

Grandfalls-Royalty ISD

P.O. Box 10 Grandfalls, TX 79742
432.547.2266

September 4, 2020

Dear Parents and Families:

A child in our school district is suspected of being exposed/tested for COVID-19.

Information about the disease:

1. Per the Centers for Disease Control, the disease is spread by:
Person-to-person spread

The virus is thought to spread mainly from person-to-person.

- Between people who are in close contact with one another (within approximately six feet).
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- COVID-19 may be spread by people who are not showing symptoms.

The virus may be spread in other ways

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes. This is not thought to be the main way the virus spreads, but the CDC is still learning about how this virus spreads.

2. Symptoms of COVID-19: People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2 – 14 days after exposure to the virus. Symptoms may include the following:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - Loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

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3. The disease can be prevented by:
 - Washing hands often
 - Avoiding close contact
 - Covering mouth and nose with a cloth face cover when around others
 - Covering coughs and sneezes
 - Cleaning and disinfecting frequently touched surfaces
 - Monitoring your health daily

This will be a very different school year for all of us. You and your child may run into new challenges. If you do run into difficulties during the year, please contact a school administrator at 432-547-2266.

You have to stay home . . .

4. **If you have symptoms, stay home.**
5. **If you were recently exposed, stay home**
6. **If you're waiting for test results, stay home**
7. **Individuals who have the virus or were recently exposed to the virus need to stay off campus. This means that you are *required* to keep your child off campus.**

You need to be symptom free for seventy-two hours (72) / three days (3) before returning back to school.

If you have any questions, please contact:

B. Starkweather