

**BLAND ISD**  
**School Health Advisory Council Meeting (SHAC)**  
**December 17, 2019**

**Members**

- **Alonso, Monica**
- **Bently, Daniel**
- **Gracia, Rebecca**
- **Hall, Austin**
- **Hernandez, Antonia**
- **Hitchcock, Cindy**
- **Leathers, Tammy**
- **Majors, Jim**
- **Marsh, Diana**
- **Molck, Renee**
- **Owen, Cinda**
- **Reyes, Gemma**
- **Roper, Danny**

**Guest Speaker:**

Cindy Hitchcock

Hunt Co Emergency Medical Services

American Medical Response- Hunt/ Collin Counties

Admin Assist/Payroll Cord/Accounts Payable/ NREMT-B/EMS Instructor/CPR Instr/Child Safety Seat Tech

Based on committee vote; “Shattered Dreams” is the project of choice for the 2019-2020 school year. Due to complexity and time restraints no other major projects have been adopted.

Shattered Dreams Program—“Shattered Dreams” is designed to be a comprehensive underage drinking and impaired driving prevention program that involves the school administration and faculty, students, parents, community organizations, law enforcement, emergency medical services, and area hospitals in the planning and implementation of the activities.

**Objective:**

- Awareness of consequences of underage drinking and impaired driving
- Promote responsible decision-making among high school students
- Change teens’ beliefs about alcohol (expectancies and social norms)
- Create positive peer influence and communication about alcohol risks among teens
- Increase awareness of the negative health and legal consequences of underage drinking and impaired driving among teens and parents
- Increasing knowledge of underage drinking (zero tolerance) laws among teens and parents
- Increasing communication about alcohol risks between teens and parents

Date of Presentation of Program Thursday March 5, 2020

**Speaker Notes**

Program has been executed at surrounding districts such as Wolfe City, Quinlan, Commerce, Rockwall, and Caddo Mills. The program can range from large scale such as Rockwall ISD or small scale such as one conducted at Wolfe City ISD. Some programs utilize a 1 year planning session, whereas many effective programs have been organized within a few months of strategic planning.

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Cindy and her team will assist Bland ISD with planning and implementing the program:

- Developing scenario and securing location
- Obtain appropriate law enforcement agency approval to participate in the program
- Contacting additional emergency response teams (Fire, Wrecker Service, Hospital)
- Providing required waivers for participation
- Locate crash vehicles at impound lots or junkyards
- Meet with SHAC and volunteers throughout planning process and provide updates as needed

Student body representatives stated that they felt that distracted driving was a greater concern for teens than underage drinking. They support the main concept of Shattered Dreams; however, representatives would like to incorporate or substitute with distracted driving such as – Texting while Driving. Another suggestion from SHAC member was to address use of seatbelts. Cindy stated that the scenario can be modified and adapted to meet our specific and immediate needs. It has been suggested that a student body survey be conducted in order to determine which concept is of greatest concern; suggestion has been agreed upon by SHAC committee.

Student body survey prepared, collected, and counted by Julie Harris (BHS secretary) and poll is as indicated:

- 137 participated in survey
- 28.5% reported underage drinking as a concern
- 71.5% reported distracted driving as a concern

Reports provided to SHAC via email and it has been voted that **distracted driving** will be the focused scenario for Shattered Dreams.

SHAC (High School representatives) invite 8<sup>th</sup> grade to participate in program. They feel that 8<sup>th</sup> graders are preparing for driver's permit and should be aware of consequences of irresponsible driving.

Next meeting tentative for mid-later part of January 2020.

Additional Notes:

In collaboration with Cindy Hitchcock and Hunt Co Emergency Medical Services and American Medical Response, 100% of Bland ISD employees are trained in STOP THE BLEED.

### Open Discussion/Questions

Concerns voiced in regards to opting out – Students/parents may exercise right to opt out of program participation/viewing.

### BISD Educational Mission Statement

The mission of the District is to encourage and support the personal growth of its students in their development of attitudes, knowledge, and skills. The most important skills to be taught are how to think, how to learn, and how to act.

Next Meetings -----

There will be some additional meetings as needed during the planning and implementation of the Shattered Dreams Program. Those will be announced as they arise.

Regular Scheduled Meetings:

February 18, 2020	8:30 am	High School Library
May 19, 2020	8:30 am	High School Library