


OWENSVILLE MIDDLE SCHOOL LUNCH

OCTOBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Extra Milk \$.50, Chef Salad offered daily except Wed. Hot sandwich offered with fries daily. Cheese pizza with sides offered daily.		1 Chicken Wings Garlic Spaghetti Green Beans Mandarin Oranges	2 Build Your own Wrap Red Fat Chips Fruit Cup	3 Taco Salad Whole Grain Chips Spicy Pinto Beans Salsa-Sour Cream Fresh Apple	4 Spaghetti & Meatballs Golden Corn Garlic Toast Applesauce	
Menu subject to change due to availability. This institution is an equal opportunity provider.	7 Fish on Bun Baked Fries Coleslaw Fresh Apple	8 Turkey Slider Mac & Cheese Green beans Pineapple	9 Build Your own Wrap Red Fat Chips Fruit Cup	10 Soft Shell Taco Salsa—Sour Cream Refried Beans Mixed Fruit	11 Cheese Lasagna Garden Salad Peaches, WG Cookie	
	14 Mandarin Orange Chicken Fried Rice Vegetable Egg Roll Pears	15 Chili Cheese Crispito Salsa— Sour Cream Refried Beans Fresh Oranges	16 Build Your own Wrap Red Fat Chips Fruit Cup	17 Twisted Chicken Alfredo Steamed Broccoli Garlic Breadstick Fresh Apple	18 Ravioli with Meat Sauce Garden Salad Pineapple Graham Cracker	
	21 Chicken & Noodles Peas & Carrots Hot Roll Peaches	22 Crazy Walking Taco Salsa—Sour Cream Spicy Pinto Beans Cinnamon Applesauce	23 Build Your own Wrap Red Fat Chips Fruit Cup	24 Spicy Chicken on Bun Tater Tots Steamed Carrots Pears	25 Chili & Grilled Cheese Carrot Sticks/Ranch Mixed Fruit	
	28 Hot Dog on Bun Baked Fries Green Beans Flavored Applesauce	29 Tater Tot Casserole Mixed Vegetables Dinner Roll Fresh Orange	30 Build Your own Wrap Red Fat Chips Fruit Cup	31 NO SCHOOL	