

6:00 PM 3/23/2020 Update – Wilson County, Kansas

Primary Information Sources

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html> <http://www.kdheks.gov/coronavirus/index.htm>

CALL FIRST

If you have any symptoms, please stay home and do not venture into public spaces, the hospitals, or your physician's clinic. Instead we ask that you call the hospital or clinic first. Tell them about your recent travel and your symptoms. This will allow the healthcare team to prepare for your arrival. They will likely meet you at the door or in the parking lot to screen you, possibly place a mask on you, and determine how to best meet your needs for evaluation and treatment. Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear **2-14 days after exposure**.

- Fever 100° or greater
- Cough
- Shortness of breath

Numbers as of 3/20/2020 (totals reported at varying times depending on source)

| WILSON COUNTY | | KANSAS | | UNITED STATES | | WORLD | |
|---------------|---|--|---------------------------|---|--------|--------------|---------|
| Confirmed | 0 | Total Cases | 84 (+ 2 non residents) | Total Cases | 33,404 | Total cases | 258,419 |
| | | Total Deaths | 2 | Total Deaths | 400 | Total deaths | 11,277 |
| | | Counties Reporting cases Bourbon (1) Butler (3) **Crawford (2) Cherokee (1) Douglas (8) Franklin (1) Jackson (1) Johnson (32) Leavenworth (5) Linn (2) Lyon (2) Mitchell (2) Morris (2) ***Pottawatomie (1) Reno (2) Sedgwick (2) Wyandotte (16) (+Ford-1; Miami-1 non residents)* | | States Reporting cases 50 states, DC, Puerto Rico, Guam, US Virgin Islands | | | |

***Non residents are counted in their home state totals. ** Crawford County confirmed 2 cases after the KDHE daily case update this morning. ***The Pottawatomie case was labeled incorrectly yesterday as Riley County**

COVID-19 TESTING

| | Fredonia Regional | Wilson Medical | Kansas KDHE lab | Kansas Private Lab |
|----------|-------------------|----------------|-----------------|--------------------|
| Positive | 0 | 0 | 30 | 34 |
| Negative | 2 | 2 | N/A | N/A |
| *Pending | 6 | 2 | N/A | N/A |
| | | | | |

***Pending means we are waiting for the results, which can take several days to as long as a week, once the tests are received by the lab. Wait time varies according to the number of test being processed at a lab. Courier time is extra.**

Covid-19 Distribution 3/23/20

- Counties with confirmed positive cases
- Counties without positive cases
- out of state residents with confirmed positive cases



Definitions:

Exposure – Close contact (within 6 feet for ≥ 10 minutes or direct contact ex. being coughed on) with a known or suspected COVID-19 case within the last 14 days

Quarantine – separates and restricts the movement of people who were exposed to a contagious disease (such as COVID-19) to see if they become sick.

Isolation – separates people with a confirmed contagious disease (such as COVID-19) from people who are not sick.

High Risk Individuals –people age 60 and above, people who have chronic conditions such as heart disease, lung disease, diabetes, and a weakened immune system.

Public health orders – legally enforceable directives issued under the authority of a relevant federal, state, or local entity that, when applied to a person or group, may place restrictions on the activities undertaken by that person or group, potentially including movement restrictions or a requirement for monitoring by a public health authority, for the purposes of protecting the public's health.

Social or physical distancing-- means remaining out of congregate settings, avoiding mass gatherings, and maintaining distance (approximately 6 feet or 2 meters) from others when possible.

