






**ELK CITY PUBLIC SCHOOLS  
MENU  
NOVEMBER 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
				1  Professional Development Day
4 Cheesy Scrambled Eggs w/ Bacon Fruit Choice  Hamburger/Cheeseburger French Fries/Potato Smiles(Elem) Baked Beans Pickle Spear Fruit Choice	5 Sausage & Cheese Biscuit Fruit Choice  Frito Chili Pie Shredded Cheese Glazed Carrots Fruit Choice	6 Breakfast Pizza Fruit Choice  Chicken Tenders Green Beans Mashed Potatoes & Gravy Hot Roll Fruit Choice	7 Donuts Applesauce  Spaghetti BreadStick Fresh Salad w/ Ranch Italian Veggies Fruit Choice	8 Pancakes w/ Syrup Fruit Choice  Stuffed Crust Pizza Carrot Sticks w/ Ranch Corn Fruit Choice
11 Yogurt and Granola Fruit Choice  Taco Soup MexiBeans Tortilla Chips Carrots Fruit Choice	12 Cheese Omelet w/ Salsa Fruit Choice  Steak Fingers Scalloped Potatoes Fresh Salad w/ Ranch Hot Roll Fruit Choice	13 Biscuit and Gravy Fruit Choice  Chicken Nuggets Green Beans Mashed Potatoes w/ Gravy Hot Roll Fruit Choice	14 French Toast Sticks w/ Syrup Fruit Choice  Rib Dippers w/ BBQ Sauce Baked Beans Fresh Salad w/ Ranch Garlic Bread Fruit Choice	15 Breakfast Combo Bars Fruit  Cheese Bites Marinara Corn Salad Carrot Sticks Fruit Choice
18 Cheesy Scrambled Eggs w/ Bacon Fruit Choice  Grilled Cheese Tomato Soup Fresh Salad w/ Carrot Sticks Fruit Choice	19 Sausage & Cheese Biscuit Fruit Choice  Beef Tacos Spanish Rice Refried Beans with Cheese Fresh Salad w/ Ranch Fruit Choice	20 Breakfast Pizza Fruit Choice  ChickenStrips Green Beans Mashed Potatoes w/ Gravy Hot Roll Fruit Choice	21 Cinnamon Roll Applesauce  Thanksgiving Dinner 	22 Pancakes w/ Syrup Fruit Choice  Cheese Sticks Marinara Garbonzo Bean Salad Corn Fruit Choice
25	26 	27 Thanksgiving Break No School	28	29

\*\*VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE. CEREAL AND TOAST ARE AVAILABLE DAILY FOR BREAKFAST.\*\*

\*\*A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site for lunch.\*\*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.