



Save Money on Your Health Care with Tria Health

Smarter. Medication. Management.



Why Greenbush Partnered with Tria Health



**Average Tria patient profile:
It's a lot to manage!**

1.9	Over-the Counter Medications
8.0	Prescription Medications
2.5	Physicians
5.8	Total Conditions
2.5	Chronic Conditions
1	Drug Therapy Problem

Tria Health provides members with chronic conditions a personal pharmacist:

- Completely confidential
- Ensure meds are effective
- Identify savings opportunities
- Will work with your doctor(s) and pharmacy

Tria Health's Goals:

Improve Health



Reduce Costs

Who should participate?

Members who have the following conditions and/or take multiple medications:

- Diabetes
- Heart Disease
- High Cholesterol
- High Blood Pressure
- Specialty Medication
- Pain
- Mental Health
- Osteoporosis
- Asthma/COPD
- Migraines

INCENTIVE: Active participants will receive FREE generics and 50% off select brand medications.

What your pharmacist will cover

On-Going Support

- Continuation of Care

Care Coordination

- Physicians
- Pharmacies
- Other providers

Care Plan Development

- Complete Medication List
- Recommendations
- Additional Education
- Follow Up Appointments

Preventative Services

- Vaccinations
- Exams & Diagnostic Testing



Pharmacists

- Pharm D.
- Postdoctoral Residency Trained
- Board Certified
- Certified Diabetes Educator
- Motivational Interviewing Techniques

Medication Review

- Prescription
- Over-the-counter
- Vitamins/Supplements

Lifestyle

- Habits (Tobacco/Alcohol)
- Diet
- Exercise

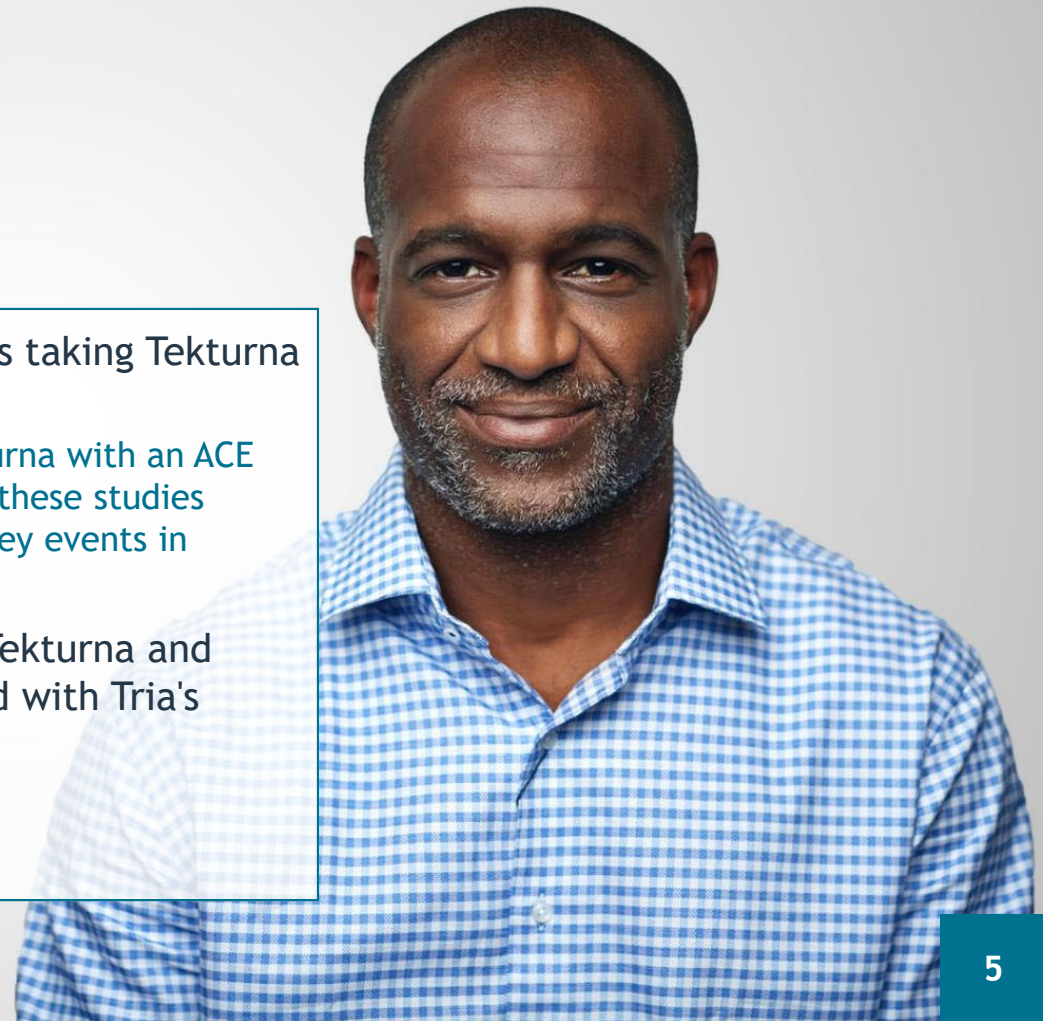
Improve your Overall Health

James' Health Profile

- 8 Rx Medication
- 3 Over-the-Counter
- 3 Physicians
- 3 Conditions

- James had diabetes and high blood pressure. He was taking Tekturna and benazepril for high blood pressure.
 - Recent studies have reported that combining Tekturna with an ACE inhibitors such as benazepril should be avoided as these studies showed an increase risk of cardiovascular and kidney events in patient with diabetes.
- Due to this interaction, Tria recommended to stop Tekturna and maximize benazepril dosing. James' physician agreed with Tria's recommendation and stopped Tekturna.