Person Under Investigation – person who fits the following characteristics:

Definition of a Person Under Investigation (PUI)*

Report suspect PUIs to the KDHE Epidemiology Hotline by filling out and faxing [a form](#) to 877-427-7318

| Epidemiologic Risk | & | Clinical Features |
|--|-----|--|
| Close contact [^] with a person that has laboratory-confirmed COVID-19 and developed symptoms within 14 days of contact | AND | Measured fever above 100°F or lower respiratory illness (cough or shortness of breath) |
| History of travel outside of Kansas within 14 days of symptom onset | AND | Measured fever above 100°F and lower respiratory symptoms (cough or shortness of breath) and other respiratory tests were performed and are negative |
| No source of exposure has been identified | | |
| Kansas resident in a county with sustained community transmission* | AND | Severe respiratory illness and hospitalized and other respiratory tests were performed and are negative |

[^]Being within 6 feet for a prolonged period (10 minutes or longer) or having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on)

*Currently this only includes Johnson County

HOME QUARANTINE GUIDELINES Those who are under home quarantine should not attend school, work or any other setting where they are not able to maintain at about a 6-foot distance from other people. If a person under quarantine develops symptoms of COVID-19 during their 14-day quarantine period, including a measured fever of 100° (F) or higher and lower respiratory symptoms like coughing or shortness of breath, they should contact their healthcare provider and tell them about their recent travel or other COVID-19 exposure.

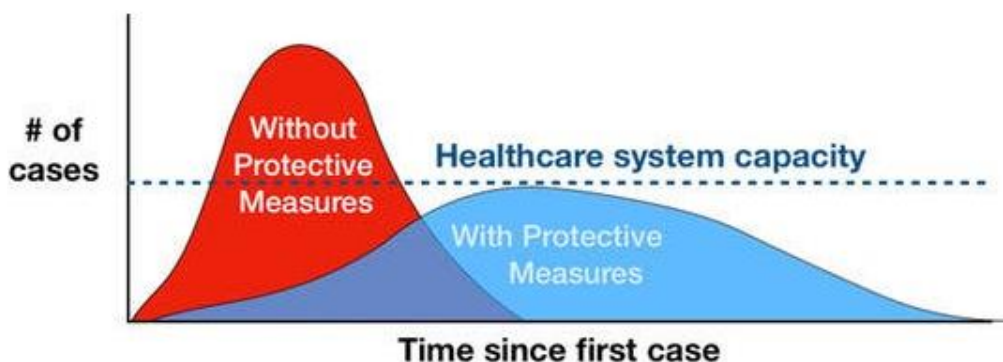
PUBLIC HEALTH ORDERS

Recommendations for Non-Essential travel 3/23/20

Recommendation regarding Mass Gatherings 3/20/20

Recommendations for Employers and Employees 3/19/20

“FLATTENING THE CURVE”



Adapted from CDC / The Economist

The ideal goal in fighting an epidemic or pandemic is to completely halt the spread. But merely slowing it — mitigation — is critical. This reduces the number of cases that are active at any given time, which in turn gives doctors, hospitals, police, schools and vaccine-manufacturers time to prepare and respond, without becoming overwhelmed.

Federal Legislation now temporarily allows WIC appointments to be completed remotely (see attached)

Health Care Provider use of homemade masks: HCPs should strategize how to conserve PPE. In settings where facemasks are not available, HCP might use homemade masks for care of patients with COVID-19 *as a last resort*. *However, homemade masks are not considered PPE*, since their capability to protect HCP is unknown. Caution should be exercised when considering this option. Homemade masks should ideally be used in combination with a face shield that covers the entire front (that extends to the chin or below) and sides of the face. For more information see: http://www.kdheks.gov/coronavirus/toolkit/Strategies_for_Optimizing_Facemasks.pdf

KDHE Dr. Norman as of now projects 300-400 cases in Kansas by the end of March
<https://www.facebook.com/7e5625a1-306c-48ef-977b-40c82a425861>

FEMA rumor control
<https://www.fema.gov/coronavirus-rumor-control>

KDHE Hotline M-F, 8:00 am-5:00 pm 1-866-534-3463 (call volume very high, may be a long wait)
KDHE e-mail questions: Covid19@KS.gov

Symptoms comparison:
http://www.kdheks.gov/coronavirus/toolkit/Cold_vs._Flu_vs._Allergies_vs._Coronavirus.pdf

