

## **WY-TOPP Testing: 3rd Grade-10th Grade**

**Grades 3-5: April 16th - May 10th - WY-TOPP**

**Grades 6-10: April 15 - May 10th - WY-TOPP**

**Grade 11: April 2nd - ACT**

Students in grades 3<sup>rd</sup> – 10<sup>th</sup> will be taking the Wyoming Test of Proficiency and Progress (WY-TOPP) this month. The purpose of this state test is to improve teaching and learning in Wyoming. The results from the WY-TOPP assessment system are used for school, district, and state accountability. We ask that you discuss with your child the importance of doing his/her best on these tests. Teachers and staff have been working with students to prepare them for these assessments.

This year's WY-TOPP testing will play an important part in the instructional decisions for the upcoming year. Students at all levels will be tested in the areas of reading and math. Grades 4 and 8, will also take the science assessment. Student's scores will be used in part to determine placement in interventions and core programs.

We appreciate your part, as a parent/guardian, in helping ensure that your student is in attendance and has plenty of rest during the testing window. We know that a good breakfast will also help provide a great start to your child's day.

If you have any questions regarding ACT or WY-TOPP please feel free to call the school at 856-7970.

Thanks for your continued support,

Barney Lacock  
WRE Principal

Charles Jenks  
WRMS/HS Principal

Brenda Hyatt  
SpEd Director

# COUNSELOR'S CORNER

## Scholarship Deadlines and Important Dates: April

April 1: Jim Fike Memorial Scholarship

April 1: Dubois Telephone Exchange Scholarship

April 1: Dubois Rodeo Association Scholarship, Angi Leonardi Memorial Scholarship

**April 2: ACT Test – 11<sup>th</sup> Grade**

April 6: Adeline Nielson Scholarship

April 8: P.E.O. Chapter AP Scholarship

April 12: Water for Wildlife Foundation Scholarships

April 15: County Commissioners Scholarship

April 15: GFWC – General Federation of Women's Clubs of Wyoming, Mary N. Brooks Scholarship

**April 15 – May 9 – WY-TOPP Testing 6<sup>th</sup> – 10<sup>th</sup> Grades**

April 19: P.E.O Chapter AZ Scholarship

## School Skill of the Month: GET INVOLVED!

- Taking part in extracurricular activities can help your teen feel connected to his or her school...which can lead to greater school achievement.
- Talk to your teen about:
  - Why getting involved is a good idea-
    - Getting exercise
    - Gaining self-confidence
    - Getting into college
  - Remember to keep things balanced-
    - Attend classes
    - Complete homework
    - Spend time with family and friends
    - Sleep

\*Every job is a self-portrait of the person who did it\*

**Jamie Lockhart**

Wind River MS/HS Counselor

[jamiel@fre6.k12.wy.us](mailto:jamiel@fre6.k12.wy.us)



March 21, 2019

Press Release

Media Contact: Tammi Hanshaw, (307) 233-6017, [thanshaw@chccw.org](mailto:thanshaw@chccw.org)

**For Immediate Release**

**NEW COMMUNITY HEALTH CENTERS OF CENTRAL WYOMING ACCESS LOCATION,  
COUGAR COMMUNITY HEALTH CENTER, OPENS IN PAVILLION**

Cougar Community Health Center, a new access location for Community Health Centers of Central Wyoming (CHCCW), will open at Wind River Middle/High School in Pavillion on April 1. Serving all members of the community, the health center's goal is to provide affordable and high-quality patient care for residents, making healthcare more accessible in Fremont County.

Diana Clapp, superintendent of Fremont County School District #6, has worked on establishing a health clinic in Pavillion for nearly a decade.

"When you look at a community and see that resources are not available, you start to ask, 'Why not us? Why not here?'" said Clapp. "When young children become critically ill and you could have caught the problem sooner, or when someone is injured in a ballgame, why don't we have the resource to help them? When parents work 30 minutes from home and get a call that their child is sick, they need to drive 30 minutes to pick up their child from school and often drive 30 minutes back if they need to visit a doctor. This accounts for hours or often days of lost school and work. The Cougar Community Health Center will help these families, as well as the 500 Medicare patients in the region. It will benefit the entire community."

