Greeting Cougar Fans!

The first quarter has ended, grades have been posted and parent/teacher conferences were October 24th and 25th. As we enter into the second quarter, there are several ways you can help your child be successful at school and on target for middle school, high school, college, a career, and beyond:

1. Make sure your child maintains excellent school attendance.
2. Help your child to get organized. Review their planner with them daily to help them remember homework assignments and to keep you in touch with what is happening in the classroom. Remember to initial/sign the planner.
3. Establish a homework routine. Set up a consistent place and time for homework to be done. Check homework with your child.
4. Review your child’s grades and academic behaviors often. Keep in mind that a failing grade can be an indication that your child is not completing classroom and/or homework assignments. Grade and academic behavior information can be monitored using Infinite Campus. Contact the office if you need assistance accessing this information.
5. Contact teachers when your child has a failing grade and/or when you have concerns about your child’s performance at school. Teacher contact information can be found on our district website at: www.fre6.k12.wy.us
6. Encourage your child to read. Through books, your child can be introduced to exciting and interesting people, places, cultures, and ideas.
7. Be in tune to your child’s future plans and dreams. You can help make the connection that good habits now will aid in reaching his/her goals.

Thanks,

Barney Lacock
Elementary Principal

Charles Jenks
MS/HS Principal

Brenda Hyatt
SPED Director
Dear Parents/Guardians,

Wind River Schools is involved in a program with Smith's Food and Drug called Inspiring Donations. With Inspiring Donations, Smith’s has made it easy to support our schools!

Every time you shop at Smith’s with your rewards card, Smith’s donates .5% of your total order to the Wind River Schools. (Some exclusions apply, please see Q&A below)

Sign In or Create an Account to Enroll:
https://www.smithsfoodanddrug.com/account/create

Once signed in you can enroll or update in the Inspiring Donations Program under your Account Settings.

Steps on how to select an organization: after you enroll log in to your account, on the left hand side select Inspiring Donations, then in the search bar type the school you are looking to support: Wind River Middle/High School, Wind River Elementary, or Crowheart Elementary, select enroll.
Q. Is my personal information secure in the enrollment process?

A. Smith’s does not sell trade or rent our customers’ personal information to outside companies or marketing firms. Our complete Privacy Policy is available at www.smithsfoodanddrug.com

Q. After I enroll my rewards card with an organization, how soon will my purchases start benefitting the organization?

A. Your purchase will begin earning for your designated nonprofit organization upon registering your Smith’s rewards card. You may verify enrollment by going to www.smithsfoodanddrug.com/Inspire view My Account.

Q. Does everything in my shopping cart qualify for donation to my selected organization?

A. Participants earn rewards on most items every time they shop. However, there are specific items that are not included: alcohol, tobacco products, government-assisted pharmacy expenses, postage stamps, Kroger Co. Family of Stores Gift Cards, Green Dot reloadable products, MoneyPaks, 1-2-3 Rewards Reloadable Visa Prepaid Debit Card, ReCharge Cards, American Express Variable Load Gift Cards, Visa Variable Load Gift Cards, MasterCard Variable Load Gift Cards, bottle deposits, lottery and promotional tickets, money orders, Western Union, fuel and sales tax are excluded from eligible purchases. Eligible pharmacy purchases include out-of-pocket co-pays for nongovernment assisted pharmacy programs.

Q. May I support more than one organization at a time through Smith’s Inspiring Donations?

A. Your Smith’s reward card may only be linked to one organization at a time. However, you may change your selected nonprofit at any time at www.smithsfoodanddrug.com.

Q. May we connect our reward card at the store to a nonprofit organization?

A. Scanning barcodes at Smith’s check stands will not be used in the sign up process for Smith’s Inspiring Donations. All customer enrollments will be through www.smithsfoodanddrug.com/inspire

If you have additional questions, please reach out to our
Call Center at: 1-888-876-4847 (option 3, option 3)
Thank you to all the parents, students, and staff that supported the elementary book fair! It was a great success and the library added many new titles to our collection.

