

BLAND ISD
School Health Advisory Council Meeting (SHAC)
October 22, 2018

Present

Michael Creasey	Heath Jackson	Danny Roper
Tanya Gould	Diana Marsh	
Rebecca Gracia	Holly McNeely	
Erin Gray	Lisa Morquecho	
Megan Gunnels	Kimberly Perez	

Introductions

- Introduction of those present
- Reading of SHAC Philosophy
- Reading of SHAC Mission Statement
- Explained why a SHAC committee is required (Title 2, Chap. 28, Sec 28.0004 of Texas Ed. Code)
- Explained what a School Health Advisory Council is composed of
- Benefits of SHAC

District Enrollment: Total: 724 (BES: 173 BMS: 173 BHS: 210)

Coordinated School Health focuses attention on these priority areas for the most effective and efficient way to meet the health needs of young people.

- **Comprehensive School Health Education**
 - Students in Pk-12 will receive alcohol and drug abuse awareness throughout school year, will Utilize Alcohol/Drug Abuse Awareness week during Oct. 22-26th
 - HIV/STD, pregnancy, and abstinence awareness P.A.P.A video
 - Classroom presentation to elementary students in importance of Handwashing.
 - Proposed New 19 TAC Chapter 74, Curriculum Requirements, Subchapter C, Other Provisions, §74.39, Requirements for Instruction on Proper Interaction with Peace Officers

SUMMARY: This item presents for first reading and filing authorization proposed new 19 TAC Chapter 74, Curriculum Requirements, Subchapter C, Other Provisions, §74.39, Requirements for Instruction on Proper Interaction with Peace Officers, to implement Senate Bill (SB) 30, 85th Texas Legislature, Regular Session, 2017, regarding required instruction on proper interaction with peace officers.

The 85th Texas Legislature, Regular Session, 2017, passed SB 30, also known as the Community Safety Education Act. The legislation adds TEC, §28.012, to require the SBOE to enter into a memorandum of understanding with TCOLE to establish the respective responsibilities of each agency in developing instruction, including curriculum and instructional modules, on proper interaction with peace officers during traffic stops and other in-person encounters. The required instruction must include information regarding the role of law enforcement and

the duties and responsibilities of peace officers; a person's rights concerning interactions with peace officers; proper behavior for civilians and peace officers during interactions; laws regarding questioning and detention by peace officers, including any law requiring a person to present proof of identity to a peace officer, and the consequences for a person's or officer's failure to comply with those laws; and how and where to file a complaint against or a compliment on behalf of a peace officer.

- ✓ This will be taught during the fall semester at the High School. Instruction will be led by Troopers Brandon Biggins and Shoemaker

- **Physical Education**

- Fitness Gram grades 3-12
 - Goals are to increase strength and flexibility
 - Currently working on soccer and basketball skills
- Jump Rope for Heart has changed name to "Kid's Heart Challenge". This event will begin in January 2019.
- Puberty Education to all 5th graders (genders are separated for viewing/teaching)

- **School Health Services**

- Vision and Hearing Completed at all required levels and PRN
- Scoliosis

In past the screenings were conducted on male and female students in grades 5 and 8, however recent changes in the Texas Legislative session, House Bill 1076 requires that the screening procedure align as follow:

Requirements for the 2018-2019 School Year

In compliance with Health and Safety Code, Chapter 37, all children shall undergo screening for abnormal spinal curvature in accordance with the following schedule:

Girls will be screened two times, once at age 10 (or fall semester of grade 5) and again at age 12 (or fall semester of grade 7).

Boys will be screened one time at age 13 or 14 (or fall semester of grade 8).

- Bland ISD will conduct screenings based on grade level: females in grades 5 & 8 and males in grades 8. However during the past 2 legislative decisions some students were left in a gap, therefore there will be some 9th grade females and 10 grade males that must be screened. School physicals will be used as authorized documentation for those who are required to be screened.
- Entire District is compliant in immunizations.
- Hunt County Lions Club has volunteered their services for PK vision screening for the 2019-2020 school year. They will conduct the screening utilizing authorized screening tool that will digitally record distance acuity. Contact person is Randall Rather.