The vision for the Center took root when Sandy Barton served as Fremont County BOCES director, and Riverton sold a modular building to BOCES for one dollar. With a Green Construction Grant that provided wood and materials, and the assistance of Dan Odaz with Plan One Architects who drew plans and ensured ADA compliance, students of the high school woods class under the direction of woods teacher Kiley Chatfield remodeled the building that would become Cougar Community Health.

"Students gutted the single-wide modular: they built cabinets and countertops; they did the sheetrock and welding. It was a six-year project," said Lora Koenig, FNP-C, who will run the clinic.

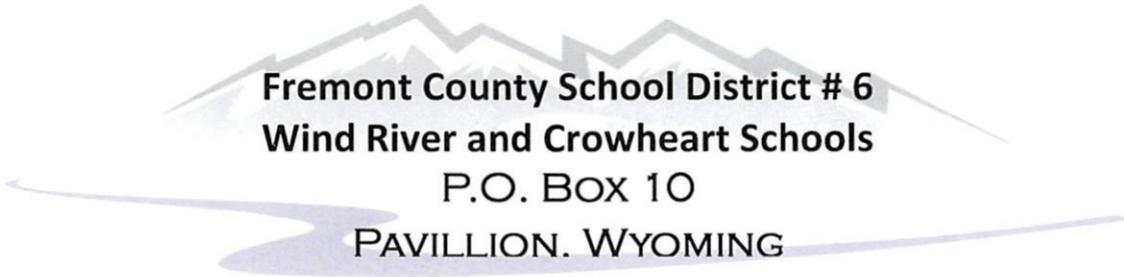
When CHCCW decided to expand their locations to include the Pavillion site, they joined a collaboration of many entities working together to improve education and healthcare in the community.

“I am excited about this partnership; it is life-changing,” said Clapp. “The support of the school board for increasing access to healthcare in the community, the generosity of the Ellbogen Foundation that provided a grant for the clinic – all of the support that brought education and healthcare together for a more holistic approach to student success.”

While no state money for K-12 education was used for the Cougar Community Health Center, the support of the school board was instrumental in the creation of the clinic.

The clinic is expected to open on April 1, and will host an Open House soon after. Hours of operation will be Monday through Friday, 8 am – 5 pm. For more information, call (307) 856-6372.

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**Fremont County School District # 6**  
**Wind River and Crowheart Schools**  
P.O. BOX 10  
PAVILLION, WYOMING

April 3, 2019

Dear Parents / Guardians:

Fremont County School District #6 is excited to announce the opening of Cougar Community Health Center. The clinic is operated by Community Health Centers of Central Wyoming (CHCCW) in partnership with FCSD#6 and is located at 225 N. Cherry St. in Pavillion, next to the elementary school.

Cougar Community Health Center is a full-service school-based medical clinic and services will be available to all students of the district as well as to community members. The clinic offers a child-friendly setting and all the services of a family Nurse Practitioner (APRN). Services, by appointment, are available both during and outside of school hours and include:

- Evaluation and treatment of common health problems
- Immunizations, lab tests, and medication management
- Sports physicals
- Women's health services
- Mental, social, and emotional health care
- Preventive health care, including: tobacco, alcohol and other drug use prevention education
- Health insurance eligibility and enrollment assistance
- Referrals to other health care providers as needed.

**Insurances**

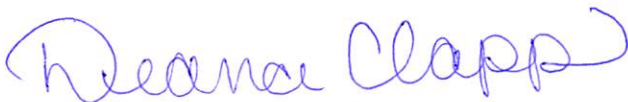
Medicaid and private insurance will be accepted at the Cougar Community Health Center. The Cougar Community Health Center will bill insurance when appropriate. A sliding fee scale will be made available for those without insurance. Community Health Centers of Central Wyoming (CHCCW) is committed to serving all patients regardless of ability to pay.

If you do not have health insurance, the school nurse can help you enroll in an insurance plan. You can also call the Cougar Community Health Center directly to request health insurance enrollment assistance.

A consent form will be sent home with your child to give permission for your student to be seen at Cougar Community Health Center. The first time a student uses the services of the center, he/she must be accompanied by a parent/guardian. After the first visit, the student will have access to the clinic without a parent present.

We are excited about the opening of Cougar Community Health Center and helping to improve the health and well-being of our students.

Sincerely,



Diana Clapp, Superintendent



**Cougar Community Health Center  
Consent to Treat**

Fremont County School District #6 has partnered with Community Health Centers of Central Wyoming (CHCCW) to provide healthcare services to members of the community as well as to the district's students. Our goal is to help our students gain healthcare services in a manner that may reduce the number of days a student is absent from school and a parent from work.