Thank you!!

Mrs. Yoder
Cougar Counsel

November 2019:  What's The Best Scholarship For You?

- Institutional Scholarships can be your best bet for getting money for college. These are scholarships from the college that YOU will be attending. It's the college's interest to make it financially possible for you to attend!

Other Important Info to Know:

November 8th: ACT Test Registration Deadline for December 14th test.
November 7-9th: State Volleyball
November 11th: Veteran's Day program at 2:30p.m.
November 12th: Middle School Sports pictures taken
November 22nd-23rd: Drama Showcase Performances

Scholarship Dates:
- Nov. 15th: Wy Assoc. of Secondary School Principals
- Nov 15th: Daniels Fund Scholarship (based on financial need)
- Dec. 1st: American Indian Nurse Scholarship
- Dec. 31st: Applegate-Jackson-Parks Future Teacher
- Feb.: Walter Urbigkit Memorial Scholarship (preference given to a Fremont Co. student)
- Jan. 1st: National Wild Turkey Federation Annual Scholarship (hunting sports)
- Feb. 15th: John P. Ellbogen Foundation (for UW)
- March 5th: Wyoming Daughters of the American Revolution (Native American Female)

*More Scholarship information will be sent by email

Fun Box:

"Give a man a fish and you feed him for a day;
TEACH a man to fish and you feed him for a lifetime."  Maimonides

Stacey James ... staceyj@freb.k12.wy.us ... 307-856-7970 ext. 150
Hello Cougar Fans,

What a great fall sports season we have had! Middle School football finished third in the conference after a three way tie for second place. The tie was broken with the flip of a coin and Wind River went in as fourth seed to play for third or fourth. They finished their season with a record of 5 wins and 2 losses. Our Middle School volleyball Team were 2nd in conference play and third in tournament play! Youth Volleyball learned about teamwork and grew throughout the season on skills. Watchout for them next year! We have both high school football and volleyball heading into postseason play. Our High School Volleyball team will be first seed going into Regional play! They were undefeated in conference play this season!!!! The Football team will go in fourth seed and have a playoff game at BigHorn for the third year in a row.

Get out and support your Cougar Teams!!!!

Go Cougars,

James Cunningham
Wind River Athletics Director
Congratulations Lady Cougar Volleyball for being 6-0 Conference Champs!
Lady Cougars MS volleyball posted great results this season. Most every lady athlete maintained academic eligibility all season long. All their hard work paid off, both in the classroom and on the VB court. Our MS ladies finished 2nd in conference and 3rd in WRCAA tourney. Mr. Lemley wants this group of 8th graders to know that he will miss them all very much on his court, but knows that the High School Lady Cougars are going to be very powerful. Mr. Lemley feels sorry for the other teams that have to play these Lady Cougars! Go Cougars!

WRCAA All Conference Award: Zoe Mulholland, Tania St. Clair, and Allison Tidzump.

WRCAA Honorable Mention: Kaylee Leseberg

Coach Awards:

Constant Positive Attitude; Kaylee Leeseberg, Maggie Jensen, Bella Mascarenaz, and Mina King

Most Improved Serve; Bella Mascarenaz, Cylie Honstien, Karina Frederick, Ember Flint

Most Consistent Player: Maggie Jensen and Zoe Mulholland
With the new year in full swing, The Wind River FFA Chapter has been able to accomplish a couple of your yearly activities. At the beginning we were able to do your highway clean up and help clean out the Pavillion Museum. Many of our members were able to help with this community service project, and with that it was a great time.

As announced in the previous newsletter, we decided to sell potatoes and calendars. We are still continuing to sell potatoes until November 5th and will be delivered on November 9th. We will be going to Idaho to get the potatoes. The calendar sales will be no presale, so once we are out of calendars we won’t be getting anymore. So if you want a calendar please feel free to message any FFA member or message The Wind River FFA Facebook page.

