

ELEMENTARY

	Monday	Tuesday	Wednesday	Thursday	Friday
FUN LUNCH	<u>Yogurt Cheese Plate</u>	<u>Mini Corn dogs</u> Seasoned Fries Mayo, Mustard, Ketchup	<u>Turkey Sub</u> Baked Chips Mayo, Mustard, Ketchup	<u>Barrito</u> Baked Chips Ketchup, Mayo, Mustard	<u>Crispy Chicken</u> Tots Mayo, Mustard, Ketchup
Salad Grab n Go	<u>Chef Salad w/ Cheese</u>	<u>Mandarin Chicken Salad</u>	<u>Grill Chicken Salad</u>	<u>Beef Taco Salad</u>	<u>Chef Salad w/Ham</u>

Offered Daily

All side items from Momma's Line

Seasonal- Fresh Fruit
1% White Or Fat Free Flavored Milk
Garden Salad
Buttermilk Ranch Dressing

FUN LUNCH & SALADS



Fruit Of The Month

GRAPEFRUIT

A Grapefruit is 92 percent water. Eating it is just one way of keeping your body hydrated. This citrus fruit is a great source of vitamin C and vitamin A. Your body needs these vitamins to stay healthy and recover after an illness, such as a cold.

Grapefruits can lower blood pressure and bad cholesterol. The grapefruit was created accidentally when a sweet orange was crossed with a pomelo, a large citrus fruit. This hybrid was created in the 1700s in Barbados.