If you wish to use the Cougar Community Health Center, you will need to attend the first time with your child. After the first visit, you have the option to give verbal consent for your child to be seen in the Cougar Community Health Center. Your child will never have an appointment at the Cougar Community Health Center without your permission.

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**Please read and sign the statements below to authorize services for your child.**

*(Separate consent forms must be signed for each child)*

I, \_\_\_\_\_ (print guardian's name), understand that a parent/guardian must be present the first time my child, \_\_\_\_\_ (student's name) receives services at Cougar Community Health Center in order to meet the provider and answer any questions that may arise.

I, \_\_\_\_\_ (print name), give Cougar Community Health Center permission to treat my child, \_\_\_\_\_ (student's name), after the first visit, without a parent/guardian present. I know I will be notified prior to my child's visit and prior to any visit to or services through the Cougar Community Health Center. I understand that medicaid, my insurance, or I will be billed on a sliding scale for any visit to the Cougar Community Health Center.

**With my signature, I certify that I am the parent/guardian of the student named above and that I am authorized to sign for the student.**

---

Signature of parent/legal guardian

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Date

Hello Cougar Fans!

Well Cougar Fans, spring is finally here, kind of. Track is in full swing and off to a great start. We have thus far held four track meets! I want to thank everyone that has made the track meets such a huge success. We have already qualified several of our high school track athletes for the state tournament that will be held May 16-18 in Casper.

This year's WRCAA Conference Track Meet will be held here, at Wind River, on Saturday, May 4<sup>th</sup>. I would love to have our community here to help run an event or cheer on our youth and middle school athletes.

Thank you for your dedicated support of our Wind River Cougar Athletes!

Sincerely,

James Cunningham

Wind River Schools AD



**Family, Composure, & Trust**

For the 2018-2019 yearbook staff, the theme is "Family, Composure, & Trust". The staff has chosen this theme because it represents the values that they want to see in their school and community. The staff has also chosen this theme because it is a theme that is relevant to the lives of all students.

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**BE Tenacious & Confident**



**The Yearbook Staff  
is working on the (2018-2019) Yearbook!**  
**Order your yearbook today! \$50**  
**Mr. Sennett: 307-856-7970 (Ext. 145)**  
**Email: ryans@fre6.k12.wy.us**



**“DO  
NOT  
GO  
QUITELY”**

**\$50**

Buy a  
Yearbook



Yes, I would like to purchase \_\_\_\_\_ copies of the 2018-2019 Wind River Yearbook. \$ \_\_\_\_\_

**Total amount enclosed : \$ \_\_\_\_\_**

Please make checks payable to WRHS Publications

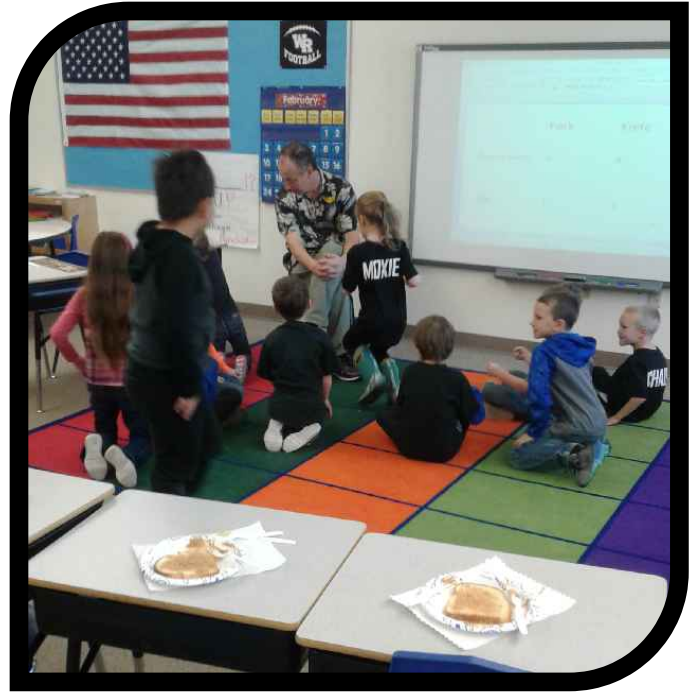
Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Other Info: \_\_\_\_\_

# 1st Grade

First grade has been very busy learning and having fun! As the end of the year approaches and the days get longer, please make sure your child is still getting enough sleep. We have a lot of learning taking place every day. Recently we were privileged to have Ron Coniglio, a writing guru, in our classrooms to help us with our writing. While he was here, the students enjoyed experimenting and constructing peanut butter and jelly sandwiches. They then wrote about the steps they took to make their sandwich.