Also, The Wind River FFA Chapter has started a facebook page, so it would really appreciated if everyone would go give our Facebook page follow, and we will be doing a voting platform for pictures to go into our calendar. So if you have a cool picture of agriculture please put into onto your voting platform on Facebook. We will hold another FFA meeting next Tuesday to decide what other activities we will be doing this year.
Ms. Hammock’s Science

Winners of the 3rd Annual Punkin Chunkin contest that occurred on October 31st were Koby Johnson, Dennis Bousman, and Patrick Jacobson.

The Transit of Mercury across the sun will occur on November 11th and will be visible (with solar glasses/telescopes equipped with solar filters) from Sun up until 11 am. If the weather cooperates, at least one telescope will be set up and some solar glasses will be available just outside between the makerspace outside door and the shared MS/HS lab outside door.
Student Artist of the Month

November

Sierra Burnett is a twelfth grade student and she is enrolled in Drawing & Painting I. She is currently studying Native America Artist and finished a “Senior Ceiling Tile and now she is working on a project called “Scenery with Texture” which emphasizes the Element of Design (Texture) on a scenery painting.
Pumpkin Patch

The Wind River 6th graders traveled to the pumpkin patch October 11, with Mrs. Remacle, Mrs. Haslam, and Mr. Edmundson. We were able to pick out pumpkins, travel through the corn maze, eat lunch on the haystack pit, and enjoy the sunshine. After, we met with Bryan Piles, the owner of SonHarvest, and he discussed some key points of small business management and the agricultural processes of growing a successful pumpkin patch. Students took lots of notes and worked on their paragraph writing. Here are a few samples below. Such a fun day!
strategies.

1. In our interview with SonHarvest about running a small family business, what is something you think is important to being a successful business owner? Use evidence to support your answer. You have to have an idea, you have to like it, and you have to hustle,” said Brian Pile. At the SonHarvest owned by Brian Pile, he had an idea to sell pumpkins to Walmart. But Walmart didn’t want to buy them. Then people saw the pumpkins and asked if they could buy them, then he finally listened to the people. That is how SonHarvest got started and is successful.

1. In our interview with SonHarvest about running a small family business, what is something you think is important to being a successful business owner? Use evidence to support your answer. According to Bryan Pyle, owner of Son Harvest pumpkin patch, an important thing you need to run a small business is being able to market it. If you don’t know how to market your product your business will fail. A lot of people’s businesses are probably failing a day with really good ideas, but they don’t know how to market it.
Research Project
6th Grade
Wind River Middle School

Objective: Students will use research strategies and follow text structures to explore a topic they want to learn more about.

Standards Assessed:
W.1.: Write arguments to support claims with clear reasons and relevant evidence.
W.8.: Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
W.10.: Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two)
SL.4.: Present claims and findings, emphasizing salient points in a focused, coherent manner with relevant evidence, sound valid reasoning, and well-chosen details; use appropriate eye contact, adequate volume, and clear pronunciation.
RI.1.: Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
RI.5.: Analyze in detail the structure of a specific paragraph in a text, including the role of particular sentences in developing and refining a key concept.
RI.8.: Delineate and evaluate the argument and specific claims in a text, assessing whether the reasoning is sound and the evidence is relevant and sufficient; recognize when irrelevant evidence is introduced.

Requirements:
1. Pick a topic that needs researched
2. Choose between using Description/List or Sequence of Events to research about your topic (you will organize your presentation this way)
3. Choose between Problem/Solution or Cause/Effect to share out why this topic is important (continue your presentation with this text structure)
4. Use multiple sources for your research (online, experts, videos, etc)
5. 2 page paper - due Dec. 6th (100 pts)
6. Works Referenced Page - In a list
7. Be prepared on presentation week. Dec. 16 - 20th (50 pts)

The following checklist will be covered throughout the semester. You always have the option to work ahead, but make sure to check your research and presentation as the material is covered and ALL work needs to be documented in your research journal:
- Select a topic and then brainstorm everything you know or want to know about your topic
  - Why is something the way it is?
  - What bothers you about an issue in our world?
  - What have you always wanted to learn more about?
- Develop an essential question - “What do you want to learn?”
- CRAAP tests - 3 websites
- Expert - find one, contact one, set up an interview
- Presentation building
  - All slides with research reference
  - Introduce your text structure before you present the section (and label in slide)
  - Images must be credited
  - Order IS important

