

Psychology Placemat

1st Six Weeks

Introduction to Psychology

- What is Psychology
- Brief History of Psychology

Life Span and Development

- Infancy and Childhood
 - Physical, perceptual and language development
 - Cognitive and emotional development
 - Parenting styles
- Adolescence
 - Physical Development
 - Personal development
 - Social development
 - Gender Roles
- Adulthood
 - Adulthood
 - Old Age
 - Dying

Second Six Weeks

The Workings of the Mind and Body

- Body and Behavior
 - The Nervous System
 - The Brain
 - The Endocrine System
 - Heredity and Environment
- Altered states of Consciousness
 - Sleep
 - Drugs and Consciousness
- Sensation and Perception
 - Sensation
 - The Senses
 - Perception

3rd Six Weeks

Miscellaneous Topics in Psychology

Learning and Cognitive Process

- Learning
 - Classical and Operant conditioning
- Memory and Thought
 - Taking and storing information

Personality and Individuality

- Theories on Personality
 - Psychoanalytic theories
 - Purpose of Personality theories

Mental Health

- Stress and Health
- Psychological Disorders