

Goals and Procedures	Implemented	Comments
<i>Nutrition Education</i>		
BISD has implemented, in accordance with the law, a coordinated health program with a nutritional education component and shall use course curriculum that emphasizes the importance of proper nutrition via the CATCH curriculum.	Partially Met	<i>A review of TEA approved Coordinated School Health Programs will be conducted to determine which will be beneficial to the district's needs. Adopted program will be introduced to classroom teachers and implemented into classroom curriculum.</i>
BISD students will receive nutrition education that fosters the adoption and maintenance of health eating habits across the curriculum.	Partially Met	<i>Curriculum will be reviewed and classroom teachers will have a working knowledge of objectives and implement lesson plans focusing on nutrition education.</i>
<i>Physical Activity</i>		
BISD has implemented, in accordance with law, a coordinated school health program and the state mandated time for daily/weekly/ physical education is provided.	Met	
Students in high school have met the physical education component as required for graduation.	Met	
The district provides an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports (athletics).	Met	
Time allotted for moderate to vigorous physical activity is consistent with state standards and district board policy and regulation.	Met	
<i>School Based Activities</i>		
Schools have set schedules that allow a minimum of 10 minutes to eat breakfast and 20 minutes to eat lunch; this does not include time a student waits in line.	Met	
Teachers and other school personnel will not use physical activity or withhold physical activity as punishment	Met	
Employee wellness education and involvement is promoted within the school environment.	Met	<i>Flu vaccination clinic, Mobile Mammography, Weight Management</i>
BISD sponsors/hosts events that promote the importance of health, nutrition, and physical fitness through family oriented activities such	Met	Health Fair –March 2016 during Open House. Overall Positive feedback from school community.

<p>as Health Fairs, Fitness Camps, or Expos. Such events will allow the school community to speak and interact with local community health professionals, fitness professionals, and outreach agencies that advocate for overall health and safety.</p>		<p>Suggestions were made to set the event separate from Open House event to allow for more participation.</p>
Nutrition		
<p>BISD participates in USDA child nutrition programs offering reimbursable school meals that meet or exceed current USDA nutrition standards.</p>	<p>Met</p>	<p><i>Child nutrition has been extended throughout the summer month of June: “Summer Food Service Program” June 6th -30th M-TH 12-12:30 pm Advertised on school webpage, local community churches, Greenville Herald Banner, Falmersville Newspaper, flyers posted at each campus and post office, and through Bland Text Alert (BES).</i></p>
<p>BISD is committed to serving healthy meals by offering plenty of fruits, vegetables, whole grains, fat free and low-fat milk; moderate sodium, low in saturated fat and zero grams of trans fat per serving.</p>	<p>Met</p>	
Competitive Foods and Beverages		
<p>Foods and beverages sold and served outside the school meal programs (i.e., “competitive” foods and beverages) meet the USDA “Smart Snacks in Schools” nutrition standards, at a minimum. These standards will apply in all locations and through all services where food and beverages are sold.</p>	<p>Met</p>	
Fundraisers		
<p>Only foods and beverages that meet or exceed the USDA “Smart Snacks in Schools” nutrition standards are sold through fundraisers on the school campus <i>during the school day.</i></p>	<p>Met</p>	
Campus Parties		
<p>Foods given at campus events (parties, birthday cupcakes, etc.) are consumed after lunch hours.</p>	<p>Met</p>	