- Giving a presentation
  - Qualities of a good presenter
  - Using the presentation sources as a guide
  - Practice in small teams

Reference Canvas often. Have fun and pick something you WANT to learn about!
FAMILY HISTORY QUARTER PROJECT
7TH GRADE - WIND RIVER
2ND QUARTER

Name:

This quarter-long project will encourage you to better understand your family and its heritage while using technology and primary sources, the tools of present day researchers, to accomplish your goal. You will have access to Ancestry.com, the premier tool used by genealogists around the world. In addition, I will introduce you to other helpful websites and sources that will aid you in your research this quarter. The project will consist of three elements: a family tree of 4 generations (if possible), culture-based research (history, celebrations, immigration), and self-reflection. The overall value of this project will be 150 points. Papers will be due December 8 and presentations will begin Dec. 16.

HELPFUL WEBSITES
Here are a few sites that you might want to use to get started.

Ancestry.com – This will be the primary source that many of you could use for completing portions of this project with the help of a family member. Please note that you will only have limited access at school. http://www.ancestry.com/

Learning where your name comes from – Surname finder
https://www.genealogytoday.com/surname/finder/

U.S. Census Bureau Genealogy – This site will allow you to search portions of the census from past years.
https://www.census.gov/topics/population/genealogy.html

United States Surname Distribution – This unique site enables visual learners to see how your family name has migrated throughout the United States according to census data.

REQUIRED ELEMENTS – 100 points
These two required elements are meant to give you a feeling for the history of your family and its ethnic origins.

PART 1 - FAMILY TREE
A main portion of your research will involve creating this family tree. Ideally, students should be able to create a family tree going back a total of 4+ generations (great, great grandparents). Others will find that going back is much simpler due to research completed by previous family members. Your family tree should at minimum include birth, death dates, and locations. If you are unable to complete a tree for reasons beyond your control, please see me to make alternative arrangements.

PART 2 - CULTURE RESEARCH
After conducting your interview(s) and learning what parts of the world you come from, it’s time to research those areas. How much of it you research is up to you. Remember that you are on a time frame, and whatever direction you choose needs to be given enough time and attention to develop the ideas in your paper.

Make sure to hit on the following points:
• History of that culture (how does it connect with what you know about your family)
• Celebrations
• Traditions
• Language

PART 3 - SELF-REFLECTION
You will be spending some time analyzing your research. You will need to discuss the following:
• What did I learn from my family interview?
• Why is it important to me to learn about my family history?
• What is the most important piece I learned in this project?
• What do I still want to learn more about?
• How does my family play a role in my identity?

Requirements:
1. Family Interview
2. 2 reliable sources as determined by the CRAAP test
3. 3 page paper (one page of self reflection)
   a. 100 points
   b. Due December 8th
4. Presentation of all three sections
   a. Start December 16th
Career Research Project - Introduction
8th Grade - 2nd Quarter
Wind River Middle School

Part One - Career
Students will research a possible career path. They will need to research what this career is all about. Here are some points to hit:

- About the Job (In your own words, write down what someone in this job does).
- It is Also Called (List three other job titles that relate to your career).
- What They Do (Read the many activities listed and choose three that interest you the most).
- Education Required (This is the schooling needed after high school to be ready for this job; list it).
- Wages (This is how much money you could be earning a year in this job).
- Satisfaction people experience (or don’t) in this line of work
- Pros and Cons to the career
- Location (Where is this career path in demand? Where would you need to go to be successful)

This information will be gathered through a variety of sources, including an interview with someone who currently has the job of interest.

