Minutes for SHAC Meeting
May 5, 2022

Meeting was called to order by Dr. Stout at 12:03 pm.

Attending Members: Dr. Stout, Megan Ellis, Megan Jurach, Candice Wood, Lori Soliz, Emma Sais, Cassandra Hinojosa, Joshua Robinson (Baptist Minister and new member), Faron Troup, Eileen Troup, Virginia Lopez, Monica Chica, V. Sandoval, Nicole Alonzo, Maribel Arredondo, April Kneuper, and Andy Reddock.

We reviewed Health Start Programs. There are 3 different ones for Welder Elementary and are $3,500 a year with a multi-year discount. If we extend to Sinton Elementary, the price will have to be adjusted.
  - We will receive a survey about this curriculum then vote on adopting certain ones or all 3 of them.
  - Then we must present this to the Board.

Next, we discussed the TEA approved curriculum that Dr. Reddick, Superintendent, recommends us use. It is online only for Middle School and High School students.
  - Dr. Stout will send a link for us to review this curriculum. We will vote on it and then present to the board. All seem very interested since it is TEA approved.

Then Maribel Arredondo with Purple Door did a presentation from the Women’s Shelter.
  - They provide education in schools and community about family & sexual violence, etc.
  - This is not a curriculum; it is a supplement program we can add in addition to curriculums.
  - It can be tailored to be appropriate for certain grades, but it is mainly intended for Middle School and High School students.
  - It is normally 7th grade and up, but it can be made for 5th and 6th as well.
  - They can present their program with males and females together or separate…whichever we choose.

Children’s Advocacy Center presented next.
  - This is a free service
  - They do presentations to teachers, staff, and Elementary students.
  - Happy Bear is a 20min program for PreK-Second
  - Internet Safety presentation for 3rd-6th grade is about 40-45 minutes.
  - No more than 100 students at a time in presentation; they will work with schools on when to come present their program.

Next, Virginia Lopez and Monica Chica with San Pat Health Department presented out of Mathis. They are mainly available to help the staff in our schools.
-They can give surveys about vaccinations, etc.
-They keep everyone current on Covid info, etc.
Nicole Alonzo spoke briefly and said she can work with schools on healthy option food in
concessions etc.
April Kneuper spoke briefly about programs on diabetes prevention, etc.

**Wellness Policy**- We need to review this and update at next meeting

Dr. Stout is working on the Tri-Annual Assessment. We will look over it at our next meeting and
approve so it can be presented to the board for approval. It is due at the end of June.

**AED machines** were discussed. We would like to add them to nurses offices on all campuses,
give to coaches, band etc. We applied for a grant and Dr. Stout will keep us posted.

**Business for next meeting:**
-We need to discuss exactly what curriculum and programs we want to adopt so we can present
  them to the Board.
-Review the Wellness Policy
-Review and approve the Tri-Annual Assessment so it can be presented to the Board.
-Update on the AED machine grant
-May need to meet with Super Intendent Dr. Reddick about Health Start programs.
-Get everything together that needs to be presented at upcoming Board meeting.

Next meeting is May 26, 12:00pm via Zoom.
Meeting was adjourned by Dr. Stout at 1:15pm.