10 Ways to Handle Respiratory Symptoms at Home
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>

KDHE mandates for quarantine and isolation of travelers, close contacts and those being tested
<https://kchap2.kdhe.state.ks.us/NewsRelease/PDFs/3-19-20%203-19-20%20REVISED%20Mandate%20for%20quarantine%20and%20isolation%20of%20travelers,%20close%20contacts,%20those%20being%20tested.pdf>

Coronavirus Covid-19 Global Cases by the Center for Systems Science and Engineering at Johns Hopkins University
<https://coronavirus.jhu.edu/map.html>

President's Coronavirus Guidelines for Americans: "15 days to slow the spread"
https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf

KDHE announces Press briefings with Dr. Norman will be held Monday, Wednesday and Friday at 1:30 p.m.
Watch on Facebook Live <https://www.facebook.com/KDHEnews/>

Follow these links for additional updates:
<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
<http://www.kdheks.gov/coronavirus/index.htm>

Continue to next pages for **Recommendations for Limiting Non-Essential Travel, Information for WIC Clients**, Recommendations for Mass Gatherings, Comparison of Symptoms, school food service, and Judicial Court information

Wilson County Health Department
421 N 7th St, Fredonia, KS 66736

March 23, 2020

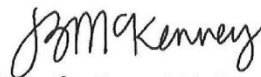
**RECOMMENDATION OF THE LOCAL HEALTH OFFICER
REGARDING LIMITING NON-ESSENTIAL TRAVEL**

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, **strongly recommend** that the residents of Wilson County **avoid non-essential travel outside of Wilson County at this time.**

The KDHE recently ordered a mandate to quarantine of travelers to certain places, close contacts of confirmed cases and those being tested. In the mandate, the KDHE states "there is currently no vaccine to prevent COVID-19. The best way to prevent illness is to avoid spreading the virus and to avoid being exposed to the virus. The virus is thought to spread between people who are within about 6 feet of each other for at least 10 minutes through droplets from coughing and sneezing."

Additionally, on the cdc.gov website, the CDC states "the CDC does not generally issue advisories or restrictions for travel within the United States. However, cases of coronavirus disease (COVID-19) have been reported in many states, and some areas are experiencing community spread of the disease. Crowded travel settings, like airports, may increase chances of getting COVID-19, if there are other travelers with coronavirus infection."

Therefore, it is strongly recommended that residents of Wilson County limit travel outside of Wilson County to essential travel such as obtaining necessities, attending doctor's appointments, or for work.



Jennifer Bacani McKenney, MD, FAAFP
Wilson County Health Officer



Attention WIC clients!

Covid-19 is changing everyone's day to day activities. The federal government has made legislative changes that temporarily allow WIC appointments to be done remotely-over the phone, by facetime, etc. in order to help WIC staff and families avoid being exposed to Covid-19. Wilson County WIC staff will call you at your regular appointment time to complete your appointment and be able to issue benefits. Required proofs of address and income will need to be sent electronically, with a screenshot, or by e-mail. If we are not able to reach you by phone, we will send you a letter with a rescheduled appointment. If your phone number or address on record with WIC has changed, please call and let us know so that your benefits can be continued without a gap. If you do not hear from us and think you have missed an appointment, please contact us as soon as possible. We will work with you to make this new process work! We can be reached at 620-378-4455, wlhealth@wilsoncountykansas.org, or by private message at <https://www.facebook.com/WCHDKS>

Wilson County Health Department

421 N 7th St, Fredonia, KS 66736

March 20, 2020

RECOMMENDATION OF THE LOCAL HEALTH OFFICER REGARDING MASS GATHERINGS

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, **strongly recommend** that the residents of Wilson County avoid planning or attending social gatherings in groups of **more than 10 people**.