Part Two - The Plan
Students will then follow up with a plan on how to get to this career. They will need to research if this career path requires a four year college, two year college, certificate program, on the job training, etc. Some points to hit:

- Common College Majors (If you need additional schooling after high school for this job, this category lists the things you could be studying; read all the areas of study and choose the one that looks the most interesting).
- Locations of schools/programs
- Cost
- Time
- Prep work in high school to be ready for this career path after graduation

Part Three - Self Reflection
Students will spend some time analyzing their research. They will need to address the following:

- Why is this a good fit for me? (my personalities, my passions, what I want, etc)
- What are two obstacles I see that could make this difficult for me to accomplish? What will I do about that?
- What could be another option for me if this career isn’t what I want for myself as I get older?
- Am I on the right path to get to where I want to go? Explain.
Requirements:
1. Career Interview
2. 4 reliable sources as determined by the CRAAP test
3. 5 page paper (required two pages of self reflection)
   a. Due Dec. 6th
   b. 100 points
4. Presentation of all three sections -
   a. December 16 - 20 during class
   b. 50 points
### 9th Grade

<table>
<thead>
<tr>
<th>Principal's List</th>
<th>&quot;A&quot; Honors</th>
<th>&quot;B&quot; Honors</th>
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<tbody>
<tr>
<td>JayCee Herbert</td>
<td>Casey Befus</td>
<td>Nathan Bowcutt</td>
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<td>Colby Jenks</td>
<td>Sidnee Flint</td>
<td>KC Gibson</td>
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<td>Remington Herbert</td>
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<td>Calder Johnson</td>
<td>Martina Large</td>
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<td>Hunter Walker</td>
<td>Wylie Shearer</td>
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### 10th Grade

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<td>Reece Hindman</td>
<td>Taleah C'Bearing</td>
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<td>Ariana Spoonhunter</td>
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<td>Harold Mulholland</td>
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<td>Macie Rigdon</td>
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### 11th Grade

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<td>Colter Collver</td>
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<td>Patrick Jacobson</td>
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<td>Dustin Supino</td>
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### 12th Grade

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<td>Savannah Arneach</td>
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<td>Skye Sanderson</td>
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<td>Allison Sweeney</td>
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## 8th Grade

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<td>Cylie Honstein</td>
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<td>Isabella Mascarenaz</td>
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<td>Dallon Johnson</td>
<td>Aidan Ruby</td>
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<tr>
<td>Cora Remacle</td>
<td>Kaylee Leseberg</td>
<td>Rowdy Shearer</td>
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<td></td>
<td>Lucille Loveland</td>
<td>Blake Snyder</td>
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<td></td>
<td>Grace Neubauer</td>
<td>Julien Tatro</td>
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<tr>
<td></td>
<td>Summer Packard</td>
<td>Allison Tidzump</td>
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<tr>
<td></td>
<td>Dorian Suggs</td>
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Third Grade News

In Math, we are beginning our multiplication unit. Third graders are so excited to show off their multiplication skills. We are also working on mastering our addition facts with the timed tests. They are really improving and building confidence!

In Social Studies, we are learning about citizenship. We have learned about voting and how it works. We will continue learning about citizenship in the upcoming weeks.

We are entering our weather unit in Science. We will be tracking patterns in the weather over the next couple months.
Things are in full swing for Wind River 5th graders, as we are just beginning the second nine weeks of school. In reading, we are studying “What does it take to put a plan into action?” 5th graders are reading many texts spanning a wide gamete of genres, exploring how the characters make observations, formulate a plan, and carry out that plan.

In math, we are strengthening our multiplication and division fact skills through “Reflex Math.” Our general focus in terms of 5th grade standards has been working with all operations with decimals using the standard algorithms, and correctly applying the orders of operations in multi-process problems.

Our writing for the first quarter focuses on opinion pieces that state how we feel about certain topics. The 5th graders have worked on making a claim and supporting that claim with reasons and personal experience. We are also working with Haiku poetry. Please enjoy a couple sample Haikus written about the community service project we did earlier in October by helping the kindergarten at the pumpkin patch, by helping them select and carry pumpkins and being partners through the corn maze.

