



**ELK CITY PUBLIC SCHOOLS
MENU
MAY 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1	2	3
		Biscuit and Gravy Fruit Choice Chicken Nuggets Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	French Toast Sticks Syrup Fruit Choice Rib Dipper California Vegetable Blend Tossed Salad Garlic Bread Fruit Choice	Muffin Choice Fruit CheeseStick Marinara Broccoli Cherry Tomatoes Black Beans Fruit Choice
6	7	8	9	10
Cheesy Scrambled Eggs Bacon Slice Fruit Choice Pulled Pork Sandwich Glazed Carrots Baked Beans Fruit Choice	Sausage & Cheese Biscuit Fruit Choice Taco Salad MexiRice MexiBeans Fruit Choice	Breakfast Pizza Fruit Choice Chicken Strips Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	Cinnamon Roll Applesauce Fish Sticks Potato Wedges Carrot Sticks Tossed Salad Fruit Choice	Pancakes w/ Syrup Fruit Choice Cheese Bites Corn Garbonzo Bean Salad Marinara Fruit Choice
13	14	15	16	17
Yogurt and Granola Fruit Choice Frito Chili Pie Pinto Beans Carrots with Ranch Fruit Choice	Omelet Salsa Fruit Choice Popcorn Chicken Bowl Corn Mashed Potatoes and Gravy Hot Roll Fruit Choice	Biscuit and Gravy Fruit Choice Nachos MexiBeans Tossed Salad and Cherry Tomatoes Fruit Choice	French Toast Sticks Syrup Fruit Choice Asian Chicken Brown Rice Peas Fruit Choice	Muffin Choice Fruit Pizza Fresh Broccoli with Ranch Veggie Blend Fruit Coice
20	21	22	23	24
Cheesy Scrambled Eggs Bacon Slice Fruit Choice Managers Special Day Fruit Choice	Sausage & Cheese Biscuit Fruit Choice Hamburger/Cheeseburger Baked Beans Sweet Potato Fries Broccoli with Cheese Fruit Choice	Breakfast Pizza Fruit Choice Turkey and Cheese Sandwich Harvest Cheddar Chips Pickle Spear Fruit Choice		
27	28	29		

VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE. CEREAL AND TOAST ARE AVAILABLE DAILY FOR BREAKFAST.

A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site for lunch.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.