




ELK CITY PUBLIC SCHOOLS  
MENU  
SEPTEMBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Biscuit Fruit Choice  Mini Corndogs Baked Beans Mac and Cheese Fruit Choice	Breakfast Combo Bar Fruit Choice  Chicken Tenders Cheesy Potatoes Green Beans Hot Roll Fruit Choice	Biscuit and Gravy Fruit Choice  Asian Chicken Brown Rice Fresh Salad w/ Cherry Tomato, Ranch	Cinnamon Toast Applesauce  Pizza Corn Salad Mixed Veggies Fruit Choice
Waffle Sticks Syrup Fruit Choice  Hamburger/Cheeseburger Potato Wedges Broccoli with Cheese Sauce Fruit Choice	Muffin Choice Fruit  Corndog Baked Beans Carrot Sticks Fruit Choice	Cinnamon Roll Fruit Choice  Popcorn Chicken Mashed Potatoes & Gravy Green Beans Hot Roll Fruit Choice	Breakfast Pizza Fruit Choice  Lasagna Roll Fresh Salad w/ Ranch Italian Vegetables Fresh Fruit Choice	Pancakes w/ Syrup Fruit Choice  Nacho Bites Carrot Sticks w/ Ranch Seasoned Corn Fruit Choice
Biscuit and Gravy Fruit Choice  Crispy Chicken Sandwich Lettuce/Tomato/Pickles French Fries Fruit Choice	Cheesy Scrambled Eggs Bacon Slice Fruit Choice  Steak Fingers w/ Gravy Scalloped Potatoes Fresh Salad w/ Ranch Fresh Fruit Choice	French Toast Sticks Syrup Fruit Choice  Chicken Nuggets Mashed Potatoes w/ Gravy Green Beans Hot Roll Fruit Choice	Sausage & Cheese Biscuit Fruit Choice  Hot Dogs Green Peas & Carrots Tator Tots Fresh Fruit Choice	
PROFESSIONAL DAY	Breakfast Combo Bar Fruit Choice  Asian Chicken Brown Rice Fresh Salad w/ Cherry Tom and Ranch Fruit Choice	Biscuit and Gravy Fruit Choice  Chicken Tenders Cheesy Potatoes Green Beans Hot Roll Fruit Choice	Cinnamon Toast Applesauce  Fish Sticks French Fries Fresh Salad w/ Carrot Sticks & Ranch Fruit Choice	Chicken Biscuit Fruit Choice  Cheese Stuffed Bread Stick Marinara Sauce Seasoned Corn Garbonzo Bean Salad Fresh Fruit Choice

VARIETY OF MILK AND 100% FRUIT JUICE OFFERED DAILY. MENUS ARE SUBJECT TO CHANGE.  
CEREAL AND TOAST ARE AVAILABLE DAILY FOR BREAKFAST.

\*\*A "Grab and Go" option of a meat and cheese sandwich, fresh fruit and vegetable, and milk and juice are available daily at each site.\*\*



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