Effective Tuesday, March 17, 2020, the Governor Laura Kelly **mandated** that there be no gatherings of **50 or more people** stating in her executive order the following:

- All public or private mass gatherings, as defined below, are prohibited in the State of Kansas.
 - The phrase “mass gathering” as used in this order means any planned or spontaneous public or private event or convening that will bring together or is likely to bring together 50 or more people in a confined or enclosed space at the same time.
- A listing of the activities or facilities that are exempt from the prohibition of this order can be found at https://kchap2.kdhe.state.ks.us/NewsRelease/COVID19/Mass_Gatherings_Executive_Order_20-04-Executed.pdf.

As of Monday, March 16, 2020, the CDC endorsed President Trump’s “15 Days to Slow Spread of Coronavirus (COVID-19)” Guidelines which asks citizens to “Avoid social gatherings in groups of more than 10 people.” This document can be found at https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf.

The CDC states that “Large events and mass gatherings can contribute to the spread of COVID-19 in the United States via travelers who attend these events and introduce the virus to new communities. Examples of large events and mass gatherings include conferences, festivals, parades, concerts, sporting events, weddings, and other types of assemblies. These events can be planned not only by organizations and communities but also by individuals.”



Jennifer Bacani McKenney, MD, FAAP
Wilson County Health Officer

Phone: (620) 378-4455
Email: wlhealth@wilsoncountykansas.org

Fax: (620) 378-4647
Facebook: www.facebook.com/WCHDKS/



COVID-19

CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES

| SYMPTOMS | COVID-19* | COLD | FLU | ALLERGIES |
|-----------------------------|--|-------------------------|--|------------------|
| Fever | Common (measured at 100 F or higher) | Rare | High (100-102 F), can last 3-4 days | No |
| Headache | Sometimes | Rare | Intense | Sometimes |
| General aches, pains | Sometimes | Slight | Common, often severe | No |
| Fatigue, weakness | Sometimes | Slight | Common, often severe | Sometimes |
| Extreme exhaustion | Sometimes (progresses slowly) | Never | Common (starts early) | No |
| Stuffy nose | Rare | Common | Sometimes | Common |
| Sneezing | Rare | Common | Sometimes | Common |
| Sore throat | Rare | Common | Common | No |
| Cough | Common | Mild to moderate | Common, can become severe | Sometimes |
| Shortness of breath | In more serious infections | Rare | Rare | Common |
| Runny nose | Rare | Common | Sometimes | Common |
| Diarrhea | Sometimes | No | Sometimes** | No |

For more information: www.kdheks.gov/coronavirus

Information is still evolving.

* Sometimes for children.

Sources: KDHE, CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology.

Altoona-Midway Unified School District 387



Altoona-Midway USD 387

Superintendent: Mr. Brent Kaempfe
20584 US 75 Hwy
Buffalo, KS 66717
620-537-7721 Fax# 620-302-2080

Altoona-Midway Elementary School

Principal: Kim Reazin
833 River St., P. O. Box 128
Altoona, KS 66710
620-568-5725 Fax # 620-568-5755



Altoona-Midway High School Altoona-Midway Middle School

Principal: Darrin Ashmore
Activities Director: Jeff Almond
20704 US 75 HWY
Buffalo, KS 66717
620-537-7711 Fax # 620-537-2641

USD 387 Patrons,

This letter is to inform you as to the plans for meals for the remainder of 2019-2020 School Year. Grab N' Go Meals will be available for all children under the age of 18. Five days of breakfasts and lunches will be given on a weekly basis. At this time, meals will consist of refrigerated items and shelf stable items. Meals will start on Monday, March 23rd, 2020.

Children must be present at pickup in order to receive meals. We understand under certain circumstances this may be difficult, please contact us with any questions. If for any reason, you are unable to attend meal pickup, please contact Diane Cook via text or email @ dcook@usd387.org or 785-383-1835. In order to adequately prepare meals, please let Diane know if you plan on participating in this meal service as soon as possible.

