

**Breakfast - Lincoln & ELC  
USD 484 - Fredonia Schools  
2021 - 2022**



Menu subject to change without notice

• Available in all buildings

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>September 27, 2021</b>	<b>September 28, 2021</b>	<b>September 29, 2021</b>	<b>September 30, 2021</b>	<b>October 1, 2021</b>
<ul style="list-style-type: none"> <li>• PBJ Uncrustable 33 g.</li> <li>• Apple Slices 13 g.</li> <li>• Juice</li> <li>• Milk</li> </ul> <p>Cereal for ELC instead of PBJ</p>	<ul style="list-style-type: none"> <li>• Muffin 20 g.</li> <li>• Pineapple 12 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cereal Bar 30 g.</li> <li>• Cheese Stick 3 g.</li> <li>• Banana 27 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cream Cheese Bagel 41 g.</li> <li>• Raisins 34 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Banana Bread 44g.</li> <li>• Peaches 18 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>
<b>October 4, 2021</b>	<b>October 5, 2021</b>	<b>October 6, 2021</b>	<b>October 7, 2021</b>	<b>October 8, 2021</b>
<b>No SCHOOL</b>	<ul style="list-style-type: none"> <li>• Glazed Donut 29 g.</li> <li>• Pineapple 12 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Cinni 39 g.</li> <li>• Banana 27 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Muffin 20 g.</li> <li>• Raisins 34 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Zucchini Bread 44 g.</li> <li>• Peaches 18 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>
<b>October 11, 2021</b>	<b>October 12, 2021</b>	<b>October 13, 2021</b>	<b>October 14, 2021</b>	<b>October 15, 2021</b>
<ul style="list-style-type: none"> <li>• PBJ Uncrustable 33 g.</li> <li>• Apple Slices 13 g.</li> <li>• Juice</li> <li>• Milk</li> </ul> <p>Cereal for ELC instead of PBJ</p>	<ul style="list-style-type: none"> <li>• Mini French Toast 37 g.</li> <li>• Pineapple 12 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cereal Bar 30 g.</li> <li>• Cheese Stick 3 g.</li> <li>• Banana 27 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Apple Frudel 36 g.</li> <li>• Raisins 34 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chocolate Bread 44g.</li> <li>• Peaches 18 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>
<b>October 18, 2021</b>	<b>October 19, 2021</b>	<b>October 20, 2021</b>	<b>October 21, 2021</b>	<b>October 22, 2021</b>
<ul style="list-style-type: none"> <li>• Rice Krispie Bar 30 g.</li> <li>• Cheese Stick 3 g.</li> <li>• Apple Slices 13 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Pop Tart 36 g.</li> <li>• Cheese Stick 3 g.</li> <li>• Pineapple 12 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Mini Chocolate Covered Donuts 41 g.</li> <li>• Banana 27 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Cherry Frudel 37 g.</li> <li>• Raisins 34 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Banana Bread 44g.</li> <li>• Peaches 18 g.</li> <li>• Juice</li> <li>• Milk</li> </ul>