ELK CITY PUBLIC SCHOOLS
MENU
JANUARY 2019

	sday	Wednesday	Thursday	Friday
	1	2	3	4
7 No School! Professional Day!	8 Breakfast Combo Bar Fruit Choice Steak Fingers Au Gratin Potatoes Tossed Salad Hot Roll Fruit Choice	9 Biscuit and Gravy Fruit Choice Chicken Nuggets Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	10 French Toast Sticks Syrup Fruit Choice Rib Dipper California Vegetable Blend Tossed Salad Garlic Bread Fruit Choice	11 Muffin Choice Fruit CheeseStick Marinara Broccoli Cherry Tomatoes Black Beans Fruit Choice
14 Cheesy Scrambled Eggs Bacon Slice Fruit Choice Galaxy Pizza Glazed Carrots Tossed Salad Fruit Choice	15 Sausage & Cheese Biscuit Fruit Choice Quesadilla Brown Rice Peas Fruit Choice	16 Breakfast Pizza Fruit Choice Chicken Strips Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	17 Cinnamon Toast Applesauce BBQ Sandwich Potato Wedges Carrot Sticks Tossed Salad Fruit Choice	18 Pancakes w/ Syrup Fruit Choice Chicken Parm Corn Garbonzo Bean Salad Bread Stick Marinara
21 No School! Professional Development!	22 Breakfast Combo Bar Fruit Choice Mini Corndogs Mac and Cheese Tossed Salad Black Beans Fruit Choice	23 Biscuit and Gravy Fruit Choice Chik N' Fry Stix Cheesy Potatoes Green Beans Fruit Choice	24 French Toast Sticks Syrup Fruit Choice Lemongrass Chicken Brown Rice Tossed Salad Cherry Tomatoes Fruit Choice	25 Muffin Choice Fruit Sloppy Joes Baked Beans Corn Salad Fruit Choice
28 Cheesy Scrambled Eggs Bacon Slice Fruit Choice Hamburger/Cheeseburger Baked Beans Potato Wedges Broccoli with Cheese Fruit Choice	29 Sausage & Cheese Biscuit Fruit Choice Corndog OR Frito Chili Pie Mexi Beans Glazed Carrots Fruit Choice	30 Breakfast Pizza Fruit Choice Popcorn Chicken Bowl Corn Gravy Hot Roll Fruit Choice	31 Cinnamon Toast Applesauce Cheese Bites Italian Veggies Tossed Salad Marinara Fruit Choice	1

VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE. CEREAL AND TOAST ARE AVAILABLE DAILY FOR BREAKFAST.
A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site for lunch.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.