

# **Athletic Policy**

## **2020-2021**

*The following policy will be for all sporting events at Chillicothe ISD. Please read the policy carefully and return the signed portion to the athletic director. Failure to comply will result in ineligibility to participate until accomplished.*

## **Athletic Department Goals:**

1. Through a process of self-evaluation and guided mentorship, the coaching staff will strive to ensure student-athletes make improvements in their skills as a player, pupil, and citizen.
2. As we continue to exceed our individual capabilities, the focus will remain centered on the district's vision: Enter to Learn; Exit to Serve.

## **Academics:**

1. The athletic department will stress the value and importance of success within the classroom above that on the field of play. Remember, extracurricular activities are a privilege. The UIL policy is no pass, no play.
2. Coaches will coordinate with classroom teachers to compile a list of students in need of morning tutorials. Teachers may recommend morning tutorials based on class average, missing work, and/or poor conduct in the classroom. (Note: Morning tutorials will be 7:15 - 7:45 in Mrs. Coach M's and Coach Woodard's classrooms. The list will be posted outside the office for all student-athletes to check. You must continue to report to morning tutorials until your name is no longer on the list. Student-athletes who fail for the six-weeks must report to morning tutorials for Three (3) weeks.
3. Morning tutorials is NOT a punishment. It is an opportunity to improve your academic skills. It is the equivalent to an athletic practice.

4. Missing or being late to morning tutorials, beyond circumstances out of your control, will result in disciplinary conditioning at the discretion of your coach.

## **Expectations:**

1. Your coach will communicate with you and relay valuable information such as game times, practice, cancellations, etc. It is imperative that we maintain an open line of communication. You need to ensure you arrive early to adjust for any changes that may occur. Failure to travel on the bus to events will result in failure to participate. The only exceptions to this are serious emergencies and participation in other school-related activities.
2. Missing practice due to an unexcused absence will result in an automatic one-mile run plus conditioning for the missed practice. Missing practice will result in loss of game time. Two or more unexcused absences may result in the removal from the team.
3. The locker rooms have two purposes: change clothing for athletics and team meeting location. NO EXCEPTIONS. It is not a hang-out. Get in, take care of what you need to, and get out. Locker rooms will be kept clean and organized at all times. Your coach will explain how lockers are to be arranged and organized. Failure to comply will result in disciplinary action to be determined by your coach.
4. Workout clothes will be issued and recorded in a database maintained by the athletic department. Your assigned clothes will be the only attire allowed for use during practice. Report damaged or torn clothing to your coach. Lost clothing will be replaced at your cost. \$15 per item will be the required fee.
5. You will be respectful, courteous, and polite at all times. This includes in the classroom, on the field of play, traveling to and from events, and while visiting other schools. We are there for a reason. Stay focused. Any unsportsmanlike conduct will, at a minimum, result in a one-mile run. Your

coach may add more punishment as they see fit. Further disciplinary action may be required by campus administration.

6. The weight room will be kept clean at all times, the weights will be properly racked, and all trash will be picked up. Horseplay will not be tolerated. Never lift alone, always have a spotter. Water is the only food/drink allowed in the weight room.

### **Serious Offenses:**

*As members of the athletic department, you will be held to a higher standard than that of your peers. In regards to confirmed criminal activity and/or the use of drugs and alcohol, the Chillicothe ISD policy will be in effect for 1st, 2nd, and 3rd offenses as well as the following actions:*

1. The first offense will result in 20 miles of running plus a one-week suspension from the athletic program.
2. The second offense will result in 50 miles of running plus a six-weeks suspension from the athletic program.
3. The third offense will result in 60 miles of running plus a one-calendar year suspension from the athletic program. All running will be conducted at the track under the supervision of a coach. The student-athlete will have 30 minutes upon completion of team practice to condition. No walking will be allowed. All conditioning must be completed before the athlete may participate.

### **Miscellaneous:**

1. Quitting a sport is highly discouraged. We, as a coaching staff, ask that you put forth your best effort in all that you do. We will have fun, learn together, and grow in every aspect of the game and life. Quitting a sport after the first

two weeks of practice will result in a mandatory 20-mile run prior to being allowed in the next sport.

2. ISS/Suspension of classes due to discipline/behavior issues will render you ineligible to participate in the next game or competition. You must be released from ISS/suspension and returned to your regular schedule before you may rejoin your team in competition. ISS/suspension is considered an unexcused absence from practice. (Refer to unexcused absence procedures mentioned previously.)
3. Student-athletes who would like to travel home with parents/legal guardians after contests must be signed out in the presence of the head coach.
4. All student-athletes, in regards to days of competition, must be dressed in the following manner:
  - a. Boys - Red collared/polo shirt; NICE jeans (no holes)
  - b. Girls - Red collared/polo shirt; NICE jeans (no holes)
5. A letterman jacket will be awarded to student-athletes who successfully complete their first year of UIL varsity competition at the high school level.
6. Any situation not covered by this athletic policy will be resolved by the athletic director with advisement from coaches and campus administration.



## **Parent & Student Agreement Form**

**I agree to adhere to the above rules and regulations. I understand that failure to do so at any time will result in the disciplinary actions as stated above.**

---

**Student's Printed Name**

---

**Student's Signature**

**I understand the rules and regulations stated above and will help guide our athlete to adhere to these rules.**

---

**Parent/Guardian's Printed Name**

---

**Parent/Guardian's Signature**