

Core Content – Food and Nutrition

Student Name: _____ School: _____

Teacher: _____

What is the Food Products and Processing System?

- ☐ Food Processing and Preservation Through the Ages
- ☐ Sustainability and Interdependence
- ☐ Supplying the Food Chain, Locally and Beyond
- ☐ Ice Cream Processing and Farm to Fork
- ☐ Global Food Production and a Growing World
- ☐ Push and Pull Marketing
- ☐ Consumer Food Trends and Marketing
- ☐ From Commodity to Processed Food
- ☐ Integration in Agriculture
- ☐ Food Product's Life Cycle and New Product Development

Nutrition: Food Consumption and Dietary Trends

- ☐ FDA and Nutrition Labeling
- ☐ Servings, Calories, and Nutrients
- ☐ Overweight and Obesity Causes
- ☐ Dietary Changes
- ☐ Advertising's Effect on Buying Choices

Standards, Regulations, and Safe Food

Production

- ☐ Food Inspections and Foodborne Illness
- ☐ USDA Inspections and Branding
- ☐ Food Recalls and Traceability
- ☐ Space Exploration: It's Earthly Impact on Food Safety
- ☐ Hand Washing and Hygiene in Food Production
- ☐ Recall Management

Facing Up to the Importance of Food Safety

- ☐ Providing Safe Food
- ☐ Bacteria
- ☐ Viruses, Parasites, and Fungi
- ☐ Variety of Contamination
- ☐ Caring for People with Allergies
- ☐ Building an Effective Personal Hygiene System

Food Travel Path: The Flow of Food Through the Operation

- ☐ Establishing the Foodservice Safety System
- ☐ Avoiding Time/Temperature Abuse
- ☐ Flow of Food: Purchasing and Receiving
- ☐ Storing Food Safely
- ☐ Preparing Food Safely
- ☐ Keeping Food Safe After Prepping and Cooking

Clean and Sanitary Facilities and Equipment

- ☐ Facilities and Equipment Design
- ☐ Utilities and Safety
- ☐ Cleaning and Sanitizing
- ☐ Facility Maintenance
- ☐ Developing a Cleaning Procedure
- ☐ Controlling Pests

Accident Prevention and Crisis Management

- ☐ Preventing Accidents
- ☐ First Aid, CPR, and Fire Hazards
- ☐ Crisis Management
- ☐ Food-borne Illness Outbreak
- ☐ Government Regulation and HACCP
- ☐ Food Production Industry Associations

Sanitation Management

- ☐ The Importance of Training
- ☐ Careers in Food Safety and Sanitation
- ☐ Nutrition and Organic Foods
- ☐ Sustainability and the Local Food Movement
- ☐ Preparing for Certification