- **Nutrition Services**

- District is in review process—January –February.
 - M. Creasy reports that Food Service is in compliance and meets all required standards.
- Currently 56% of district is Free/Reduced meals.
- Nutrition Nuggets Newsletter for Elementary Students
 - provided to students/family as hard copy, posted monthly on district webpage as well as on BISD Food Service FB page.
- Meal applications available online

- **Counseling and Social Services**

- College and Career Readiness
 - Career Day held Oct. 12th
- New member to SHAC—Amy Ramsey with Hunt County Children’s Advocacy
- PTO Boosterthon Fun Run—November 16th
 - Builds Character: focusing on Science, Technology, Engineering, Mathematics
- Red Ribbon Week Oct. 22-26th
 - Back Pack Meals every Friday—Provided by the FISH Ministries of Hunt County

- **Health School Environment**

- Security Doors all campuses
- Fire Drills, Severe Weather Drills, Lockdown/Shelter in Place Drills, Playground assessments
- Department Of Safety—DPS offices hosted at Middle School and High School Campus
- Drug testing –Random selection of Middle school and High School Students

- **School-Site Health Promotion for Staff**

- Flu Vaccinations Oct. 2nd
 - 27 participated
- Employee Wellness Oct. 17th
 - 11 participated (a decrease from last year)
 - Survey to determine cause for non-participation

Continue with Staff Wellness Opportunities

Introduce new concepts/incentives (ex. 10 min chair massages-will continue to brainstorm.

Employee newsletter sent out via email: [LIVE WELL, WORK WELL](#). The newsletter is very informative and targets variety of topics such as stress, healthy eating, hypertension, mindfulness.

- **Family and Community Involvement**

- Fall Carnival October 25th (possible cancellation due to heavy rains)
- Red Ribbon Week Oct. 22-26th
- Back Pack Meals every Friday—Provided by the FISH Ministries of Hunt County
- Family Holiday Meals for December. Monetary donations are welcomed.
- Career Day at BMS—several individuals volunteered and came to the school to represent careers such as:

▪ Honorable Judge Kelli Aiken	▪ Texas A&M University Commerce
▪ Heritage Land Bank- Maria	▪ Game Warden- Benny Richards
▪ Firefighter- Josh Holloway	▪ L-3 Communications- Brad Press

- Bella Cosmetology School
- Realtor-Jeremy Dicken
- Military-Ron Tucker
- Coach- Rodney Godwin
- Bella Cosmetology School
- Texas Tiny Teeth - Katy Welburn and Courtney
- Kindred at Home - Nurse- Shelby Thomas
- Chamber of Commerce-Anna, Tx –Kevin Hall
- Hunt Co. Police-Deputy Valenzuela
- Author- Lonna Enox
- Military-Mr. Kennedy
- Teacher-Jessica Phelps
- Graphic Artist - Tori

Students were able to visit stations and explore/discuss/ and identify with representatives

Open Discussion/Questions

Mr. Jackson inquires about Health classes and when is it offered to students.

Health classes are offered in 6th grade and as an elective in High School.

Provided statistics and data that indicating that when health classes were removed as requirements during the Perot presidency, U.S. youth began to show a decline in health in an increase in Type 2 diabetes and Hypertension.

Would like to propose an opportunity for increasing health education such as a classroom presentations, student participation in physical fitness.

Kimberly Perez presents discussion for implementing a school garden.

Offers to volunteer as project manager

States those students are “much more likely to try new foods if they are involved with the process of growing and preparing it”.

Utilize FFA program to assist

Some members stated that it has been implemented in the past and did not do well.

This proposal will be further discussed.

Rebecca Gracia has volunteered to contact colleague and ask if he/she will come out and give a small presentation on health/stress reduction.

BISD Educational Mission Statement

The mission of the District is to encourage and support the personal growth of its students in their development of attitudes, knowledge, and skills. The most important skills to be taught are how to think, how to learn, and how to act.

Next Meeting -----December 18, 2018 @ 08:30 am

Members are encouraged to invite others to join a SHAC meeting and explore ways to contribute to the health and wellness to the Bland ISD school community.