




**ELK CITY PUBLIC SCHOOLS
MENU
MARCH 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cinnamon Roll Applesauce Stuffed Crust Pizza Corn Carrot Sticks w/ Ranch Fruit Choice
4 Yogurt and Granola Fruit Choice Breaded Chicken Sandwich Lettuce, Tomato & Pickles French Fries Fruit Choice	5 Omelet Salsa Fruit Choice Steak Fingers Mashed Potatoes and Gravy Tossed Salad Hot Roll Fruit Choice	6 Biscuit and Gravy Fruit Choice Chicken Nuggets Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	7 French Toast Sticks Syrup Fruit Choice Rib Dipper California Vegetable Blend Tossed Salad Garlic Bread Fruit Choice	8 Muffin Choice Fruit Pulled Pork Sandwich Potato Wedges Carrot Sticks Tossed Salad Fruit Choice
11 Cheesy Scrambled Eggs Bacon Slice Fruit Choice Rib Patty Sandwich Glazed Carrots Baked Beans Fruit Choice	12 Sausage & Cheese Biscuit Fruit Choice Chicken Quesidilla MexiRice MexiBeans Tossed Salad Fruit Choice	13 Breakfast Pizza Fruit Choice Chicken Strips Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	14 Cinnamon Roll Applesauce Fish Sticks Potato Wedges Carrot Sticks Tossed Salad Fruit Choice	15 Pancakes w/ Syrup Fruit Choice Cheese Bites Corn Garbonzo Bean Salad Marinara Fruit Choice
18	19	20 	21	22
25 Cheesy Scrambled Eggs Bacon Slice Fruit Choice Hamburger/Cheeseburger Baked Beans Sweet Potato Fries Broccoli with Cheese Fruit Choice	26 Sausage & Cheese Biscuit Fruit Choice Mini Corndogs Mac and Cheese Black Eyed Peas Fruit Choice	27 Breakfast Pizza Fruit Choice Popcorn Chicken Bowl Corn Mashed Potatoes and Gravy Hot Roll Fruit Choice	28 Cinnamon Roll Applesauce Spaghetti Italian Veggies Tossed Salad Marinara Fruit Choice	29 Pancakes w/ Syrup Fruit Choice Stuffed Crust Pizza Corn Carrot Sticks w/ Ranch Fruit Choice
<p>**VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE. CEREAL AND TOAST ARE AVAILABLE DAILY FOR BREAKFAST.** **A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site for lunch.** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</p>				