



MARCH

2021

SHALLOWATER ISD



m

Steak Fingers
Philly Cheesesteak Sandwich
Potatoes
Tomato Cup
Strawberries & Bananas

1.

t

Spaghetti
French Bread Pizza
Garden Salad
California Blend Veggies
Fruit Cup

2.

w

Boneless Chicken Wings
Beef Stew
Celery Sticks
Carrots
Peaches Pudding

3.

th

Mexican Combo Plate
Quesadilla
Corn
Beans
Fresh Fruit

4.

f

NO SCHOOL

5.

Corn Dog w/ Tater Tots
Oven Roasted Chicken
Savory Green Beans
Tomato Cup
Fruit Cup

8.

Nachos Grande
Soup w/ cornbread
Beans
Cucumbers
Apricots Ice Cream Cup

9.

Chicken Sandwich
X-Treme Burrito
Fresh Veggies
Fruity Gelatin

10.

Asian Chicken
Hamburger Steak
Crunchy Broccoli Salad
Mandarin Oranges

11.

Pizza
Fiesta Bowl
Carrots
Garden Salad
Fresh Fruit Cookie

12.

NO SCHOOL

15.

NO SCHOOL

16.

NO SCHOOL

17.

NO SCHOOL

18.

NO SCHOOL

19.

Texas Basket
Ham/cheeseburger
Oven Fries
Cucumbers
Strawberries

22.

Tex-Mex Stack
Chicken Fajitas
Beans
Carrots
Hot Cinnamon Apples

23.

Chicken Alfredo
Pizza Pocket
Tuscan Veggies
Garden Salad
Peaches Cookie

24.

Ranchero Wrap
Country Pot Pie
Tomato Cup
Corn
Snowball Salad

25.

Mustang Bowl
Breaded Pork Chop
Mashed Potatoes
Savory Green Beans
Fresh Apple Slices

26.

Enchiladas
Taquitos
Beans
Corn
Fresh Fruit Cookie

29.

Meatball Sub Sandwich
Chicken-n-waffles
Tater Tots
Fresh Veggie Cup
Strawberries

30.

Chicken Nuggets w/ Mac & Cheese
Asian Chicken w/ Egg Roll
Garden Salad
Grapes

31.

Special Announcements:
Variety of milk served daily
Menus are subject to change without notice

- School Breakfast Week Mar. 8-12



ECLIPSE EGGS



An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14 5 7 7 19 20 5 12 12
 10 15 11 5 19 , 1 18 5 20 8 5 25
 3 1 12 12 5 4 25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
 This institution is an equal opportunity provider.



Food and Nutrition Division
 National School Lunch Program and School Breakfast Program



Updated 01/2020
www.SquareMeals.org