



Advocacy + Access
+ Partnership = Opportunity

SINTON INDEPENDENT SCHOOL DISTRICT
P.O. Box 1337 • 322 South Archer Street
Sinton, Texas 78387
Phone: (361)364-6816

Department of Food Services

Silke West
Food Service Director

Diane Marroquin
Administrative Assistant

School Year: 2021-2022

Food Service Meal Pricing Information

For the 2021-2022 school year, Sinton ISD is approved to operate the Seamless Summer Option (SSO) program which allows the Sinton ISD food service department to provide breakfast and lunch meals for all Sinton ISD students, at no cost to the student. Typically, a student's household must meet income eligibility requirements to qualify for free or reduced-priced meals. However, USDA issued guidance that allows schools to offer meals to all students at no cost for the 2021-2022 school year. Each enrolled SISD student is permitted access to one breakfast and one lunch, per day, at no charge.

Please note, at Sinton ISD, students have access to purchase extra meals, menu/snack items and beverages. Sinton ISD does not allow charging of these extra/additional items, therefore, students must have either a positive food service account balance or cash at the time of purchase in the amount sufficient to cover purchases. In addition, when a student selects more menu items than the planned meal (see menus posted on district website <http://www.sintonisd.net/wp/index.php/food-service/>), the student will be charged a la carte pricing for the additional items at the time of purchase.

Please feel free to make a payment(s) to your child's food service account to allow for extra purchases. Payments are accepted at the cash registers as well as may be made online via www.lunchmoneynow.com. If you send a payment with your child, we encourage payment in the form of a check with a note "for food service account".

Please find below information related to menu/meal items...

Breakfast: Includes up to 4 items (*student must have a minimum of 3 items in which one item must be a 1/2 cup of fruit or juice to meet the meal requirements and for the meal to be provided at no charge*).

- Choose 1: **Main Dish** (Counts as 1 item)
- Required/Choose 1: **Fruit or Juice** (**Please remind your child to select a fruit or juice**) (Counts as 1 item)
- Choose 1 or 2 different items from the following...
 - Milk: 1% white or Fat Free Chocolate
 - Another fruit
 - Grain Item: Breakfast Crackers
- Note, some menu days may include additional items. The first serving of the item on the menu is provided at no extra charge.
- Additional servings/ items will be charged at a la carte prices. See pricing on district website.

Lunch: Includes up to 5 components (meat, grain, vegetable, fruit, milk) (*student must have a minimum of 3 components in which one must be a 1/2 cup of fruit or vegetable to meet the meal requirements and for the meal to be provided at no charge*).

- Choose 1: **Main Dish** (Counts as 2 components on Sinton ISD menu)
- Required/Choose 1: **Fruit or Vegetable** (**Please remind your child to select a fruit or vegetable**) (Counts as 1 component)
- May choose up to 2 *different* components from the following...
 - Milk: 1% white or Fat Free Chocolate
 - Another fruit
 - Another Vegetable
- Note: Some menu days may include additional items such as a dessert. The first serving of a dessert item is included with the lunch meal and at no cost to the child.
- Additional components/menu items/extra desserts will be charged at a la carte prices. See pricing on district website.

Note: Not all items are sold at all locations. Please check with the Cafeteria Manager for items sold at a particular campus. All items sold to students meet Smart Snacks federal regulations.

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Pricing for Extra(s) / A La Carte Food and Beverage Purchases

School Year: 2021-2022

***All items meet Smart Snacks regulations**

Item	Price
Mini Rice Krispies Treat	\$0.25
Mini Brownie Cup	\$0.50
Crackers: Goldfish or Cheez Its or Animal Crackers	\$0.50
Small Water	\$0.75
Fruit (Fresh, Canned, Frozen, Dried)	\$0.75
Juice (4 oz.), 100%	\$0.75
Milk, all varieties	\$0.75
Chocolate Chip Cookie, Whole Grain, Individually Wrapped	\$0.75
Hot Vegetable (<i>Available to adults only due to ingredient additives</i>)	\$0.80
Large Water	\$1.00
Chips, Baked, All varieties	\$1.00
Rice Krispies Treat, Whole grain	\$1.00
Regular Ice Cream (Cup, Bar, Sandwich)	\$1.25
Filled Cookie, Large	\$1.25
Breakfast Entree	\$1.40
Envy/Switch/Izzie Juice, 100% (<i>Available only to: MS students, HS students, Staff and Adults</i>)	\$1.50
Diet Soda, Assorted (<i>Available only to: HS students, Staff and Adults</i>)	\$1.50
G2, Assorted (<i>Available only to: HS students, Staff and Adults</i>)	\$1.50
Ice Cream Cone, Large/Specialty Cone	\$2.00
Lunch Entree	\$2.50
Student Second Meals	Breakfast: \$2.25 Lunch: \$3.10
Sinton ISD Staff Meals (Includes 1 beverage; Choices: tea, bottled water, diet soda or milk)	Breakfast: \$2.75 Lunch: \$4.75
Visitor (Adult or Child) Meals (Includes beverage) (Includes 1 beverage; Choices: tea, bottled water, diet soda or milk) Note: Soda not to be sold to students under 9 th grade.	Breakfast: \$3.25 Lunch: \$5.25

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