Financial Savings: \$1,735.08



Reduce your health care costs

Janet's Health Profile

- 9 Rx Medication
- 2 Over-the-Counter
- 2 Physicians
- 4 Chronic Conditions

- Janet was on a low dose of Invokana that her Tria pharmacist did not feel was effective since she had an insulin pump.
- Tria recommended to stop Invokana and continue diabetes treatment with insulin pump with no adverse affects to Janet's diabetes management. Tria contacted Janet's physician who also agreed with the recommendation.

Financial Savings: \$4,697.72



What Members are saying about Tria Health

“I appreciate the interaction with Tria Health because I feel like it **helps to keep you on track with your health and your doctor.** Also, **some of my prescription meds are \$0 which really helps.** That alone makes it worth participating.”

I would recommend Tria Health's Pharmacy Advocate program for the **cost-saving benefit alone**, but I really like the idea that one **central place is coordinating with all my doctors to make sure my prescriptions "play well together".**

It is wonderful to have a trained pharmacist **review all your medications and medical history, answer your questions and give advice.** The pharmacists have all been friendly and helpful and it doesn't take much time. Also, **receiving discounts on medications is nice!**



Participating Members Can Save Money on their Medications:

- Free generics
- Reduced Select Brands*
- Free Diabetes Monitor and Testing Supplies



Targeted Conditions:

- Diabetes*
- Heart Disease
- High Cholesterol
- High Blood Pressure
- Mental Health
- Osteoporosis
- Asthma/COPD*
- Migraines*

*Migraines are not included on HDHPs

Tria Health Incentive Card

How the Incentive Card Works:



The member completes their first consultation



They will receive their incentive card in the mail



When filling their prescriptions, the member will present their Tria Health card & insurance card



The pharmacy will process their medication discount



The member will keep their follow up appointments & continue receiving their incentive

*Tria Health's Incentive Card may not process at mail order or CVS pharmacies. This is discussed with members prior to receiving the incentive card.

Confidential & Proprietary

Tria Health Alerts & Outreach

- **Additional Tria Health Outreach Services:**
 - **Affordable Med:** Members receive information about lower cost but clinically appropriate alternatives.
 - **Clinical:** Help members close gaps in care and discontinue unnecessary medications based on clinical guidelines.
 - **Compliance:** Helps members increase medication compliance through alerts when they are not filling their medications as prescribed.



Additional Resources



Patient Portal

Keep track of your medications, recommendations, and savings opportunities all in one place.



Online Appointment Requests

This online form will allow you to provide your appointment preferences. After submitting, a Tria representative will contact you to schedule your appointment.



Tria Health Blog

Learn more about chronic conditions along with tips on how to stay healthy!



Help Desk: 1.888.799.8742

All members have access to the Tria Health Help Desk to make sure their meds keep them healthy & active

Tria Health Member Journey



John

- 53 Years old
- Diagnosed with diabetes, high cholesterol & high blood pressure
- Takes 8 medications
- Struggles to keep his diabetes under control

Scheduling Appointments is Easy!

Call:
1.888.799.8742

Online:
www.triahealth.com/enroll

Members may also receive direct
outreach from Tria Health



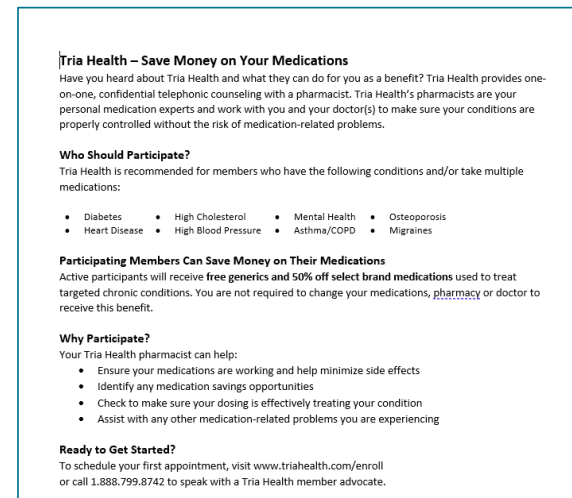
New Communication Collateral



Poster: Hang in high-traffic areas



Flyer: Distribute in meetings or provide copies at main HR location



Newsletter Copy

Need materials in Spanish? Contact Cara Coleman - ccoleman@triahealth.com

How Can You Help?

1. Help spread the word:

1. Follow the communication calendar and use the supplied marketing collateral

2. Encourage employees to participate

1. 100% Confidential
2. Tria CANNOT change people's medications
3. Members don't have to change their doctor or pharmacy
4. SAVE MONEY!

We have found that 40% of members that engage with Tria Health heard about us in some way through their HR department.



FAQ's. What you'll be asked

- By participating in Tria Health, am I required to change my doctor, medications or pharmacy?
 - Members do NOT have to change their medications or pharmacy
 - Tria Health may provide recommendations, but members and their doctors always have the final say
- How often do I speak with my Tria Health pharmacist?
 - Depending on each member's personal care plan, Tria's pharmacists will keep in touch 2-3 times per year
- How long does the consultation with the pharmacist take?
 - An initial consultation is usually the longest and can take 20-50 minutes
 - Follow up consultations are usually shorter
- Will Tria keep my information private?
 - Tria Health is HIPAA compliant, a member's information is not shared with anyone besides their doctor
- What should I do if my Tria Health incentive card doesn't work?
 - Call the Tria Health Help Desk at 1.888.799.8742

Questions?



Tria Health Contact:
Cara Coleman
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Start Saving Today!



Visit www.triahealth.com or call 1.888.799.8742