

Monday

Tuesday

Wednesday

Thursday

Friday

4
Meat Pie
Turnip Greens
Crackers/Baby Carrots
Cheese Stick
Peach Slices
Milk/Juice

5
OF Chicken
Mashed Potatoes/Gravy
Canned Carrots
Roll/Fruit Cocktail
Milk/Juice

6
Corn Dog
Grilled Cheese Sandwich
Tater Tots
Baked Beans
Pear Half
Milk/Juice

7
Spaghetti
w/Meat Sauce
Purple Hull Peas
Cabbage/Breadstick
Apple Slices
Milk/Juice

1
Crispitos
Beef Chili
Rice/Vegetarian Beans
Baby Carrots
Mandarin Oranges
Milk/Juice

8
Cheese Pizza
Marinara Cup
WK Corn
Celery Sticks
Mandarin Oranges
Milk

11
Veterans Day

12
BBQ Chicken
Potato Salad
Baked Beans
Roll
Fruit Cocktail
Milk/Juice

13
Chicken Sandwich
Spicy Chicken Sandwich
French Fries
Lettuce/Tomato
Pear Half
Milk/Juice

14
Chicken Strips
Mac & Cheese
Green Beans
Vegetarian Beans
Apple Slices
Milk/Juice

15
Pepperoni Pizza
Marinara Cup
Green Salad
WK Corn
Mandarin Oranges
Milk/Juice

18
Chicken Spaghetti
Green Salad
Green Beans
Bread Stick
Peach Slices
Milk/Juice

19
Jambalaya
w/Rice
Lima Beans
Cornbread/Celery Sticks
Fruit Cocktail
Milk/Juice

20
Cheeseburger
Lettuce/Tomato
French Fries
Baby Carrots
Pear Half
Milk/Juice

21
Sliced Turkey
Cornbread Dressing/Gravy
Sweet Potato Casserole
English Peas/Fruit Cocktail
Cranberry Sauce/Roll
Milk

22
BBQ Sandwich
Canned Carrots
Green Salad
Mandarin Oranges
Milk/Juice

25

26

27

28

29

-----Thanksgiving Break-----

Juice is 100% (Orange, Apple, Grape).

Milk is fat free or low fat (1% White, FF Chocolate, FF Strawberry).

Most breads are whole grain.

This institution is an equal opportunity provider.