Happy Spring from the 1<sup>st</sup> grade team! 😊



# 3rd Grade News

Third graders have been busy! On our most recent Thematic Friday, we continued our Social Studies unit in communities and the services that they offer. The students, as city leaders, created their own towns, complete with laws and services that they thought were necessary to meet the needs of the citizens and keep them safe. They were given a “piece of land” and developed streets. Then the students built buildings to represent the services that their towns offered. After their creation was complete, they were given fate cards to deal with real issues that arose in their town. They had to address these issues by deciding whether their towns had the laws or services to solve the problem. If not, they had to decide if they should add the law or service. The third graders were very creative and built outstanding towns!



5<sup>th</sup> Graders have been very busy this spring. We are gearing up for the Wy-Topp Test. We have been working very hard to prove each and every answer. We'll also be getting ready to show what we've learned on the upcoming final DIBELS tests of the year. Track is in full swing for a record number of fifth grader, and (in spite of the sometimes chilly weather) they seem to really enjoy it.

Looking ahead to a very eventful 4<sup>th</sup> quarter, the 5<sup>th</sup> graders will participate in a DARE graduation ceremony sometime on May. As part of the DARE course, students will be assigned to write an essay on what they're learning. For writing, 5<sup>th</sup> graders worked entered a contest regarding what they learned about the North American Model of Wildlife Conservation (please enjoy a student samples in the next column.)

Finally, we are getting ready for our fantastic voyage to the Buffalo Bill Historical Center and Yellowstone National Park. The 5<sup>th</sup> graders will prepare research pieces on various topics regarding these two places and present their findings as an evening activity while we're gone May 21-23. In light of Yellowstone, a special congratulations goes to 5<sup>th</sup> graders and their

families as we have raised enough funds selling Butter Braids and Little Caesar's Pizza Kits to cover the entire cost of the trip.

Sincerely ,

Mr. Lemley

**By Jasper:**  
**Wildlife does not exist by accident. In North America we are blessed to have the wildlife conservation model. The wildlife conservation model helps keep the wildlife alive and healthy so we can all enjoy it forever. It is called a model because it has different components, or parts. The parts are known as the seven sisters. In this essay I will be explaining the wildlife conservation model it's history, the seven sisters, and what it means to me.**

**Before the conservation there were no laws, and hunters could do whatever they wanted. The animal populations dropped rapidly. The hunters were the first people to realize what they were doing to the wildlife. They are the ones who founded the conservation. Here in Wyoming it is hard to imagine that all the wildlife almost disappeared.**

**The seven sisters is like a set of rules that protects the wildlife, the are seven rules. These are the seven sisters.**

- **Wildlife is held to public trust, which means that wildlife is available to all who have a license.**
- **Eliminating commerce in dead wildlife, which means you can't hunt just to sell to other people or companies.**
- **Allocating wildlife use through law which means, using the law to protect the wildlife. If the law wasn't there the wildlife would not be there either**
- **Hunting opportunity for all, which means, every man, woman, and children above the age of 12 can participate in the hunting activities**
- **Wildlife may be killed for legitimate reason which means, that the wildlife can only be killed for Food, Fur, Self defense, property protection.**
- **Wildlife is an international resource which means, that the two countries the work together to protect the wildlife can share it.**
- **Science is the basis for wildlife policy which means, that it is the science involved in setting the limits of how many permits are given out.**

**My favorite sister is the first one because it means that wildlife is available to everyone. Whether they have a camera, gun, rod, or they are just sightseeing. It is always available because we are protecting it. If the conservation was never made, the animals we see today would not be here. Wouldn't it be sad if it were rare to see a deer or an antelope, thanks to the North America Model of Wildlife Conservation we see those animals all the time. I appreciate it, and it is there for the future generations.**

