## **HIGH SCHOOL**

Congratulations to the Denver Wired-Up robotics teams on their League Championship this past Saturday here in Denver. They were the Captains of the winning alliance and also received the Inspire Award, the highest judged award given at each competition. They will move on to the Super Qualifiers February 1st in Waverly.

Bus Info for today: JV Wrestling - dismissed at 2:20, bus leaving at 2:30.

Students taking online classes 2nd semester: Your online college classes begin TODAY. Please see Mrs. Van Rees if you need help accessing your course information.

Juniors: It's time to start thinking about the ACT. Anyone thinking of applying to a 4-year college in the Midwest will need to take the ACT. (Those thinking about schools further away will want to check with that school to see whether the ACT or SAT is best.) The best time to take the ACT is toward the end of your Junior year or early on in your senior year. The next regular **registration deadline is February 28th.** Students who sign up by this time can take the ACT on April 4th. The ACT will also be given June 13th (register by May 8th) and July 18th (register by June 19th). Visit <a href="www.act.org">www.act.org</a> to sign up. Waivers are available for those who qualify. If you would like help with registration, see Mrs. Van Rees.

Bowling posters are in and can be picked up in the high school office.

Softball open gyms this week will be Tuesday and Thursday mornings at 6:30 in the Cyclone Center varsity gym.

9th through 11th grades: Have you ever wanted to go to DISNEY WORLD over Spring Break? Looking to escape the cold of winter for a week of fun in the sun? Well here is your chance! For the 2020-2021 school year, the high school music department will be taking their trip to the Disney All Star Movies Resort and you are invited! To be eligible, you must participate in one semester of choir or band BEFORE the year of trip. If you are interested in this once-in-a-life-time opportunity, see Mr. Baird or Mr. Cooper about joining band or choir for second semester!

Students interested in exploring healthcare careers: Allen College is hosting "A Day in the Life" on Friday, April 3rd from 9-12:20. Students will have the opportunity to learn more about nursing, radiography, diagnostic medical sonography (ultrasound), medical laboratory science, and public health. For more information, or to register, visit <a href="https://www.allencollege.edu/a-day-in-the-life.aspx">https://www.allencollege.edu/a-day-in-the-life.aspx</a>

Cedar Valley Career Connections will be here on January 21st during SLC in Mrs. Van Rees's office to help students get registered for job shadows this semester. If you're not sure what you want to do after high school, or want to explore a career you're already interested in, this would be a great opportunity. If you would like to attend the meeting, see Mrs. Van Rees ASAP so you aren't signed up for intervention somewhere else on that day.

There will be a sign-up meeting for anyone interested in playing baseball this summer on Wednesday, January 15th at 7:45 AM in the HS gym.

## MIDDLE SCHOOL

Bus Info for today: 7/8 Girls Basketball - dismissed at 2:35, bus leaving at 2:45 for Aplington.

8th grade girls: Softball open gyms this week will be Tuesday and Thursday mornings at 6:30 in the Cyclone Center varsity gym.

8th Graders: 9th through 11th grades: Have you ever wanted to go to DISNEY WORLD over Spring Break? Looking to escape the cold of winter for a week of fun in the sun? Well here is your chance! For the 2020-2021 school year, the high school music department will be taking their trip to the Disney All Star Movies Resort and you are invited! To be eligible, you must participate in one semester of choir or band BEFORE the year of trip. If you are interested in this once-in-a-life-time opportunity, see Mr. Baird or Mr. Cooper about joining band or choir for second semester!

8th Graders - There will be a sign-up meeting for anyone interested in playing high school baseball this summer on Wednesday, January 15th at 7:45 AM in the HS gym.

## **BREAKFAST/LUNCH**:

Tuesday Breakfast – Breakfast bar or Cereal or Fruit or 100%juice/variety milk; Lunch – Rib patty on a bun, steamed carrots, goldfish crackers, orange segments and cold menu. Tuesday is Day 4.