Helping kids grow wow!
Helping the community
The Community (Reina)

I love the corn mase (Zane)
I love the corn maze
Poky corny amazing
You should go their to (Taylor)

Have fun together
Getting lost in the small maze
I love the corn maze (Brooklyn)

Helping others like Kindergarteners is so
Fun run run run run (Aspen)

The corn maze was cool
I am allergic to hay
Both were amazing (Isaiah)

Was fun helping kids
It was fun carrying pumkins
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<tr>
<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
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<th>Nutrients Avg</th>
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<tbody>
<tr>
<td>4 CEREAL ASST. BOWL OATMEAL (2 VARIETY PACK) PEARS YOGURT JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>5 CEREAL ASST. BOWL PANCAKE ENGLISH MUFFIN EGG/HAM STRAWBERRIES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>6 CEREAL ASST. BOWL MUFFIN assorted 4 oz. YOGURT PEACHES, FRESH JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>7 CEREAL ASST. BOWL WAFFLE WHOLE GRAIN SYSCO CHEESE STICKS FRUIT COCKTAIL JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>8 Calories 830 Cholesterol 80 mg Sodium 987 mg Dietary Fiber 8.96 g Iron 15.90 mg Calcium 909.55 mg Sugars 17.71 g 8.5% Protein 31.53 g 15.2% Carbohydrate 127.65 g 60.3% Total Fat 19.78 g 21.4% Saturated Fat 8.5%</td>
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<tr>
<td>11 CEREAL ASST. BOWL 2 DONUT (LONG JOHN) WHL GR CHEESE STICKS APPLES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>12 CEREAL ASST. BOWL PANCAKE ON STICK PEAR (DICED) SYRUP PANCAKE JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>13 CEREAL ASST. BOWL 2 FRENCH TOAST HOMEMADE PEACHES SYRUP PANCAKE JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>14 CEREAL ASST. BOWL 2 BREAKFAST BAR GO GURT PEACHES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>15 Calories 874 Cholesterol 53 mg Sodium 982 mg Dietary Fiber 18.38 g Iron 16.05 mg Calcium 883.25 mg Vitamin A 2917 IU Vitamin C 43.10 mg Sugars 24.59 g 11.3% Protein 29.37 g 13.4% Carbohydrate 127.65 g 58.4% Total Fat 18.84 g 19.4% Saturated Fat 8.6%</td>
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<td>18 CEREAL ASST. BOWL 2 DONUT (LONG JOHN) WHL GR CHEESE STICKS APPLES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>19 CEREAL ASST. BOWL 2 BAGELS, CINNAMON-RAISIN CREAM CHEESE CUP STRAWBERRY CREAM CHEESE CUP (PLAIN) GRAPEFRUIT HALVES APPLES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>20 CEREAL ASST. BOWL 2 FRENCH TOAST HOMEMADE PEACHES SYRUP PANCAKE JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>21 CEREAL ASST. BOWL 2 BREAKFAST BAR GO GURT PEACHES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>22 Calories 945 Cholesterol 57 mg Sodium 850 mg Dietary Fiber 9.23 g Iron 19.72 mg Calcium 888.31 mg Vitamin A 4234 IU Vitamin C 71.57 mg Sugars 34.85 g 14.7% Protein 44.95 g 17.6% Carbohydrate 149.49 g 63.3% Total Fat 30.45 g 18.0% Saturated Fat 6.00 g 7.7%</td>
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<td>25 CEREAL ASST. BOWL 2 BREAKFAST BAR GO GURT PEACHES JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>26 CEREAL ASST. BOWL 2 PANCAKES MINI MAPLE BURSTN 2 YOGURT PEAR (DICED) SYRUP PANCAKE JUICE (assorted) MILK Chocolate FAT FREE</td>
