

BLAND ISD
School Health Advisory Council Meeting (SHAC)
October 27, 2020

Members

Alonso, Monica	Student Representative
Arrington, Randy	Food Service Administrator
Bently, Daniel	Merit Volunteer Fire Dept
Black, Jennifer	Bland Elementary Physical Education
Gardner, Matt	Police Office Bland ISD
Godwin, Rodney	Athletic Director
Gracia, Rebecca	Parent
Hernandez, Antonia	Parent
Hurst, Samantha	Business-Parent
Leathers, Tammy	PTO-Parent
Majors, Jim	Clergy
Marsh, Diana	District Nurse
McLemore, Nicole	PTO-Parent
Molck, Renea	Parent
Morris, Charity	Bland ISD Counselor
Nelson, Joey	Student Representative
Owen, Cinda	Bland ISD-Elementary Principal
Ramsey, Amy	Community Resource
Reyes, Gemma	Student Representative
Rochester, Darcie	Bland ISD -Counselor
Roper, Danny	Bland ISD- Elementary Physical Education

Introductions

- Introduction of those present
- Reading of SHAC Philosophy
- Reading of SHAC Mission Statement
- Explained why a SHAC committee is required (Title 2, Chap. 28, Sec 28.0004 of Texas Ed. Code)
- Explained what a School Health Advisory Council is composed of
- Benefits of SHAC

District Enrollment: Total: 724(BES: 324 BMS: 188 BHS: 212)

Remote Learners ES 22%

MS 9.04%

HS 25.9% will go to 22% once isolated students return

Coordinated School Health focuses attention on these priority areas for the most effective and efficient way to meet the health needs of young people.

- **Comprehensive School Health Education**
 - CATCH Program
 - Proposed Health presentations/programs for 2020-2021 school year:

- Elementary—Poison Control
- Middle School—Social Media
- High School—Driving Under the Influence

The above programs were well accepted by members and voted to move forward with implementing measures to contact community agencies and resources and set dates.

- **Physical Education**

Mrs. Owen and Mr. Godwin spoke on behalf of the Physical Education Dept and stated that main concern for this school year is the continued implementation of the Fitnessgram for in-person and remote learners. Currently, TEA has not changed the requirement of this student physical assessment.

State law requires school districts to annually assess the physical fitness of students enrolled in grade three or higher and to provide the results of individual student performance on the administered physical fitness assessments to the Texas Education Agency (TEA). The Physical Fitness Assessment Initiative (PFAI) is a program designed to collect and analyze the required student physical fitness data. <https://tea.texas.gov/texas-schools/health-safety-discipline/physical-fitness-assessment-initiative> October 2020

- **School Health Services**

- Health Aide—Sara Bentley YAY!!!!!!
- State Required Screenings—remote learners are still required to be screened. Their option is to be screened by their primary care physician or sign up for a time slot here at the school on Dec. 11th.
- Diligently implementing practices in regards to Prevention, Monitoring, Management and awareness of COVID19.

- **Nutrition Services**

Per email from Randy Arrington: Numbers depend on the day, but about <20 per day. Numbers can get as low as <10

- **Counseling and Social Services**

- Middle School Interventions
 - Youth 180: See next sheet
 - Classroom/Small group sessions address anger, social interaction, making and keeping friends, etc.
 - Drug Free week—October 26-30
- High School Student Council works with Counselor on Drug Free Program
- High School Counselor—Student Lessons during Tiger Time
 - Social Matters, College/Career Readiness, Overcoming, Goal Setting

- **Health School Environment**

District Police Officer – Chief of Police Matt Gardner

This is his first year with Bland ISD and he has already made such a positive impact on students and staff. He is eager to get into the classrooms and actively engage in student

education on various topics. He is a positive and reassuring presence within the school community.

- **School-Site Health Promotion for Staff**

Oct. 6, 2020 Flu shot clinic—67 individuals served including staff, spouses, and kids

Oct. 29, 2020 Mobile Mammography—Rescheduled to Nov. 5 due to bus repair—Notified on Oct. 27 that repairs were more complicated than expected and Mobile Mammography dates for the Months of Nov-Dec have all been cancelled. Hunt Regional is reaching out to our registrants and encouraging them to come up to the hospital for screening. Monthly Health Newsletters provided to all employees via email—Bymaster does this for us.

- **Family and Community Involvement**

- Backpack meals—Hunt County Shared Ministries—Fish Ministries

- Merit Volunteer Fire Dept. —Visited PK —Fire Safety

- Food Boxes—Hope For You (Farms to Families Food Boxes)

- Picked up by Merit Volunteer Fire Dept. and families are encouraged to go by and pick up a box. No qualifications required.

- Supporting Bland Families

- 2 weeks of groceries during Holiday Break

- Holiday Meal

- Clothes (Holiday Gift)

- Distribution date

- Mrs. McLemore inquired of Coat Drive and Food Drive

- Provided with Beta Club Contact info—Micha Flowers

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Open Discussion/Questions

Next meetings Dec. 15, 2020—Feb. 16, 2021—May 28, 2021

BISD Educational Mission Statement

The mission of the District is to encourage and support the personal growth of its students in their development of attitudes, knowledge, and skills. The most important skills to be taught are how to think, how to learn, and how to act.

See Attached info on Youth 180

Youth 180

Youth180 is a non-profit agency providing treatment and prevention services to adolescents and families since 1984. Youth180 prevention services are funded by the Health and Human Services Commission (HHSC). Programs are free of charge to you and your students! Over the past 19 years, Youth180 has provided evidence-based programs in various Independent School Districts throughout Dallas County.

Positive Action is a school-based prevention program for students ages 6 -18 that has components for all parts of the school, the family and the community. It works on many levels of the school from the individual to the classroom to the entire school system. It addresses all areas of self to include the physical, intellectual and social/emotional skills to build resiliency against risk factors and control early signs of substance abuse and emotional distress.

The Positive Action program goals:

- Reducing problem behaviors – like substance abuse and bullying
- Improving academics and behavior
- Improving your social and emotional learning
- Improving your mental and physical health

Positive Action Program Structure:

1. The required Middle School (6th – 8th grade) PA lessons are taught in 8 – 10 days. The required High School (9th – 12th grade) PA lessons are taught in 10 – 12 days.

2. A PA class is made up of students who meet the following criteria:

- General audiences within the community and schools
- Individuals who are exhibiting problem behaviors.
- Individuals determined to be more vulnerable to substance use
- Individuals who may show early signs of substance use or misuse.
- Individuals already using substances or engaged in other high-risk behaviors.
- Referred by school personnel & meet 1 or more of the first three criteria.

3. PA is an evidence-based program: When tested with potential high school dropouts, PA had significant effects:

Academics

- Increase 20.7% State reading tests
- Increase 51.4% State math tests
- Decrease 72.7% Grade retention
- Decrease 28% Absenteeism

Behavior

- Decrease 62% Violence
- Decrease 51% Bullying
- Decrease 85% Disciplinary referrals
- Decrease 73% Suspensions
- Decrease 83% Voluntary sexual activity
- Decrease 37% Drop out rates
- Decrease 46% Alcohol use
- Decrease 70% Got drunk
- Decrease 47% Tobacco
- Decrease 73% Illegal/marijuana

Pro-Social Behavior/Character

- Increase 19% Pro-social Interaction

- Increase 23% Self-Control
- Increase 28% Respect for Teacher
- Increase 24% Respect for Parent
- Increase 13% Self-Concept