

**USD 484 - Fredonia Schools
2018-2019
Lunch Menu**

• Items available @ All buildings/ ✓ Items available @ Lincoln Only/ Δ Items available @ HS Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • Breaded Beef Pattie • White Bean Chili • Mashed Potatoes & Gravy • Green Beans • Whole Wheat Roll • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • Chili Soup • Chicken Pattie • Salad • Fresh Veggies • Fresh Fruit • Cinnamon Roll • Peaches • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Pig In A Blanket • Turkey & Cheese Hoagie • Tri Tator • Coleslaw • Baked Beans • Salad • Fresh Veggies • Fresh Fruit • Applesauce • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • BBQ Meatballs • Grilled Beef Pattie • Potato Casserole • Green Beans • Wheat Roll • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Chicken & Waffles • Hamburger • Peas & Carrots • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk
January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 25, 2019
No School Today	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • BBQ Rib Sandwich • Fish Sandwich • Baked Beans • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • Biscuit & Gravy • Sausage Links OR • Egg Casserole w/Salsa • Hashbrown Potato Pattie • Salad • Fresh Veggies • Fresh Fruit • Fruit Cup • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Fiesta Chicken Pasta • Hamburger • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Peaches • Fruit Cup • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Turkey & Cheese Sandwich • Corndog • Tri Tator • Peas • Lettuce/Tomato • Salad • Fresh Veggies • Fresh Fruit • Grapes • Pumpkin Bars • Milk
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • Breaded Chicken Drum • Breaded Beef Pattie • Seasoned Rice • Whole Wheat Roll • Steamed Broccoli • Salad • Fresh Veggies • Fresh Fruit • Rosey Applesauce • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Spaghetti W/ Meat Sauce • Grilled Beef Pattie • Garlic Roll • Corn • Salad • Fresh Veggies • Fresh Fruit • Peaches • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Hot Dog • Breaded Chicken Sandwich • Baked Beans • Seasoned Potatoes • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • Baked Ham • Chicken Pattie • Sweet Potatoes • Wheat Roll • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Pineapple Chunks • Fresh Fruit ~ • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Hamburger • Lettuce/Tomato • Fish Sandwich • Tri Tator • Peas • Salad • Fresh Veggies • Fresh Fruit • Milk • Applesauce
February 4, 2019	February 5, 2019	February 6, 2019	February 7, 2019	February 8, 2019
<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Chicken Sandwich • Hamburger • Cheezy Potatoes • Lettuce/Tomato • Salad • Fresh Veggies • Fresh Fruit • Dill Spear • Peaches • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter • Nachos & Ground Beef • BBQ Chicken Drums • Tortilla Chips Δ Wheat Roll • Refried Beans • Salad • Fresh Veggies • Fresh Fruit • Pears • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Pepperoni Pizza • Burrito • Peas & Carrots • Salad • Fresh Veggies • Fresh Fruit • Pineapple • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Chicken & Noodles • Grilled Beef Pattie • Mashed Potatoes • Wheat Roll • Green Beans • Salad • Fresh Veggies • Fresh Fruit • Strawberries & Bananas • Milk 	<ul style="list-style-type: none"> ✓ Cup of Peanut Butter ✓ Pretzel • Hot Ham & Cheese Sandwich • Spicy Chicken Sandwich • Tri Tator • Salad • Fresh Veggies • Fresh Fruit • Grapes • Apple Crisp • Milk

This institution is an equal opportunity provider