<td>27 THANKSGIVING BREAK</td>
<td>28 THANKSGIVING BREAK</td>
<td>29 Calories 1014 Cholesterol 36 mg Sodium 927 mg Dietary Fiber 10.16 g Iron 19.86 mg Calcium 878.00 mg Vitamin A 3902 IU Vitamin C 40.53 mg Sugars 29.82 g 11.8% Protein 28.02 g 10.7% Carbohydrate 188.79 g 74.5% Total Fat 20.28 g 18.0% Saturated Fat 4.83 g 4.3%</td>
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*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data
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<tr>
<th>Monday</th>
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<th>Nutrients Avg</th>
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<tr>
<td>4 HOT DOG BUN WHL GRAIN HOT DOG PORK &amp; BEANS PEAS SUGAR SNAP PEAR (DICED) CHOCOLATE CHIP COOKIES (wh gr) MILK Chocolate FAT FREE</td>
<td>5 PIZZA (pepp) BIG DADDY WHEAT LETTUCE(SHREDDED) CARROT STICKS PEACHES RICE KRISPIES TREATS (mg) CONDIMENTS MILK Chocolate FAT FREE</td>
<td>6 FRENCH TOAST STICKS (4) SAUSAGE LINKS (CLOVERDALE) HONEYDEW CELERY STICKS CONDIMENTS MILK Chocolate FAT FREE</td>
<td>7 CHEESEY BEEFY NACHOS LETTUCE TORTILLA CHIPS CORN MANDARIN ORANGES CND,LT SYRUP CONDIMENTS MILK Chocolate FAT FREE</td>
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<td>Cholesterol</td>
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<td>11 HOT HAM/CHESSE SAND. GODFISH (CHEDAR wh (gr)) CAULIFLOWER PINEAPPLE (Chunks) ICE CREAM, SANDWICH CONDIMENTS MILK Chocolate FAT FREE</td>
<td>12 CHICKEN AND NOODLES POTATOES MASHED PEAS BISCUITS PEACHES CONDIMENTS MILK Chocolate FAT FREE</td>
<td>13 CHILI DOGS BROCCOLI PEAR (DICED) FRITOS (Individual Bag) CONDIMENTS MILK Chocolate FAT FREE</td>
<td>14 PHILLY CHEESE STEAK ROLL (Dinner) CHEESE (Shredded) REFRIED BEANS PEPPERS (MIXED) STRIPS CORN ON THE COB CANTOLOPE CONDIMENTS MILK Chocolate FAT FREE</td>
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<td>18 CORN DOGS WHL GR POTATO CHIPS,BAKED BROCCOLI ROSEY APPLES SAUCE CONDIMENTS MILK Chocolate FAT FREE</td>
<td>19 CHICKEN NUGGETS (6) CUCUMBER BANANA PUDDING CHOCOLATE (CUPS) CONDIMENTS MILK Chocolate FAT FREE</td>
<td>20 CHEESEBURGER CHIPS SUNCHIPS GREEN BEANS PEPPERS (MIXED) STRIPS TOMATO(E)SIOCES) ONION, SLICED(2) CANTOLOPE MILK Chocolate FAT FREE CONDIMENTS</td>
<td>21 CHICKEN SANDWICH PORK &amp; BEANS ORANGES CELERY STICKS PEAS MILK Chocolate FAT FREE CONDIMENTS</td>
<td>22 FRY BREAD BEEF &amp; BEANS LETTUCE TOMATO(E)SIOCES) ONION, MANDARIN ORANGES MILK Chocolate CONDIMENTS</td>
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<td>25 TOMATO SOUP/CAMPBELL GRILLED CHEESE SANDWICH CORN LETTUCE APPLES MILK Chocolate FAT FREE CONDIMENTS</td>
<td>26 THANKSGIVING DINNER TURKEY &amp; GRAVY ROLL (Dinner) GREEN BEANS CRANBERRY SAUCE/COMMODITY APPLE CRISP PUMPKIN PIE WHIPPED TOPPING, 1 OZ. MILK Chocolate FAT FREE CONDIMENTS</td>
<td>27 THANKSGIVING BREAK</td>
<td>28 THANKSGIVING BREAK</td>
<td>29 THANKSGIVING BREAK</td>
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*Menu subject to change*

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