# APRIL



SUN  
31

Gain Washington D.C. Trip

— Create

MON

Apr 1

TUE

2

WED

3

THU

4

FRI

5

SAT

6

MSTR, H, WR Invite

● 8:30pm PROM



Canceled MSTR, A, WI

HSTR, A, Burlington

School in Session

7

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State FFA

● 6pm FCA (Fellowship of Chris

● 5:45pm Elementary Family N

HSTR, A, Wyoming Indian Twil

MSTR, A, SS

PD Day

HSTR, A, Riverton

14

15

16

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● 7pm Board Meeting

● 6pm FCA (Fellowship of Chris

Canceled HSTR, H, Wind River

HSTR, A, Lovell



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27

State Art Symposium

● 4pm Registration Fair

● 6pm FCA (Fellowship of Chris

● 6:30pm MS/HS concert

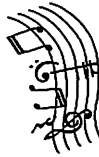
HSTR, A, Wyoming Track Class

MSTR, A, SH

School in Session

HSTR, A, Casper

MSTR, A, Lander MS, 9:00 am



28

29

30

May 1

2

3

4

● 6pm FCA (Fellowship of Chris

HSTR, A, Thermopolis

School in Session

HSTR, A, Lander

MSTR, H, WRCOA Meet

**9-12 WIND RIVER LUNCH**  
**COUGAR**  
**APRIL 2019**

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients Avg
<p>HOT HAM/CHEESE SAND.  FRENCH FRIES  BLACK BEANS  FRUIT COCKTAIL  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>2</p> <p>CHICKEN AND NOODLES  MASHED POTATOES  MIXED VEGETABLES  BISCUITS  PINEAPPLE(Chunks)  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>3</p> <p>BAKED  POTATOES,HAM,CHEESE  ROLL (Dinner)  GREEN BEANS  GRAPES  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>4</p> <p>HOAGIE SANDWICH 1/2  POTATO CHIPS,BAKED  CAULIFLOWER  APPLESAUCE, CUPS  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>5</p> <p>MAKE UP DAY  SPAGHETTI AND MEAT  SAUCE  LETTUCE  BREAD,STICKS,whl  grain  PINEAPPLE(Chunks)  CONDIMENTS  MILK Chocolate FAT  FREE</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 637  Cholesterol 57 mg  Sodium 1496 mg  Dietary Fiber 7.33 g  Iron 3.83 mg  Calcium 438.33 mg  Vitamin A 2665 IU  Vitamin C 21.85 mg  Sugars 9.28* g 5.8%*  Protein 37.02 g 23.3%  Carbohydrate 98.89 g 62.1%  Total Fat 13.94 g 19.7%  Saturated Fat 4.04 g 5.7%</p>
<p>QUESADILLA(Cheese)  CORN  APPLES  REFRIED BEANS  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>9</p> <p>EASTER DINNER  TURKEY (1 slices)  MASHED POTATOES  CARROT STICKS  GRAVY,TURKEY  ROLL (Dinner)  MANDARIN  ORANGES,CND,LT  SYRUP,  STRAWBERRY  SHORTCAKE  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>10</p> <p>CHICKEN FAJITAS/CHEESE  LETTUCE(SHREDDED)  PEPPERS MIXED  (COOKED)  PEACHES  CHURRO'S (FILLED)  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>11</p> <p>PIZZA CHEESE ROUND  5"  CUCUMBER  APPLESAUCE, CUPS  GOLDFISH (CHEEDAR wh  gr))  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>12</p> <p>PROFESSIONAL  DEVELOPMENT DAY  NO SCHOOL TODAY</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 599  Cholesterol 38 mg  Sodium 1265 mg  Dietary Fiber 6.81 g  Iron 3.09 mg  Calcium 503.28 mg  Vitamin A 3615 IU  Vitamin C 42.92 mg  Sugars 14.98* g 10.0%*  Protein 24.73 g 16.5%  Carbohydrate 91.67 g 61.2%  Total Fat 15.49 g 23.3%  Saturated Fat 5.34 g 8.0%</p>
