


OWENSVILLE HIGH SCHOOL LUNCH

OCTOBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Extra Milk \$.50, Variety of fruit & veggies offered daily. Hot sandwich offered daily. Cheese Pizza with sides offered daily. Chef Salad offered daily		1 Chicken Wings Garlic Spaghetti Green Beans Mandarin Oranges	2 Spaghetti & Meatballs Sweet Corn Garlic Toast Applesauce	3 Taco Salad Whole Grain Chips Spicy Pinto Beans Salsa-sour Cream Fresh Apple	4 Build Your Own Wrap Red Fat Chips Fruit Cup	
Except Friday. Menu subject to change due to availability. This institution is an equal opportunity provider.	7 Fish on Bun Baked Fires Coleslaw Fresh Apple	8 Open Face Pork Mash Potato/Gravy Golden Corn Hot Roll Pineapple	9 Cheese Lasagna Garden Salad Peaches WG Cookie	10 Soft Shell Taco Salsa—Sour Cream Refried Beans Mixed Fruit	11 Build Your Own Wrap Red Fat Chips Fruit Cup	
	14 Mandarin Orange Chicken Fried Rice Vegetable Egg Roll Pears	15 Chili Cheese Crispito Salsa—Sour Cream Refried Beans Fresh Oranges	16 Ravioli with Meat Sauce Garden Salad Pineapple Graham Cracker	17 Twisted Chicken Alfredo Steamed Broccoli Garlic Breadstick Fresh Apple	18 Build Your Own Wrap Red Fat Chips Fruit Cup	
	21 Chicken & Noodles Peas & Carrots Hot Roll Peaches	22 Crazy Walking Taco Salsa—Sour Cream Spicy Pinto Beans Cinnamon Applesauce	23 Chili & Grilled Cheese Carrot Sticks/Ranch Mixed Fruit	24 Spicy Chicken on Bun Tater Tots Steamed Carrots Pears	25 Build Your Own Wrap Red Fat Chips Fruit Cup	
	28 Hot Dog on Bun Baked Fries Green Beans Flavored Applesauce	29 Tater Tot casserole Mixed Vegetables Dinner roll Fresh Orange	30 Cheese Bosco Sticks Marinara Sauce Garden Salad Fruit Cup	31 NO SCHOOL	