

Breakfast Menu Lincoln & ELC USD 484 - Fredonia Schools 2022-2023



Menu subject to change without notice

• Available in all buildings

Carb count g.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 28, 2022	November 29, 2022	November 30, 2022	December 1, 2022	December 2, 2022
• Waffle 9 g. • Sausage Pattie 0 g. • Peaches 18 g. • Juice • Milk	• Mini Chocolate Donuts 41 g. • Apple Slices • Juice • Milk	• Pancake Sausage on a Stick 17 g. • Syrup Cup 39 g. • Banana 27 g. • Juice • Milk	• Breakfast Cake 56 g. • Pears 18 g. • Juice • Milk	• Biscuit w/ Sausage Gravy 26 g. 7 g. • Applesauce 13 g. • Juice • Milk
December 5, 2022	December 6, 2022	December 7, 2022	December 8, 2022	December 9, 2022
• Pancake 32 g. • Sausage Pattie 0 g. • Peaches 18 g. • Juice • Milk	• Breakfast Pizza 27 g. • Apple Slices • Juice • Milk	• Breakfast Burrito 24 g. • Banana 27 g. • Juice • Milk	• Maple Baked French Toast 27 g. • Pears 18 g. • Juice • Milk	• Sausage Biscuit 26 g. • Applesauce 13 g. • Juice • Milk
December 12, 2022	December 13, 2022	December 14, 2022	December 15, 2022	December 16, 2022
• Waffle 9 g. • Sausage Pattie 0 g. • Peaches 18 g. • Juice • Milk	• Powdered Sugar Donuts 41 g. • Apple Slices • Juice • Milk	• Cinnamon Roll 27 g. • Banana 27 g. • Juice • Milk	• Yogurt Parfait 10 g. • Diced Peaches 18 g. OR • Strawberries 38 g. • Juice • Milk	• Biscuit w/ Sausage Gravy 26 g. 7 g. • Applesauce 13 g. • Juice • Milk Breakfast With Buddies
December 19, 2022	December 20, 2022	December 21, 2022	December 22, 2022	December 23, 2022

This institution is an equal opportunity provider