<p>5</p> <p>MACARONI AND  CHEESE  ROLL (Dinner)  LETTUCE  PEACHES  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>16</p> <p>CHICKEN SANDWICH  TOMATO(Slices)  CELERY STICKS  APPLES  100 CALORIE OREO  COOKIE  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>17</p> <p>CHEF'S SALAD  HAM 2 OZ.  CHEESE(Shredded)  BREAD,STICKS,whl grain  BANANA  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>18</p> <p>HOT DOG  HOT DOG BUN  BAKED BEANS  CORN  FRUIT COCKTAIL  CONDIMENTS  MILK,1% Chocolate</p> <p><a href="#">View Nutrients</a></p>	<p>19</p> <p>NO SCHOOL TODAY</p>	<p>Calories 576  Cholesterol 44 mg  Sodium 1157 mg  Dietary Fiber 6.47 g  Iron 3.18 mg  Calcium 589.83 mg  Vitamin A 3107 IU  Vitamin C 13.47 mg  Sugars 18.39* g 12.8%*  Protein 28.25 g 19.6%  Carbohydrate 81.10 g 56.3%  Total Fat 15.80 g 24.7%  Saturated Fat 5.04 g 7.9%</p>
<p>2</p> <p>HOLIDAY  NO SCHOOL TODAY</p>	<p>23</p> <p>CORN DOGS WHL GR  POTATO CHIPS,BAKED  CELERY STICKS  PEARS  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>24</p> <p>CHEESEBURGER  CARROT STICKS  BROCCOLI  KIWIFRUIT,FRESH  CHOCOLATE CHIP  COOKIES (wh gr)  CONDIMENTS  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>25</p> <p>TACO'S  LETTUCE(SHREDDED)  CHEESE(Shredded)  CORN  REFRIED BEANS  STRAWBERRIES  CHURRO'S (FILLED)  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>26</p> <p>CHICKEN NUGGETS (4)  POTATO CIRCLES  APPLES  GOLDFISH (CHEEDAR  wh gr))  CONDIMENTS  MILK Chocolate FAT  FREE</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 598  Cholesterol 54 mg  Sodium 1033 mg  Dietary Fiber 8.73 g  Iron 3.32 mg  Calcium 416.72 mg  Vitamin A 4368 IU  Vitamin C 46.96 mg  Sugars 16.36* g 10.9%*  Protein 26.48 g 17.7%  Carbohydrate 80.87 g 54.1%  Total Fat 19.06 g 28.7%  Saturated Fat 6.35 g 9.6%</p>
<p>9</p> <p>PIZZA (4X6)  CUCUMBER  RANCH DRESSING (1  GAL)  WATERMELON  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>30</p> <p>CHEESEY BEEFY  NACHOS  TORTILLA, CHIPS  PEAS  COLE SLAW  PEACHES  MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>				<p>Calories 636  Cholesterol 72 mg  Sodium 1251 mg  Dietary Fiber 5.69 g  Iron 3.56 mg  Calcium 727.89 mg  Vitamin A 3496 IU  Vitamin C 53.90 mg  Sugars 12.43* g 7.8%*  Protein 32.74 g 20.6%  Carbohydrate 71.87 g 45.2%  Total Fat 24.60 g 34.8%  Saturated Fat 9.61 g 13.6%</p>

