	REHEAT TO
MENU ITEM	TEMP
CHICKEN:	ICIVIP
Breaded Chicken Drumsticks,	
Fajita Chicken, Popcorn	
Chicken, Breaded Chicken	165°F
Patty, Breaded Chicken	
Nuggets, Breaded Chicken	
Tenders	
BEEF:	
Chicken Fried Steak, Beef	16505
Burger Patty, Beef Taco Meat,	165°F
Hot Dog, BBQ Beef	
CHEESE:	
Bean and Cheese Burrito,	165°F
Enchiladas, Lasagna Roll Up,	103 F
Tamales	
BREAKFAST FOODS: Sausage	
Roll, Slider, Pancakes,	165°F
Waffles, French Toast,	103 1
Sausage Gravy Breakfast Bar	
Turkey Corn Dog	
• <b>OVEN:</b> Bake at 375° from	
THAWED for 15 minutes.	165°F
MICROWAVE: On high	
from THAWED for 60	
seconds	
Stuffed Crust Cheese Pizza	
OVEN: bake at 400°F from	165°F
THAWED for 12-14	
minutes	
Cheese Breadsticks, Garlic	
Cheese Flatbread	
OVEN: Bake at 350°F from  THANKED for 12, 14	
THAWED for 12-14	165°F
minutes	
MICROWAVE: On high     from THAWED for 3045	
seconds	



## Union Public Schools

## STAY HEALTHY, CLEAN, AND SAFE

Below are some simple food safety guidelines for your meals.

- Wash your hands before eating a meal.
- Cold meals should be eaten immediately or refrigerated within 2 hours of receiving the meal. Foods like dairy (milk, cheese, etc.) and meats should be quickly refrigerated at a temperature of 41° F or lower.
- Hot meals should be eaten immediately or refrigerated within 2 hours of receiving the meal. Any hot foods should be held at a minimum temperature of 135°F.
- Hot foods should be reheated to a minimum temperature of 165°F or higher before eating.
- Any leftovers from a meal should be thrown out after 5 days of receiving it! Throw out any meal is left out for 4 hours or longer at room temperature.
- Any FROZEN items should be quickly placed into a freezer within 30 mins of receiving the food.
- Frozen food should be prepared properly.
   General guidelines would be to cook all meats and items containing dairy to 165°F or higher and frozen vegetables to 135°F or higher.