance abuse
 - Alcoholism
 - Marijuana, cocaine, opiates, meth, bath salts, etc
 - Prescription drug abuse
 - Hydrocodone, oxycodone, stimulants, Xanax, etc.
- Mental Health Issues
- Depression
- PTSD
- Anger/Mood Swings
- Stress Disorder
- Disruptive Behavior
- ADHD
- School Anxiety/Failure
- Treatment for mothers with drug exposed infants

Offers:

- Alcohol & Drug Assessments & Recommendations
- Intensive In-Home Therapy
- Group Therapy
- Behavioral Modification
- Family Therapy
- Parent Education/Training
- Anger Management Education
- Psychiatric Diagnosis Evaluations
- Medication Management
- Healthlink Case Management
- Adult Substance Abuse Groups
- Adolescent Substance Abuse Groups
- And more...

Funding:**Health Connect accepts:**

TennCare (Amerigroup, Blue Care and Americhoice/United Health Care)
 Blue Cross/ Blue Shield and United Community Private Insurance
 Sliding Fee Scale (if client qualifies and is based on household income)
 Private Pay (Cash or Major Credit Cards)