Altoona-Midway Elementary School – Curb Side – Every Monday 9:00-10:00 am
Altoona-Midway Middle/High School – Curb Side – Every Monday 10:30-11:30 am
Buffalo – Main Street near Post Office – District Van Distribution – Every Monday 12:00-1:00 pm

Other Information: Meals are NOT to be consumed at the pickup location; please take food and go, no loitering or visiting; ID and/or paperwork is not needed to participate.

Sincerely,

Diane Cook

Food Service Director

GRAB N' GO MEALS

FREE MEALS FOR ALL CHILDREN UNDER 18

MEAL SERVICE LOCATIONS

Drive Thru or Curbside Pick Up Meal Services in Front of the following School:

Neodesha High School, 1001 N. 8th Street, Neodesha, KS 66757

DATES & TIMES

Monday through Friday 9 AM - 11 AM

March 23, 2020 until May 21, 2020

Days and times could change. Please follow the Neodesha Schools USD 461 Facebook page for the newest information.

DETAILS

Pick up breakfast and lunch

1 breakfast & 1 lunch for each child

Children must be present

Families do not have to enter the school

Meals will be not be consumed on-site

No ID or paperwork required

For special dietary needs, please call Alicia Newland, 620-779-2102

NEODESHA SCHOOLS USD 461

This institution is an equal opportunity provider.
©LunchAssist 2020



USD 484 Grab & Go Breakfast/Lunch Pick Up



USD 484 will be providing FREE lunch and next-day breakfast pick-up and delivery options for all children 1 through 18 years of age.

Pickup options in Fredonia from 11:30 am to 12:30 pm are:

1. FJSHS — South side of the building
2. Lincoln — Awning at horseshoe on west side of building
3. ALCO Building (east of G & W) — Under the awning

RURAL AREAS will be served by bus drivers. Meals will be delivered to normal pick-up locations. Bus drivers will begin deliveries at 11:00 am.



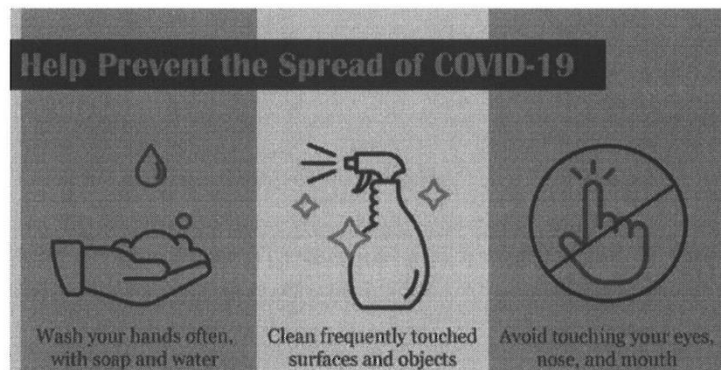
This is a USDA sponsored program, part of the Summer Food Service Program. Open to anyone 1 to 18 years of age. USDA is an equal opportunity provider.

31st JUDICIAL DISTRICT COURT

Mitigating COVID-19/spread

PUBLIC

- If a member of the public shows symptoms of illness (fever/coughing), that person will be encouraged to visit another time, use a different medium to conduct business, or be provided service in a limited area of the building.
- Signs will be placed in public restrooms with instructions on the proper way to wash hands.



ATTORNEY/CLIENTS/INMATES

- Attorneys are asked to follow the same guidelines as the public.
- Attorneys should ask their clients to follow the rules set out for the public and to wear masks while in the courthouse if they have fever and/or active coughing.
- If an inmate has a fever/active coughing, the sheriff deputy transporting the inmate should ensure the inmate is wearing a mask while in the courthouse.
- Sheriff deputies appearing in courtrooms should follow the same hand foam and handwashing procedures as court employees.
- Sheriff deputies appearing in courtrooms who have fever/active coughing should wear masks while in the courthouse.
- If an inmate is confirmed to have COVID-19/2019-nCoV/Coronavirus, the court will coordinate with the sheriff, defense counsel, and the prosecutor to arrange for video appearances or continuances of court proceedings.