

# MAY 2019

## BLAND ELEMENTARY/MIDDLE SCHOOL BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Apply for Free or Reduced meals at: <a href="https://www.schoolcafe.com/">https://www.schoolcafe.com/</a>  Check your student Balance And add funds at: <a href="https://www.schoolcafe.com/">https://www.schoolcafe.com/</a>		<b>1 Muffin &amp; Cereal</b>  Mini Corn Dogs Potato Smiles Garden Salad Baby Carrots Assorted Fruit Choice of Milk	<b>2 Pancake/Sausage stick</b>  Meatball Sub Baked Beans Garden Salad Assorted Fruit Choice of Milk	<b>3 French Toast Sticks</b>  Cheese Pizza Pepperoni Pizza Broccoli, fresh Garden Salad Fresh Apples Cookie Choice of Milk
<b>6 Pop tart &amp; Cereal</b>  Salisbury Steak Brown Gravy Creamy Mashed Potatoes Green Peas Dinner Roll Assorted Fruit Choice of Milk	<b>7 Breakfast Sandwich</b>  Pulled Pork on Bun Potato Smiles Baked Beans Fruit Choice of Milk	<b>8 Mini Pancakes</b>  Chicken Tenders Gravy Dinner Roll Ranch Style Beans Garden Salad Assorted Fruit Choice of Milk	<b>9 Cinnamon Roll</b>  Chicken on Bun Lettuce/Tomato/Pickle Celery Sticks Sidekicks Sun Chips Choice of Milk	<b>10 Chicken Slider</b>  Chili Dog Baked Beans Baby Carrots Fruit Sun Chips Cookie Choice of Milk
<b>13 Breakfast Pizza</b>  Chicken Fried Steak Dinner Roll Creamy Mashed Potatoes Gravy Green Beans Assorted Fruit Choice of Milk	<b>14 Sausage Roll</b>  Walking Taco w/Tostitos Refried Beans Spanish Rice Romaine/Tomato Pepper Strips Assorted Fruit Choice of Milk	<b>15 Muffin &amp; Cereal</b>  Spaghetti with Meat Sauce Garlic Toast Baby Carrots Garden Salad Assorted Fruit Choice of Milk	<b>16 Pancake/Sausage Stick</b>  Hamburger Cheeseburger Tater Tots Lettuce/tomato/Pickle Assorted Fruit Choice of Milk	<b>17 French Toast Stick</b>  Cheese Pizza Pepperoni Pizza Steam Corn Garden Salad Fruit Cookie Choice of Milk
<b>20</b>  MANAGER CHOICE	<b>21</b>  MANAGERS CHOICE	<b>22</b>  MANAGERS CHOICE	<b>23</b>  MANAGERS CHOICE	

Menu Subject to change without notices: Fruit, juice & milk are offered daily at breakfast

### USDA Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture(USDA)civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found on line at:

[http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider>