



Meeting Minutes

6 April 2022

Meeting called to order by Committee Co-Chair, Cori Stegenga at 1803

Members & Staff Attendance: *John Krampitz, Tisha Piwetz, Bruce Russell, Brooke Sohl, Callan Landolt, Ellis Burrill, Elizabeth Moore, Brian Pendleton, Meridith Taylor, Renee Hillis & Cori Stegenga*

Guest in Attendance: *Cherrie Stunz*

I. Approval of SHAC Meeting Minutes dated 2 March 2022

John Krampitz moved to approve

Brian Pendleton seconded the motion

All committee members present approved meeting minutes

II. Port Aransas ISD Wellness Plan & Evaluation - Renee Hillis

Renee Hillis explained that on the Wellness Plan under Nutrition Guidelines, "PAISD will publish the Competitive Food Nutrition Standards Exemption Days on the website each school year." sentence will be replaced by "State rules adopted by the Texas Department of Agriculture (TDA) allow an exemption to the Smart Snacks requirements for up to six days per year per campus. Each campus principal will schedule the exemption days and publish the dates in the student handbook."

The Port Aransas ISD Wellness Evaluation was reviewed with Ms. Hillis leading. All categories were reviewed by the committee and appropriate changes were made.

III. CATCH Roll-Out Week - Cori Stegenga & John Krampitz

- Theme IV Roll out on 19 March 2022

- "I Like to Move It, Move It!"

- "I Like to Cook It, Cook It!"

- Bulletin Board to display pictures

Cori Stegenga explained that this will be the final theme for the 2021-2022 school year. Family members will email Cori pictures of their student "moving" and/or "cooking". These photos will be hung on special bulletin boards at both OES and BMS. PAHS CATCH Committee will be coming up with one last activity for Theme IV for their Campus. We will end the week with fresh fruit being handed out to all students as they leave school for the weekend.

John Krampitz spoke about how next school year's CATCH program will entail more informational time for students and staff.

IV. Aim For Success - Presentations - Cori Stegenga

- Student presentations completed 25 March 2022
- Feedback from Principals/Staff:
 - More time with 5th grade presentations
 - Have both a female and male presenter
 - Split presentations up into male/female groups
 - Smaller group sizes and same sex groups to promote questions

Cori Stegenga reviewed above comments in regards to Aim For Success presentations on all three campuses.

A few committee members questioned possibly finding a curriculum that would cover safe sex practices. Members were reminded that "Aim For Success" program follows TEKS and that Texas mandates an abstinence based sex education curriculum.

- <https://www.aimforsuccess.org/sexualhealth>

V. "Our Vision of the Future" Follow-up Discussion

- Activities/Times/Locations from Student Council

Cori Stegenga received feedback from the PAHS Student Council members in regards to summer activities for students off campus. Students were interested in the following: Surfing, Cooking Classes, Board Game Club, Art Classes, Volleyball Tournament, Dodgeball Games and Weight Lifting.

ACE will provide open gym time and access to the weight room during the summer.

- Young Life Summer Activities

Cherrie Stunz checked. Young Life will be holding another event in May. She inquired if YL would be interested in hosting an event in June and July. Will await further feedback.

- Police Presentation - Liz Moore

Liz Moore stated she needs to do more research on this. Will re-address at a later time.

VI. Health and Wellness Fair - Monday, 16 May 2022

- 27 Booths/Tables as of 6 April 2022
 - List of current vendors provided to SHAC

Cori Stegenga voiced that she just received confirmation from South Texas Family Planning that they will be able to administer immunizations for students without Health insurance coverage. CVS in Port A agreed to set aside a date and time for student immunizations to be given at their store, as with only having two pharmacists on staff, they are unable to attend the health fair.

Committee asked if there can be a booth for CPR. Cori agreed to look into this.

Cori handed out flyers for the Health & Wellness Fair and asked members to distribute to businesses in the community.

VII. New Items

Cori Stegenga stated that an email was sent out to all members asking if they would like to remain on the SHAC for the 2022-2023 school year. Members are asked to reply to email. Members also asked to email Cori Stegenga if they would like any items added to the next meeting's agenda and if concerns and/or questions arise prior to the next meeting.

VIII. Adjourn

- Next meeting will be held in September 2022 at the beginning of the 2022-2023 school year.