//A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
- denotes combined nutrient totals with either missing or incomplete nutrient data

**9-12 WIND RIVER LUNCH**  
**COUGAR**  
**APRIL 2019**

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients Avg
<p>1</p> <p>HOT HAM/CHEESE SAND. FRENCH FRIES BLACK BEANS FRUIT COCKTAIL CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>2</p> <p>CHICKEN AND NOODLES MASHED POTATOES MIXED VEGETABLES BISCUITS PINEAPPLE(Chunks) CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>3</p> <p>BAKED POTATOES,HAM,CHEESE ROLL (Dinner) GREEN BEANS GRAPES CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>4</p> <p>HOAGIE SANDWICH 1/2 POTATO CHIPS,BAKED CAULIFLOWER APPLESAUCE, CUPS CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>5</p> <p>MAKE UP DAY SPAGHETTI AND MEAT SAUCE LETTUCE BREAD,STICKS,whl grain PINEAPPLE(Chunks) CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 637 Cholesterol 57 mg Sodium 1496 mg Dietary Fiber 7.33 g Iron 3.83 mg Calcium 438.33 mg Vitamin A 2665 IU Vitamin C 21.85 mg Sugars 9.28* g 5.8%* Protein 37.02 g 23.3% Carbohydrate 98.89 g 62.1% Total Fat 13.94 g 19.7% Saturated Fat 4.04 g 5.7%</p>
<p>8</p> <p>QUESADILLA(Cheese) CORN APPLES REFRIED BEANS CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>9</p> <p>EASTER DINNER TURKEY (1 slices) MASHED POTATOES CARROT STICKS GRAVY,TURKEY ROLL (Dinner) MANDARIN ORANGES,CND,LT SYRUP, STRAWBERRY SHORTCAKE CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>10</p> <p>CHICKEN FAJITAS/CHEESE LETTUCE(SHREDDED) PEPPERS MIXED (COOKED) PEACHES CHURRO'S (FILLED) CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>11</p> <p>PIZZA CHEESE ROUND 5" CUCUMBER APPLESAUCE, CUPS GOLDFISH (CHEEDAR wh gr)) CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>12</p> <p>PROFESSIONAL DEVELOPMENT DAY NO SCHOOL TODAY</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 599 Cholesterol 38 mg Sodium 1265 mg Dietary Fiber 6.81 g Iron 3.09 mg Calcium 503.28 mg Vitamin A 3615 IU Vitamin C 42.92 mg Sugars 14.98* g 10.0%* Protein 24.73 g 16.5% Carbohydrate 91.67 g 61.2% Total Fat 15.49 g 23.3% Saturated Fat 5.34 g 8.0%</p>
<p>15</p> <p>MACARONI AND CHEESE ROLL (Dinner) LETTUCE PEACHES CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>16</p> <p>CHICKEN SANDWICH TOMATOE(Slices) CELERY STICKS APPLES 100 CALORIE OREO COOKIE MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>17</p> <p>CHEF'S SALAD HAM 2 OZ. CHEESE(Shredded) BREAD,STICKS,whl grain BANANA MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>18</p> <p>HOT DOG HOT DOG BUN BAKED BEANS CORN FRUIT COCKTAIL CONDIMENTS MILK,1% Chocolate</p> <p><a href="#">View Nutrients</a></p>	<p>19</p> <p>NO SCHOOL TODAY</p>	<p>Calories 576 Cholesterol 44 mg Sodium 1157 mg Dietary Fiber 6.47 g Iron 3.18 mg Calcium 589.83 mg Vitamin A 3107 IU Vitamin C 13.47 mg Sugars 18.39* g 12.8%* Protein 28.25 g 19.6% Carbohydrate 81.10 g 56.3% Total Fat 15.80 g 24.7% Saturated Fat 5.04 g 7.9%</p>
<p>22</p> <p>HOLIDAY NO SCHOOL TODAY</p>	<p>23</p> <p>CORN DOGS WHL GR POTATO CHIPS,BAKED CELERY STICKS PEARS CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>24</p> <p>CHEESEBURGER CARROT STICKS BROCCOLI KIWIFRUIT,FRESH CHOCOLATE CHIP COOKIES (wh gr) CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>25</p> <p>TACO'S LETTUCE(SHREDDED) CHEESE(Shredded) CORN REFRIED BEANS STRAWBERRIES CHURRO'S (FILLED) MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>26</p> <p>CHICKEN NUGGETS (4) POTATO CIRCLES APPLES GOLDFISH (CHEEDAR wh gr)) CONDIMENTS MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 598 Cholesterol 54 mg Sodium 1033 mg Dietary Fiber 8.73 g Iron 3.32 mg Calcium 416.72 mg Vitamin A 4368 IU Vitamin C 46.96 mg Sugars 16.36* g 10.9%* Protein 26.48 g 17.7% Carbohydrate 80.87 g 54.1% Total Fat 19.06 g 28.7% Saturated Fat 6.35 g 9.6%</p>
<p>29</p> <p>PIZZA (4X6) CUCUMBER RANCH DRESSING (1 GAL) WATERMELON MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>	<p>30</p> <p>CHEESEY BEEFY NACHOS TORTILLA, CHIPS PEAS COLE SLAW PEACHES MILK Chocolate FAT FREE</p> <p><a href="#">View Nutrients</a></p>				<p>Calories 636 Cholesterol 72 mg Sodium 1251 mg Dietary Fiber 5.69 g Iron 3.56 mg Calcium 727.89 mg Vitamin A 3496 IU Vitamin C 53.90 mg Sugars 12.43* g 7.8%* Protein 32.74 g 20.6% Carbohydrate 71.87 g 45.2% Total Fat 24.60 g 34.8% Saturated Fat 9.61 g 13.6%</p>

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.